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ANDOVER TOWNSMAN

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Inside Healthwise

Out of sight, out of money

9.1% of Andover seniors live in poverty

By Neil Fater

Leslie Weiskopf helps care for a sick, elderly couple in one of Andover's housing complexes. Because the wife can't keep track of her husband's daily medication, Ms. Weiskopf once suggested she buy a med-cassette, a small item that helps assure patients pop the proper pills.

The problem was the woman said she couldn't afford it until her next Social Security check arrived. The cost of a med-cassette? Four dollars.

"If you don't have $4 to go out and get something like that, then things are pretty bad," said Ms. Weiskopf, a community-health nurse with VNA HomeCare. "To look at them, you would never know, but they do have a very hard time making ends meet – and they do have two incomes."

This couple is not alone.

Nearly one third of Andover's poor are senior citizens.

According to the most recent census – and Andover's population has changed only a half-percent since then – there are 280 senior citizens living in poverty.

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Residents question gas company work

By Don Staruk

Several residents expressed concern to selectmen Monday night about a plan by Bay State Gas Co. to dig up portions of several streets and some lawns, primarily in West Andover, during the next three years.

Bay State Gas is increasing the pressure in its high-pressure distribution system that services parts of Lawrence, Methuen, North Andover and Andover in order to meet demand for natural gas in the area. During a presentation at the selectmen's meeting Monday night, officials said the project will involve evaluating existing gas mains, customer-service lines and other equipment, and upgrading them as needed. It also will involve replacing indoor water meters with outside meters in cases where service-line work is going to be done anyway.

Richard Leber, of 78 Wild Rose Drive, questioned why only certain streets were

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Photo by Lisa Adelsberger

Anne Johnston stands by a blooming hibiscus in her garden at 18 Nutmeg Lane. For more about her vegetable and flower gardens, see page 27.

Take a walk down some garden paths

By Alix Driscoll

"My greatest success is the response from people who stop all the time to see my gardens," says Ed Collings. In his front yard at 225 Highland Road, he has constructed three handsome perennial gardens enclosed by granite perimeters.

"I feel blessed. I have been touched by nature – the birds and bees and hummingbirds," he says, proudly guiding a visitor through a perennial galaxy. Within the August beds bloom roses, hollyhocks, daylilies, coreopsis and dozens more planted by the first chrysanthemums of the season.

As soon as Mr. Collings acquired his first home, in the easternmost section of Andover, he began to design and construct his planting beds, starting with one and then growing it laterally. He hauled boulders from construction sites. He brought in dirt for nourishment.

Mr. Collings is always

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WW2 veterans talk about the end of the war

By Joan Brown

With the 50th anniversary of victory in Japan, the Townsman asked several residents about their experiences at the end of the war. The following are some of their pictures and memories from the last days of war and the first days of peace.

A ship's photographer aboard the *U.S.S. Columbia*, Ted Cole, an Andover native, was among the first Americans to set foot on Truk atoll – a major Japanese military base – after the Japanese surrendered in August 1945.

"Truk to the Japanese was like Pearl Harbor was for the United States," Mr. Cole said, in terms of the size and strategic importance of the base.

As the ship's photographer, Mr. Cole

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There's concern, but Andover High School should open on time

By Neil Fater

Despite indications from the contractor that workers may stop working, town officials say Andover High School will open on time.

"The company line is we're expecting teachers back (Sept.) 5th and students back the 7th," said Buzz Stapczynski, town manager. "It's full speed ahead."

Mr. Stapczynski said the contractor's talk of a work stoppage "wasn't a threat so much, it was a request on their part."

Stone-Congress, the High School contractor, has repeatedly claimed the project architects aren't providing them with enough

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Back to School section coming Aug. 31 / Home delivery: 475-1943

Court finds against Telemachus Demoulas

By Don Staruk

For the second time in a little more than a year, a state Superior Court judge last week ruled against Telemachus "Mike" Demoulas, of 72 Haggetts Pond Road, in the case charging him and his family with taking hundreds of millions of dollars in assets from the family of his brother, the late George Demoulas.

The judge ordered that those assets, estimated to be worth $500 million to $800 million, be fully restored to Demoulas Super Markets Inc.

"It's the most complete victory I ever received," said Robert C. Gerrard, lead attorney for the family of George Demoulas. "She found for us on every claim and gave us precisely what we wanted."

Mr. Gerrard called the finding "marvelous" and well documented.

"This is a very sound decision so I'm confident that it will withstand any attack on appeal," Mr. Gerrard said.

It appears the decision will be tested.

"Telemachus Demoulas and his family see yesterday's ruling by Judge Maria Lopez as a 'gross miscarriage of justice.' Had the case been heard by a jury or by a more neutral judge, as we had requested, we think that the outcome would have been dramatically different," the Telemachus Demoulas family said in a prepared statement. "We will appeal and we expect to have the higher court overturn this outrageous decision."

Judge Maria I. Lopez found Mr. Demoulas, his wife, Irene Demoulas, son, Arthur T. Demoulas, daughter, Frances Kettenbach, and Glorianne Farnham, Market Basket Inc., Doric Development Corp. and Lee Drug Inc. liable for diverting millions of dollars in assets away from Demoulas Super Markets Inc. and the widow and children of George Demoulas.

The plaintiffs included Evanthea Demoulas, George's wife, who lives in Lexington and Boca Raton, Fla.; a daughter, Diana Merriam of Boxford; a son, Arthur S. Demoulas, who lives in Cambridge; and the wife and daughter of the late Evan Demoulas, who live in the original family home in Dracut.

Last Thursday's decision ends the second phase of a three-part case, Mr. Gerrard said. At stake is what share of an estimated $1.4 billion fortune the George Demoulas family is entitled to, he said.

The first Demoulas supermarket was founded in 1917 by Arthur and Ephrosine Demoulas, the parents of George and Mike Demoulas. In 1954, the two brothers bought the business from their parents and began to build the business into the more than 50-store operation it is today. At the time of George's death in 1971, the two brothers each owned half of the business.

In the first case, decided in May 1994, it was alleged that Mike Demoulas had allegedly promised his brother that he would look after and protect the 50-percent share of the family business that George had left his wife and children. Attorneys for George's family offered evidence during that trial of a systematic hostile takeover by Mike of George's family's share of the business enterprises. In that case, Judge Lopez found the Mike Demoulas family liable of defrauding his brother's family of $400 million to $800 million in assets over 20 years.

In last week's decision, Judge Lopez again found the Mike Demoulas family liable, this time for diverting assets and real estate from Demoulas Super Markets to Market Basket, which is owned by the Telemachus Demoulas family, and other holdings of his family or businesses under their control, according to court documents. The decision ordered the transfer of all assets and liabilities of Market Basket, Doric Development and 231 Realty to Demoulas Super Markets within 21 days.

"The structure of the victory is very appropriate and leaves the Demoulas Super Markets, and the family holding company, in extremely strong condition. The return of the distributions and opportunities to Demoulas Super Markets provides the financial resources necessary for the company's sound operations in the future," said Grant Gregory, adviser to the George Demoulas family shareholders.

In the third phase of the case, Mr. Gerrard said the George Demoulas family will attempt to get back what it claims is its fair share of Demoulas stock, the 50 percent left them by George Demoulas.

As part of last week's decision, the family of Mike Demoulas must also pay all legal fees and court costs of the George Demoulas family.

"This is an absolutely sweeping and stunning victory," Mr. Gerrard said. "After having won the stock fraud case last year, this decision fully returns the corporate opportunities that have been usurped and the corporate assets that have been diverted."

Seeking volunteer drivers for the American Cancer Society

Despite remarkable progress in the fight against cancer, there are many cancer patients whose greatest challenge isn't lack of treatment. It's lack of transportation.

The American Cancer Society's Road to Recovery program needs volunteers to drive cancer patients to and from their treatment facility. If you have a car, safe driving skills and can drive as little as one morning or afternoon a month, you can help give someone the most precious of all gifts: the chance for a fuller life.

For more information, call Pauline Beland, American Cancer Society's Road to Recovery coordinator, at 372-9709.

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News In Brief

Grover Nix III loses license to practice law

By Don Staruk

The state Supreme Judicial Court last week temporarily suspended the license of former Andover attorney Grover Nix III to practice law in Massachusetts. The action came after Mr. Nix was convicted in June of defrauding a client out of $80,000.

Mr. Nix, 52, formerly of 64 Central St. and now living in California, was convicted in Suffolk Superior Court June 19 of four counts of larceny. He was sentenced to two consecutive jail terms of not less than four years and not more than five years, both of which were suspended pending probation conditions that include restitution of $80,000 to the victim, according to court documents.

As a result of his suspension, Mr. Nix was required to withdraw from any activities as counsel, submit a list of all his pending cases and fiduciary activities, and to resign from any positions he held as administrator, executor, etc.

His case was referred to the Board of Bar Overseers for further proceedings, including further investigation and possibly additional disciplinary action, according to the court papers.

Mr. Nix was admitted to the Massachusetts bar on Jan. 2, 1969. He became a prominent local attorney and also opened an office in California before running into financial difficulties in the early '90s. Mr. Nix lost his Central Street home to foreclosure in 1992 and moved to California.

The details of the conviction, including when and where the larceny took place, were not immediately available to the *Townsman* this week.

Disability group to meet Aug. 23

The Andover Commission of Disability will meet Wednesday, Aug. 23, at town offices, 36 Bartlet St., from 6 to 8 p.m. It also had a meeting yesterday, Wednesday, Aug. 9.

Agenda items include membership, awareness, 1996 goals and bylaws.

The ACOD seeks to address issues concerning Andover and its citizens with disabilities.

Call Mark Walker at 687-4288 if you wish to attend. All are welcome.

Train whistles should stop next week

Mr. Stapczynski told selectmen the town has met with representatives of the Massachusetts Bay Transit Authority regarding the stopping of whistle blowing by trains in town.

Gov. Weld signed a bill effective July 1 that banned the whistle blowing in Andover. The bill allowed 30 days for the trains to be notified, but the engineers haven't stopped blowing the whistles "because of several things both sides needed to do," Mr. Stapczynski said. One of those things was that the town had not installed certain signs required near the street crossings.

"Hopefully next week we will see the cessation of whistle blowing in the community," Mr. Stapczynski said.

Three boards to talk about budget model, school maintenance

The Board of Selectmen will hold a joint meeting with the School and Finance committees next Thursday, Aug. 17, at 7:30 p.m. on the third floor of town offices. School maintenance and the town's budget model are among items to be discussed. Selectmen will meet prior to the joint meeting, at 5:30 p.m., in executive session at the request of town counsel to discuss litigation.

The next regular selectmen's meeting will be on Monday, Aug. 21, at 7:30 p.m. on the third floor of town offices. There will also be an executive session prior to that meeting.

Cholesterol clinic set

The Andover Board of Health will hold a cholesterol screening clinic Wednesday, Aug. 23, from 9 a.m. to noon for Andover residents only. An appointment is necessary.

The simple fingerstick test for total cholesterol costs $5 and does not require fasting. The program includes dietary counseling by the public health nurse and referral to a person's private physician for follow-up care as needed.

For more information or an appointment, call the health department at 470-3800, Ext. 255.

Correction

Due to an error made by the Essex County Registry of Deeds in Lawrence, there was a mistake in last week's property transfers.

Candace A. Alsop bought Karlton Circle, Lot 1A, for $3,500 (not $35,000 as the Registry printout said) from Geneva H. Killorin 1992 Trust. The land is 3,500 square feet.

Want to write for the *Andover Townsman?*

The *Townsman* is looking for an intern to work at the paper. Interns write stories, check facts, file, do some research, compile the entertainment calendar and perform other tasks.

Interns are trained by the editorial staff. They usually make a commitment of working 20 hours a week. The paper especially would like an intern now who could work about five hours on Wednesdays, in addition to-be-negotiated other hours.

Call Perry Colmore or Jack Grady at 475-1943 if you would like to talk about being an intern.

Quote, unquote . . .

'I feel blessed. I have been touched by nature – the birds and bees and hummingbirds.'
Ed Collings, talking about his garden, page 1

'It came over the radio at 7:00, and as the "Star-Spangled Banner" came to its stirring end, Andover did just what every other country did – went slightly and justifiably crazy.'
50 years ago, at the end of World War II, from History, Down the Years, page 30

'I can tell you a lot of people we see are high poverty whether it's Andover, Lawrence or Methuen. I can guarantee you (the nurses) have probably seen stuff that you and I wouldn't want to think about.'
Deborah Reiter, the VNA's director of community education, talking about the number of Andover seniors who live at the poverty level, page 28

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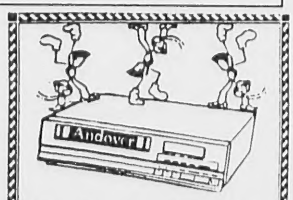
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Frank Vacerca named principal of Tech School

By Don Staruk

Frank Vacirca, academic coordinator at Greater Lawrence Technical School, has been named principal of the school as of September.

Mr. Vacirca was appointed Tuesday. Wednesday morning he said the position will provide him the opportunity to expand his work to improve the academic programming at the school.

"I'm a big cheerleader for that school," he said.

The school was always run by a superintendent and an assistant superintendent, but changes brought by the Education Reform Act of 1993 required that a principal be named. Marsha McDonough, superintendent of the Tech, has been acting principal since 1993, but certain requirements of the Ed Reform Act also made serving in the dual role difficult. For example, the expulsion of a student is the decision of the principal, but the student's appeal is to the superintendent. Having one person in both jobs nullifies the due process, according to Mr. Vacirca.

Mr. Vacirca will oversee the school's staff evaluations and student discipline. He already has a school safety and environment plan, drawn up last year with the help of Linda DeLucia, a parent, and staff members.



Frank Vacerca

"I'm very optimistic because I really do think we have a bunch of good kids that are overshadowed by a few that drive us crazy," Mr. Vacirca said.

He said he plans for his new job to involve a lot more than just discipline.

"I wanted more responsibility to do things," Mr. Vacirca said.

The school's Massachusetts Education Assessment Program numbers are up, and the academic standards are up in certain areas, but he wants to expand those achievements throughout the school, Mr. Vacirca said.

He will be in charge of improving curriculum, instructional services and rating of student performance. As mandated by the state, an effort will continue to combine academic and vocational programs more and more, he said.

"I've been doing a lot of research on the job as academic coordinator," he said.

Mr. Vacirca said he wants to try to increase the school population. The student population will be about 1,400 this year, down from more than 1,500 last year. At one point in the late '70s, the Tech School had more than 2,000 students, although Mr. Vacirca said that would be too many for the programs the school has now.

Mr. Vacirca, 46, of Newburyport, was chosen for the position by Ms. McDonough. He was picked over Modesto Maldonado, assistant superintendent, who had also applied for the job. A committee of teachers, a student, a parent of a student and a School Committee member unanimously recommended Mr. Vacirca for the job.

Mr. Vacirca started as an English teacher at the Tech 24 years ago this September. He became English Department chairman, served as soccer coach, part-time guidance counselor, taught summer school and served as community affairs coordinator. He was curriculum coordinator "for a stint" and most recently was academic coordinator.

Mr. Vacirca became known as the "Voice of the Reggies" for his work as announcer in the press box at football games and at the school's basketball games and sports banquets.

Mr. Vacirca is proud of having the school participate twice in the Lawrence Schools Academic Olympics. He served the last two years as master of ceremonies at the Merrimack Valley School Committee's annual awards dinner and is the only vocational administrator on the Massachusetts Advisory Assessment Council.

Mr. Vacirca is a five-year member of the Andover Chamber of Commerce and credits Mike Morris, Enzo Fossella and other Andover Chamber leaders for helping him expand the Tech's community outreach programs. He would like to continue those efforts.

"I want our school community to really be part of the entire regional community," Mr. Vacirca said. "I think we have to keep taking more ownership for our school, for our kids, and that the kids themselves have to take more ownership for their school, for their community."

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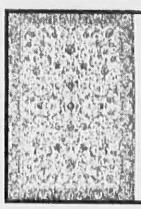
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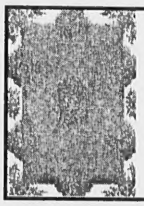
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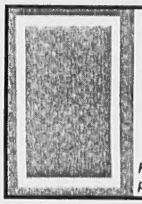


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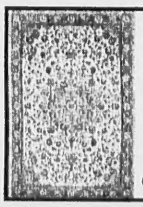


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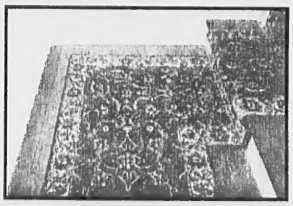
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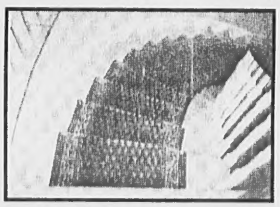
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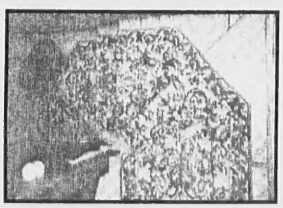
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School opening

(Continued from page 1)

information to continue working. The architects, from Earl R. Flansburgh + Associates, say the construction plans are fine.

Sharman Lappin, the town's project manager, would not comment on the possibility of a work stoppage but said she's "not concerned at all that (the school's) not going to be ready."

There was concern from architects last week that the library, library annex, cafeteria, computer rooms and office areas might not be available when school opens, but Ms. Lappin dismissed that. "Those areas will be ready. There's no work being done there," she said. "The only work in the existing High School this summer occurred in the cafeteria and in the Dunn Gymnasium."

Ms. Lappin said all areas, including the cafeteria, will be open to students from the first day.

"I don't know how many kids the cafeteria will hold, but it will be able to be used," she said. The eating area "will be bigger than it was, actually."

Although Ms. Lappin was confident the school will open Sept. 7, Ellen Parker, AHS acting principal, was more reserved.

"Well, we won't know for probably another two weeks what the status is," she said. "All I can tell you is what the architects are telling me. They're looking at being ready at the beginning of September in a positive way."

Although work was not done in the library, library annex and computer areas, Ms. Parker said Monday there's some concern those rooms may not be usable because the areas' ventilation systems were not yet running. However, architects have told her the school should be ready Sept. 1, she said.

Another issue is whether the school will pass the necessary building codes to open.

Ms. Parker said she planned to tour the building late yesterday morning with Kaija Gilmore, building inspector, and Harold Hayes, fire chief. She called the walk-through one of several "checkpoints" along the way to the first day of school. "What we're trying to do is be proactive. We need to make a decision by when? It can't be Sept. 6. I need to know when I can bring my teachers in," she said.

Coming Aug. 31 in the Townsman: Back to School - bus routes, homeroom assignments, more

AT&T irked by Gingrich's Bell work

KEN JOHNSON Hitting Home



The House of Representatives waited until the last minute to deliberate on what one company called "the most important economic legislation" of the year.

The Telecommunications Act of 1995 will change the way people use their telephones, television and computers. It may also threaten jobs here in the Merrimack Valley.

But for all the bill's import, precious little public information about it beyond the "yes it will, no it won't" charges traded between the long-distance carriers and local phone companies has been made available.

The House did not begin deliberation on the bill.

"The Telecommunications Act of 1995 will change the way people use their telephone, televisions and computers. It may also threaten jobs here in the Merrimack Valley."

Ken Johnson's Hitting Home Column in the Business Section of the

Sunday Eagle-Tribune

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Speeding

The first speeding offense by a motorist in Andover was recorded in July, 1906. The vehicle came down Main Street at a "fast clip" and the driver was stopped. Irate pedestrians offered to appear in court and testify to the speed of the car, which bore the registration number 14980. The owner was arraigned and was given 30 days in the house of correction.

THE REAL ESTATE CORNER



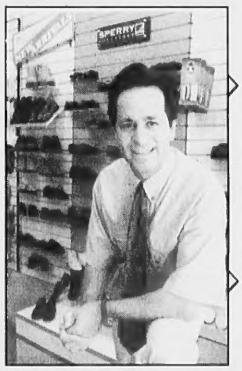
with Jean Fitzgerald & Pamela Lebowitz

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BUSINESS

Brian Callahan

Brian Callahan, MD, has been elected president of the Essex North District Medical Society. The local society represents member of the Massachusetts Medical Society who practice in Greater Lawrence, Haverhill and Newburyport. According to Dr. Callahan, his priority goal during his tenure will be increasing area membership.



Brian Callahan

Dr. Callahan is a general surgeon at Andover Surgical Associates Inc. in Doctors Park and is secretary of the medical staff at Lawrence General Hospital. He is a graduate of Tuft University School of Medicine and served his internship and residency at St. Elizabeth Hospital in Boston.

He lives in Andover with his wife, Stephanie, and their three children.

Laura Fitzgerald

Laura Fitzgerald of Winchester has joined Century 21 Carriage House in Andover, announced Jean Fitzgerald, president of Century 21 Carriage House.

"I'm delighted in more ways than one. To have my daughter join me in business is a dream come true," said Ms. Fitzgerald. "While at the same time we are adding a top producing associate broker to our team."

Ms. Fitzgerald is a graduate of Winchester High School and has a BS degree in business and management and a MS degree in human resource management. She has been a licensed real estate broker for four years, specializing in real estate relocation. Ms. Fitzgerald joined the Century 21 system in 1991 while living in New Mexico and produced more than $3 million in sales in 1994. She was among the top 10 sales associates in the El Paso/Southern New Mexico area. She served as director of her local board of realtors, on the United Way funds distribution committee and was president of the Holloman enlisted wives group at Holloman Air Force Base in Alamagordo, N.M.

"It's great to be back. I was born and raised in New England; my whole family is from Winchester," said Ms. Fitzgerald. "Andover is very similar to Winchester, but a bit more affordable. People who can't find what they want in Winchester very often come to Andover."

John A. Senatore

John A. Senatore of Parthenon Circle has been elected to the partnership in the Boston office of KPMG Peat Marwick LLP, an international professional services firm. Mr. Senatore specializes in strategic services consulting. He has more than 20 years of experience in virtually all areas of manufacturing systems and operations.



John A. Senatore

Mr. Senatore was formerly a partner with another international firm. He has held positions with GTE, Honeywell and W.R. Grace. He holds BS, MS and MBA degrees from Boston University, Northeastern University and Babson College, respectively. He is a certified data processor and certified in production and inventory management.

Mr. Senatore is a member of the American Production and Inventory Control Society, the Society of Manufacturing Engineers and the American Society of Quality Control.

David A. Epstein

David A. Epstein, MD, son of Mr. and Mrs. Martin B. Epstein of 1 Homestead Circle, has accepted the position of chief resident of primary care internal medicine at Cambridge Hospital in Cambridge.



David A. Epstein

Dr. Epstein attended Andover High School, where he was a member of the National Honor Society. He graduated in 1984.

He graduated magna cum laude from Rensselaer Polytechnic Institute in 1988 and completed Tufts University School of Medicine in 1992. He most recently fulfilled a three-year internship and residency training program in primary care internal medicine at Cambridge Hospital.

Dr. Epstein began his new duties, along with co-chief Dr. Thomas Wong, on July 1.

Wayne F. LaCroix

Wayne F. LaCroix, superintendent of Andover Country Club, has been designated a Certified Golf Course Superintendent (CGCS) by the Golf Course Superintendents Association of America (GCSAA).

Mr. LaCroix has been superintendent of the Andover course since 1991. He lives at 97 Gould Road.

GCSAA instituted the certification program in 1971 to recognize outstanding and progressive superintendents. More than 1,400 active GCSAA members currently hold CGCS status.

To become certified, a candidate must have five years' experience as a golf course superintendent, be employed in that capacity and meet specific educational requirements of college credit or continuing education units. The candidate must then pass a six-hour examination covering knowledge of GCSAA and its certification program; the rules of golf; turfgrass management; pest management, safety and compliance; and financial and organizational management.

Andover firefighters

Chief Harold F. Hayes of the Andover Fire Department has announced the graduation of Brian C. Davies, John D. Gangi, John W. Hines and Robert G. Pelletier Jr. from the Massachusetts Firefighting Academy's 55-day Recruit Firefighting Program. The program is offered tuition free to provide new firefighters with the basic skills necessary to insure their effective performance in their jobs.

The graduation exercises held June 30 marked the conclusion of an intensive and in-depth program for all students. The students' primary concern was learning basic firefighting skills but they were also introduced to more advanced topics, such as public fire education training, hazardous materials, stress management, water rescue, confined space and rappelling.

The classroom training in all the basic firefighting skills, such as ladders, hose, and protective breathing apparatus, is reinforced by performing practical field evolutions, first under non-fire conditions and then during controlled fire conditions. By graduation, students have had practical, hands-on experience with live fires in buildings, vehicles, flammable liquids, flammable gas and will have successfully fought these fires as effectively and safely as possible.

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Neighbors unite, hoping to "stop" Poor Street development

By Joan Brown

Completing their traffic study on Poor Street this week, traffic engineers recommended two new stop signs for the proposed condominium site. Neighbors at least agreed with the "stop" part.

Joining together under the title of Shawsheen To Oppose Permit (STOP), neighbors of the proposed project – which would change a circa-1820 home at 66 Poor St. into an eight-unit condominium – want to see town boards stop the project .

"We are strong in our belief that the Poor Street condominium project will, without a doubt, have an irreversible and unreasonably detrimental impact on the character of our current and future neighborhood," said Ray Flynn, of William Street, speaking for the 30-plus member group at the Planning Board meeting Tuesday night.

Besides traffic and safety issues, Mr. Flynn said the residents are concerned about the potential loss of a historic home; blasting during construction; and the project's density.

The adjoining Hunter's Ridge townhouses have 27 units on 12 acres. The Stonebridge project would have eight units on roughly three quarters of an acre, according to Mr. Flynn. "The footprint of this... condo project is still immense," he said.

Gerard Welch, Stonebridge developer, said the buildable land in Hunters Ridge – excluding wetlands and driveways – is 6.9 acres. The Hunters Ridge homes cover 18 percent of that 6.9 acres. "Our coverage (at Stonebridge) is a little under 24 percent," he said. "In my opinion... I think Stonebridge fits in rather well with the Hunter's Ridge project."

Planners closed the hearing Tuesday night, and expect to have their recommendations on the project ready for their Aug. 22 meeting. "We are in a relatively limited role," said Michael Miller, Planning Board chairman. "The ultimate decision is going to be with the Zoning Board of Appeals."

The Zoning Board of Appeals will open a public hearing on the project tonight, Thursday, at 7 p.m. at Memorial Hall Library.

Mr. Flynn said that the STOP members plan to attend, "in a huge way."

Several bicycles stolen this week

By Don Staruk

Several bicycles were stolen in town this past week, many from inside garages or out of back yards.

"They are picking bikes off front lawns, front porches and open garages," Lt. Richard Enos said this week. "It's being done by people in vehicles we're pretty sure."

Police don't have any suspects, the lieutenant said.

At 7:30 p.m., on Tuesday, Aug. 1, two

(Continued on page 11)

FINANCIAL STRATEGIES



by Ronald R. Hill, CLU, ChFC

PLAYING THE PERCENTAGES

According to conventional financial wisdom, the portion of their portfolios that investors should put into stocks should be equal to 100 minus their ages. Thus, a 65-year-old investor should have 35% (100-65) of his investments in stocks or mutual funds. Recently, however, this investment rule of thumb has been deemed too cautious, especially for investors who are middle-aged and older. The new thinking is that these investors should not merely preserve the capital that they have built up, but they should continue to add to their capital at least until their mid-seventies. Accordingly, the adjusted rule of thumb calls for investors to multiply their ages by 80% and put that percentage in stocks and stock funds. This percentage is only approximate, of course, and will vary a good deal according to the client's goals and the timeframe in which they hope to accomplish them. Let us help you decide on the investment mix that might be appropriate for you, both now and in the future. Please give us a call.

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HINT: Using the adjusted formula mentioned above, a 65-year-old should have 52% (65 x .80) of his or her investment in stocks.



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Several bikes stolen this week in Andover

bikes were reported taken from a garage on McKenney Circle. The next day two bikes were reported stolen overnight from a house on Shipman Road.

At 4:07 that afternoon, Wednesday, four Hispanic men were reported to have stolen a bike from a residence on Balmoral Street, then headed toward the railroad bridge on Burnham Road. A few minutes later, the Shawsheen Plaza Sunoco, at 209 N. Main St., reported a Hispanic man just left a bike at the station after trying to put air in one of the bike's tires. A woman then pulled into the gas station in her car and said the man had just stolen the bike from her house on Elm Street. Police could not locate the suspect.

On Thursday morning, Aug. 3, a mountain bike was reported taken on Blueberry Circle. At 10:41 p.m. that night a girl's Murray bike – aqua, purple and pink – was reported taken from a backyard on Pearson Street.

At 8 a.m. on Saturday, Aug. 5, a Brundrett Avenue resident reported a bike stolen. An hour later a Peach Tree Path resident reported a Trek 800 bike, black with green handlebars and a computer on it, was taken from a garage. A half hour later, at 9:26 a.m., a bike was reported taken from a garage on Starwood Crossing. At the same time a green mountain bike was reported taken on Topping Road.

At 1:48 the same afternoon, a bike was reported taken on School Street. Finally, on Monday, evening, Aug. 7, a child's bike was reported taken from Brookside Drive.

Lawyers trying to let Neal stay mum

By Neil Fater

Lawyers representing Dick Neal, superintendent of schools, in the civil action brought by residents Lynne and Richard Robidoux want a judge to throw the case out of court.

The town is using Morrison, Mahoney & Miller, a Boston insurance defense firm, to represent Mr. Neal in the Robidoux action.

The Robidouxes filed the action because they want Mr. Neal to explain why, they said, he forced Sam Campbell, the popular West Middle School principal, to resign.

According to the Robidouxes' lawyers, after asking for an extension to respond to this complaint, the Boston firm filed two motions. One was to dismiss the case. The other was a motion for a protective order that would allow Mr. Neal to avoid answering questions about the forced resignation.

Mark Militois of Andover, one of the Robidouxes' lawyers, originally asked to question, or depose, Mr. Neal July 31 or some time during this week.

(Continued on page 44)

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• capicola, provolone cheese, and roasted peppers

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Gas company work

(Continued from page 1)

affected.

Robert Aziz, operations manager for Bay State Gas, explained that only streets on the system getting the increased pressure are involved.

Bay State Gas has three natural gas systems that service 6,300 customers in Andover. Only the high-pressure system, serving about 2,300 customers in town, is affected. And that means only those 2,300 service lines will be studied to see if an upgrade is required. Basically, the only equipment that needs to be replaced is equipment installed prior to 1975. Ultimately, only 400 to 500 services in Andover are likely to require work, according to gas company officials.

The Andover roads on the high-pressure line affected are mainly in West Andover, but also reach into Ballardvale and the downtown. They include Wild Rose Drive, Hemlock Road, Holly Terrace, River Road, North Street, Greenwood Road, Cross Street, Lowell Street, Lovejoy Road, Bellevue Road, Blanchard Street, Argilla Road, Andover Street, Dascomb Road, Tewksbury Street, High Street, Pine Street, Elm Street and Lupine Road, and smaller roads off those roads.

The actual work will likely begin in the spring of 1996 and take about three years to complete.

"Our goal will be to do everything possible to minimize any inconvenience along the way for our customers, their neighbors, and the public at large," said Bill Caffrey, Bay State spokesman.

Sometimes the work will only involve digging a three- to four-foot hole in the street to replace valves. In some cases, new plastic service lines will be slipped through the old service lines to prevent digging up lawns and driveways. In some cases a hole will be dug next to a resident's foundation to change equipment there. In those cases, the gas company will also try to get the resident to agree to have the meter moved outside.

Any customers affected by the project will be contacted in advance, Mr. Caffrey said.

Robert Berger, of 26 Hemlock Road, had several questions for gas officials. He said his street was paved just two years ago and that several patches already in the road look terrible. He also recently had a new lawn and shrubs planted, and had his cellar renovated. Mr. Berger said he had a bad experience with Bay State Gas once before, when he lived on the South Shore, and didn't want a repeat of that experience. He said this is a project to increase gas company projects, and that he saw no reason why he should have to be inconvenienced or his property damaged. "What I'm being asked to do here is participate in a project that I'm gaining nothing from," Mr. Berger said.

Mr. Berger suggested the town require that a bond be posted by Bay State Gas that could be used to pay for properties that are not fully restored to residents' satisfaction.

"There's no mention of any guarantees," Mr. Berger said.

He asked Mr. Aziz what would happen if a resident chose not to allow the upgrade. Mr. Aziz said state and federal regulations require certain work to be done for the upgrade. The gas company will do everything it can within reason not to disrupt the lives and property of homeowners, and to restore properties after work is done. But once the company decides to do an upgrade, if somebody decides that anything the gas company does won't be good enough, that person will then have to decide whether he or she wants to continue with gas service or change to another service company, Mr. Aziz said.

But Mr. Aziz stressed that the gas company is not going anywhere, that it is here to stay and that it is not in business to wreck people's property.

"We're not here to kill his

(Continued on page 13)

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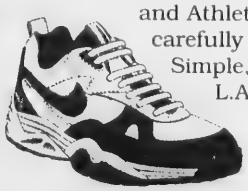
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Gas company

shrubs – to make his property look bad," Mr. Aziz said.

Mr. Berger recommended to selectmen that no work be done in his neighborhood until the gas company's study is completed and a detailed report is available.

Several residents expressed concern that roads that are in good shape now will be left full of holes by the work. Mr. Aziz and Robert McQuade, Andover's Public Works director, assured residents that the streets would be left in at least as good condition as they were before the work, and in many cases, better condition.

Mr. McQuade said the gas company has agreed not to begin work on Wild Rose Drive, which was paved two years ago, in order to get the work done on other streets that are scheduled for paving in the near future.

Mr. Berger said 147 homes are affected in his neighborhood. He asked how long the road would be dug up. Mr. Aziz said the company would complete work on approximately three houses per day, and that his neighborhood would take two to three months.

Selectman Gerald Silverman supported the gas company's record with the board and with the town. He said the company stands by its work. Selectman Larry Larsen said that no matter what happens, the gas company has to come back to the board to get the work approved before it can move forward with the project.

Mr. McQuade said the town has asked Bay State to make a request to do the work on an entire street or area at one time, to minimize the disruption in the neighborhood.

Schools update

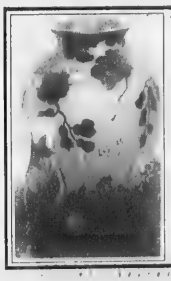
In other news from the selectmen's meeting, Buzz Stapczynski, town manager, told selectmen work is on schedule at all three school construction projects – at South, Sanborn and the Andover High schools – and that schools are expected to open on time.

"We are moving ahead and we are moving ahead quickly. We are going to have school Sept. 7," Mr. Stapczynski said.

Responding to a recent newspaper article, Mr. Stapczynski said it is not true that there will be no indoor track in the new gymnasium at the High School or that the outdoor playground equipment has been cut from the South School project. He said the High School project originally included two indoor tracks, one suspended above the other, but that the raised track was cut because of its expense. The ground-level track will be built. As for the playground equipment at South, it had been cut from the budget at one point, but has since been restored and it will be installed, he said.

The town manager also told selectmen the technology-upgrade plan currently being proposed by the schools ad-hoc technology committee would cost more than has been budgeted, but that the School Committee is "wrestling" with that report and no decisions have been made on it at this point.

Selectman Bill Downs asked that board members be kept updated on the progress of the school projects. Mr. Stapczynski said he would forward monthly construction reports and School Building Committee meeting minutes to selectmen.



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On Campus

Andrea Biondo, daughter of Mr. and Mrs. John J. Biondo of 5 Hansom Road, and **Laura Cavicchi**, daughter of Mr. and Mrs. Paul F. Cavicchi of 24 Wild Rose Drive, have been named to the dean's list at Saint Anselm College in Manchester, N.H., for the second semester.

* * *

Andrew Ardini, son of Julie and John Ardini of 17 Knollcrest Drive, has enrolled for the fall admission at Rochester (N.Y.) Institute of Technology. The Central Catholic High School graduate will major in engineering at RIT's College of Engineering.



Andrew Ardini

* * *

The spring semester dean's list at Bryant College in Smithfield, R.I., includes the following local residents: **Melissa M. Dennis** of 6 Seminole Circle, a senior computer-information systems and management dual major; **Eric S. Cofer** of 4 Orchard Crossing, a senior marketing major; and **Rodney C. Lumley** of 4 Iroquois Ave., a junior marketing major.

* * *

Carolyn Cronin of Andover, who studied child studies at Colby-Sawyer College in New London, N.H., will direct the Little Sprouts Child Enrichment Center at Northern Essex Community College.



Carolyn Cronin

* * *

Four Andover residents have been named to the dean's list at Boston University for the spring semester. They are **Suzanne M. Gemmell**, **Christina A. Kelley**, **Sajini S. Shetty** and **Penny A. Starks**.

* * *

Six students from Andover were named to the dean's list at Colby College in Waterville, Maine, for outstanding academic achievement during the second semester of the 1994-'95 academic years. They are **Gillian A. Kiley**, daughter of John and Patricia Kiley; **Carole M. Reid**, daughter of Kevin and Therese Reid; **Morgan Pecelli**, daughter of Giampiero and Myra Pecelli; **Candace J. Kim**, daughter of Warren and Julie Kim; **Kevin W. O'Brien**, son of William and Elizabeth O'Brien; and **Richard J. Enos**, son of Richard and Joan Enos.

Ms. Kiley is majoring in English with a creative writing concentration. Ms. Reid is majoring in international studies and Russian studies. Ms. Pecelli is majoring in anthropology and German. Mr. O'Brien is majoring in government.

* * *

Michelle Naomi Diamondis, a student at Worcester State College, will be included in the 1995 edition of *Who's Who Among Students in American Universities and Colleges*, the annual directory of outstanding students.

A campus nomination committee and editors of the publication have included her name based on academic activities and potential for continued success. She joins an elite group of students selected from institutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Ms. Diamondis is the daughter of Mr. and Mrs. Dino Diamondis.

* * *

Peggy Lynn Dugal received her bachelor of arts degree in psychology from Villanova University in Villanova, Pa. She will attend Simmons College in the fall for her master's degree in social work.

* * *

Martin J. Dugal completed his junior year at Villanova University on the dean's list. He is working toward a degree in civil engineering with a minor in business.

* * *

Fairfield University in Fairfield, Conn., has announced the names of students from Andover who qualified for the dean's list. They are **Adam J. Anderson** and **Tricia L. Duarte**, both in the class of 1998.

* * *

Joseph W. Gillam, son of Cdr. (Ret.) and Mrs. Harold R. Gillam of Andover, received a bachelor of arts degree in dance from the University of Washington, Seattle, June 10. Mr. Gillam is with the Royal Winnipeg Ballet in Winnipeg, Canada. He is a 1990 graduate of Phillips Academy.

* * *

Amanda B. Gulezian of Chandler Road was among 700 graduate and undergraduate students receiving degrees May 22 during Clark University's 90th commencement exercises.

The psychology major is the daughter of Jan Peters and Glen Gulezian. The Andover High School graduate will pursue her master's degree in business administration at Clark.

* * *

Ryan Hanson, son of Richard Hanson of Andover, has been named to the dean's list at College of the Holy Cross in Worcester for the second semester of the 1994-'95 academic year. The second-year student is an English major.

* * *

John P. Hurtado, son of Octavio and Jeanne Hurtado of Andover, has been placed on the dean's list at Berklee College of Music for the 1994-'95 academic year. A full-time student must maintain an academic average of 3.4 out of a possible 4.0 to be eligible for this honor.

* * *

Michelle Iuliucci, daughter of John and Linda Iuliucci of Pendant Court, received the Wal-Mart Pharmacy Scholarship Award recently from Northeastern University.



Michelle Iuliucci

* * *

David Carbonneau of 27 Topping Road and **Alisha Pritts** of 79 Dascomb Road were named to the dean's list at Johnson & Wales University in Providence, R.I. Mr. Carbonneau is majoring in food service management. Ms. Pritts is a culinary arts major.

* * *

Joel Williams, son of Mr. and Mrs. Kenneth M. Williams of Andover, has been named to the winter semester honor roll at Holderness School in Plymouth, N.H. The junior earned an overall academic average of better than 85.



Joel Williams

* * *

Charles H. Jacques of Andover received an associate degree from Bunker Hill Community College at its 21st commencement exercises held on the Charlestown campus.

* * *

Kelley Henry of Andover graduated from Lawrence Academy in Groton on June 2. She was a dorm proctor for two years, a head admissions tour guide, a senior class representative and a contributor to the campus newspaper, the *Spectrum*. She also played on the girls varsity soccer, ice hockey and tennis teams. Ms. Henry plans to attend Hobart and William Smith College in the fall.



Kelley Henry

* * *

Contemporary singer/songwriter James Taylor congratulated **Aram J. Krauson**, son of Stephanie and Stanley Krauson of Andover, after presenting him with a professional music diploma at the May 7 Berklee College of Music commencement ceremony. Mr. Krauson received a degree in arranging. He was also named to the dean's list for the 1995 spring semester.



Aram J. Krauson

* * *

Mark J. Lastrina, son of Dr. and Mrs. Frank A. Lastrina of Penobscot Way, was named to the dean's commendation list at Gettysburg College for outstanding academic achievement in the spring term.

* * *

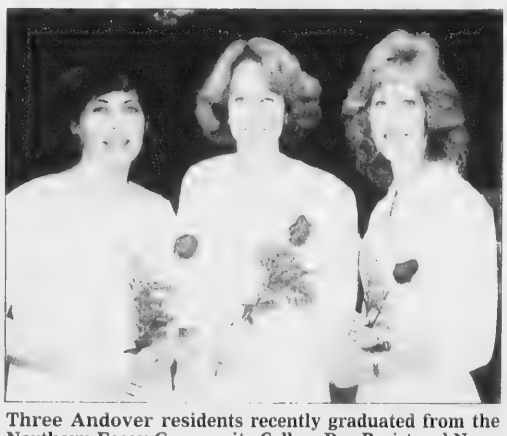
Keri Leigh Lynch, daughter of Mr. and Mrs. Patrick Lynch of 27 Brookfield Road, was named to the spring 1995 honor roll at the University of Kansas in Lawrence, Kan. Ms. Lynch is a student in the School of Allied Health.

* * *

Michael A. McCann, son of Dr. and Mrs. William P. McCann of Andover, has been named to the dean's list for the second semester of the 1994-'95 academic year at Georgetown University in Washington, D.C.

* * *

(Continued on page 20)



Three Andover residents recently graduated from the Northern Essex Community College Day Registered Nursing Program. They are, from left, Kristina Collins, Joan Nickerson-Spitzer and Jane Feinberg.

SHED celebrates 11 years

Shawsheen Extended Day (SHED) for kindergartners celebrated 11 years of providing child care to the families of Andover in June at the Andover Inn. Sydney Bialo and Elin Ohlenbusch received 10-year pins, having been with SHED for 11 and 10 years, respectively. Bette Lynch, the head teacher for SHED, received her 5-year pin, along with Laura Pierce (9 years), Blakey Shirey (8 years), and Nancy Buscema (8 years). Two staff members who left to start families, and now fill in as regular substitutes, also received their 5-year pins: Maureen Belbin and Nancy Shepherd. Linda Mrock (2 years), Michelle Stokes (1 year), and Michelle Crowley (1 year) are the other SHED staff members.

Staff commitment, dedication, longevity and enjoyment of children are the foundations of the SHED program, organizers said.



SHED staff members are: back row, Laura Pierce, Sydney Bialo, Nancy Buscema, Blakey Shirey; front row, Bette Lynch, Nancy Shepherd, Maureen Belbin and Elin Ohlenbusch.

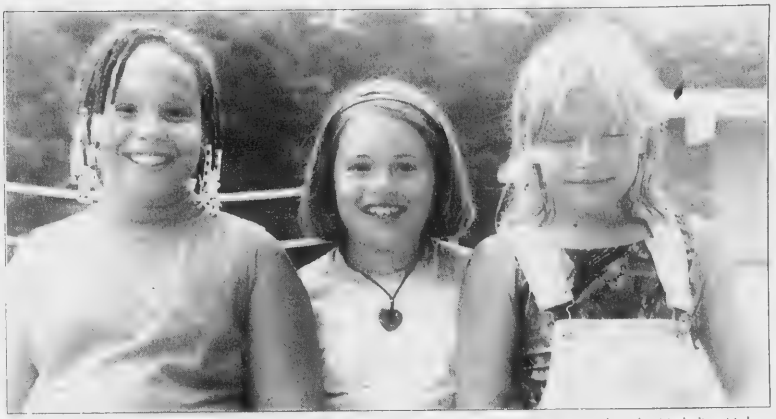


Photo by Micheline Mahon

Enjoying the summer at Pomps Pond are, from left, Margaret Ann Christensen Williams, Becky Sanfield and Jen Harrison Persinos.

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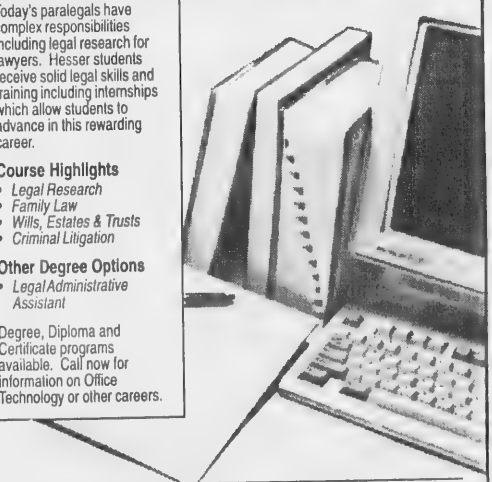
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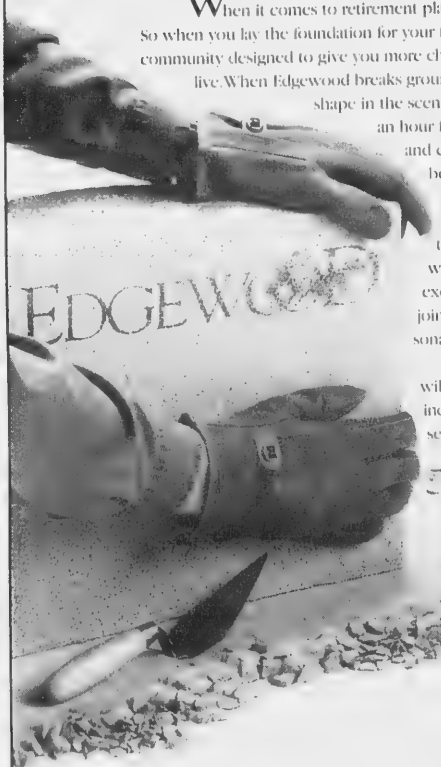
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West Middle students receive awards

West Middle School held an awards assembly before the end of the school year in June. The following students received awards:

Grade 6/Discovery Team

Mathematics: Amy Borden, Greg DeLeo, Matthew Jaaro, Lauren Kapelson

Language arts: Matthew Jones, Kristen DeLuca, Destiny Yeager.

Science: Susannah Araujo, Matthew Delany, Alia Mohammed, Kerryn O'Connor, Corey Dennis, Patrick Sullivan.

Social studies: Robert Filbin, Kelsey Peterson, Crystal Kalaw, Rebecca Wolk, Christopher Caverly.

Wordmasters, Perfect scores of 20: Richard Crowley, Robert Filbin, Patrick Sullivan.

Discovery Team representatives at West Middle School's Spelling Bee: Mark Baggeroer, Corey Dennis, Alan MacLean David Wholey, Samantha Caan (alternate).

Literature: Kerryn O'Connor, Alia Mohammed, Sean MacKay, Karen Whalen, Benjamin Wish.

Creative writing: Kelsey Peterson, Susannah Araujo.

Multi-area recognition: Tamsin Tyler, Erin Zuena, Gabe Adams, science, social studies; Kathryn Mullen, Kellie Wallace, Ellen Donahue, mathematics, social studies; Robin Young, mathematics-G.7, social studies, science, language arts; Erin Westaway, mathematics-G.8, social studies, science literature; Michael Shanahan, mathematics, social studies, science, language arts; Alexa Krieger, Stephanie Fish, mathematics, social studies, science, creative writing; Brendan Ahern, creative writing, social studies, science; Brett Konjoian, language arts, social studies, science; Paul Nardone, mathematics, social studies, language arts; David Wholey, Rebecca Scully, David Mazza, Jessica Bindman, Benjamin Davis, mathematics, social studies, science.

Exploratory foreign language: James Hale, Erin Zuena, Karen Whalen, Gretchen Fuhr, Brett Konjoian, Mohini Venkatesh, Alan MacLean, Kelsey Peterson, Alia Mohammed.

Continental Math League: Cory Dennis, John Canavan, Benjamin Davis, John Stearns, Kelsey Peterson, Jon Almon, Matthew Delaney.

New England Math League: John Stearns, Ben Davis, Alexa Krieger, Alan MacLean, Paul Nardone, Pat Sullivan, Brendan Ahern, David Wholey, Michael Shanahan.

Music awards for choir: Caroline Belair, Sunita Iqbal, Crystal Kalaw, Erin Zuena, Diane Murray, Megan O'Neil, Karen Whalen, Amy Borden, Flora Katsikis, Amanda Parsons, Mohini Venkatesh, Sarah Venuti, Megan Fraser, Katie McKain, Ben Waxler, Andrew Turow.

Art awards: George Gayle, Tamsin Taylor, Jonathan Maloney, Nick Berger, Stephanie Ataide, Matt Delaney, Samantha Caan, Stephanie Fish, Matt Jones, Brett Konjoian, Liz Matthews, Alia Mohammed, Kelsey Peterson, Rebecca Scully, Ashley Troutman, Sarah Venuti, Lauren Kapelson, Ben Waxler, Luke Moskal, Amanda Parsons, Mohini Venkatesh, Erin Westaway, Robin Young, Lisa Tisbert, Josh Reef, Alexa Krieger, Jessica Bindman, Caroline Belair.

Extraordinary effort: Samantha Caan, Gretchen Fuhr, science, social studies; Patrick Daley, language arts, mathematics; Patrick Jelson, language arts, social studies; Marisa Feola mathematics, social studies, Justin Murray, Diane Murray, Mark Baggeroer, Sarah Venuti, social studies; Abby Durgerian, mathematics, Ben Wish, Katie McKain, Sean MacKay, science; Richard Crowley, Caroline Belair, Sean Gaines, Chris Catal do, Elizabeth Matthews, Garrett Friedman, Derek Stoddard, Jenny Ambro, language arts.

Adviser-Advisee awards, given to those who showed excellent participation, positive contribution and consistently respectful behavior toward fellow classmates: Alexa Krieger, Kerryn O'Connor, Brendan Gleason, Brendan Ahern, Lauren Kapelson, Yoon Sun Hyun, Chris Caverly, Erin Zuena, Jessica Minor, David Wholey, John Canavan, Donny Nutton, David Anderberg.

Grade 6/Champion Team

Language arts achievement awards: Kimberly Adlman, Susan Anderson, Thomas Aufiero, Steven Baletsa, Amanda Camelio, Jennifer Cline, Erin Daly, Nicole Davis, Reed Donoghue, Elizabeth Driscoll, Jessica Fink, Adams Gardner, Millie Gerstein, Peter Groff, Rachel Hartman, Daniel Hughes, Melinda Hung, Sora Kim, Michelle Leahy, Nathan MacKenzie, George Miliotis, Jonathan Ofria, Jessica Olans, Maria Orlova, Juliana Paolino, Matthew Rotman, Hillary Schofield, Andrew Timko, Melissa Yee.

Wordmasters Challenge Analogies Contest/High average for three tests: Peter Groff, 93.3; Rachel Hartman, 93.3; Andrew Timko, 91.67.

High merit average: Matthew Rotman, 81.67; Jessica Fink, 81.67; Michelle Leahy, 81.67; Adam Gardner, 80.00; Amanda Camelio, 80.00.

Extraordinary effort in language arts: Courtney Conlon, Michael Fitzpatrick, Lee Klarman, Tommy McLaughlin, Maria Orlova, Christine Smaglia, Abigail Sutter, Taylor Traub.

Math high average award: Andrew Timko, Jessica Fink, Erin Daly, Melinda Hung, Amanda Camelio, Jessica Olans, Sora Kim, Nicole Davis, Steven Baletsa.

Most improved math student: Adam Caterino, Leslie Adams, Millie Gerstein, Courtney Conlon.

Students whose math achievement award has greatly influenced their classmates: Maria Orlova, Eamonn Higgins, Aaron Conole, Jessica Olans, Matthew Rotman, Jessica Fink, Elizabeth Kluegel, Andrew Timko, Adam Gardner.

Math peer tutor award: Amy Feinberg, Gina Ciarlone, Jessica Olans, Leslie Nichol, Leslie Adams, Caitlin Sermos.

Social studies achievement awards: Jessica Olans, Andrew Timko, Matthew Rotman, Steve Baletsa, Liz Klayman, Juliana Paolino, Melissa McDade, Rachel Hartman, Melissa Yee, Tom McLaughlin, Anna Floreen, Evan Dunn, Erin Daly, Jennifer Cline, Amanda Camelio, James Ayoub, Kimberly Adlman, Sora Kim, Peter Groff, Reed Donoghue, Adam Gardner, Millie Gerstein, Erik Martin, Amy Herlihy, Ryan Hayes, Jessica Fink, Roderick Day, Jonathan Ofria, Elizabeth Driscoll, Jesse Berger.

Extraordinary effort in social studies: Michael Fitzpatrick, Leslie Adams, Susan Anderson, Nicole Davis, Maria Orlova, Courtney Conlon.

The science greats: Kimberly Adleman, Steven Balesta, Amanda Camelio, Erin Daly, Nicole Davis, Jessica Fink, Anna Floreen, Rachel Hartman, Sora Kim, Tommy McLaughlin, Jessica Olans, Maria Orlova, Juliana Paolino, Matthew Rotman, Susan Anderson.

Extra effort in science: Leslie Adams, Eamonn Higgins, Eugene Wen, Michael Fitzpatrick, Caitlin Sermos.

Outstanding achievement in foreign language exploratory: Susan Anderson, Elizabeth Driscoll, Ryan Hayes, Nathan MacKenzie, Taylor Traub.

Foreign language award – French: Daniel Hughs, Sora Kim, Roderick Day, Evan Dunn, James Ayoub, Jessica Olans.

Continental Math League Award: Andrew Timko, Adam Gardner.

Grade 7/Amigoes Team

Best all-around student, for outstanding academic achievement in all academic subjects: Alyssa Saunders, Brian Faulk.

Outstanding achievement in English: Rebecca Rouse, Jordan Klein.

Outstanding achievement in math: Laura Brown, Jordan Klein.

Outstanding achievement in science: Nishant Mehta, Katie Witman.

Outstanding achievement in social studies: Katie Witman, Luis Santiago.

Best all-around effort: Yukari Ikuno, Luis Santiago.

Most reliable: Ilyssa Ganek, Matt Boucher.

Team artist: Matt Traub, Morgan Jacobson.

Outstanding science projects: Hemant Joshi, Charlie Gregory, Mark Grigsby, Paul Wysocki, Jonathan McHugh, Richie Sheldon

Most cooperative: Richie Sheldon, Colleen Bateson, Leah Spires, Sam Morrison.

Good citizen: Ed Boulanger, Robin Patti, Sarah Rabanni, Jill Oppenheim, Scott Mackin, Shamhavi Guruprasad

Most conscientious: Rebecca Rouse, Charlie Gregory.

Most improved: [illegible] Sunshine Award, [illegible]

Most motivated: [illegible]

Good sport: Mary Ardini, Mike Dowd.

Best sense of humor: Doug Cooper.

Most courteous: Dan O'Connell, Saroj Tharisayi

Outstanding service award: Mike Burnett

Outstanding effort in math: [illegible]

Super student in Latin: Edward [illegible]



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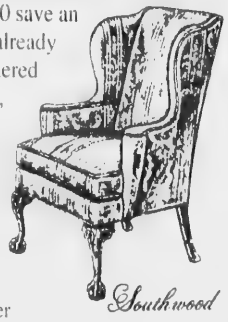
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West Middle students receive awards

(Continued from page 16)

Nyberg, Richard Sheldon, Lindsay Underhill.

Summa cum laude: Charlie Gregory, Nishant Mehta.

Magna cum laude: Hemant Joshi, Saroj Tharisayi.

Cum laude: Rebecca Rouse.

Outstanding achievement in Spanish: Jenna Bernstein, Luis Santiago.

Excellence in Spanish: Katie Witman, Christine Bevacqua, Alex Berger.

Effort in Spanish: Chris McKallagat.

Grade 7/Dream Team

Outstanding achievement in math: Andrew Bellistri, Michelle Danis, Jamie Kaplan, Susan Moffit, Adam Silevitch, Cathy Filbin, Michale Giles, Alexis Miminos, Phil Collins, Andrea Gordon, Matt Konjoian, Jeff Rocca, David Sheppard, Caroline Chen, Daniel Coleman, Philip Delude, Greg Hackett, Sophie Lam, Kate Mason, Lindsay Ravens, Dorothy Stowe, Nathan Vantzelfde, Alan Ginsberg, Kirsten Rapp, Caroline Yao.

Outstanding effort in math: Jen Procopio, Siobhan Daniels, Kelley Donoghue, Kevin Jordan, Emma Kremer, Kate Roberts, Katie Rogers, Andrea Tuttman, Mike Wallace, Angeline Young.

Outstanding achievement in geography: Cara Chiaraluce, Michelle Danis, Cathy Filbin, Caroline Chen, Matt Konjoian, Sophie Lam, Alexis Miminos, Amy Weiner, Phil Delude, Andrea Gordon, Greg Hackett, Kate Mason, Susie Moffitt, Nathan Vantzelfde, Angeline Yang, Caroline Yao, Andy Bellistri, Kelley Donoghue, Jamie Kaplan, Lindsay Ravens, Adam Silevitch, Dorothy Stowe, Kirsten Rapp, Alan Ginsberg.

Outstanding effort in geography: Mike Wallace, Billy DeLuca, Jenny Detterman, Kate Roberts, Amanda Hoerner, Michelle Leary, Jennifer Procopio, Katie Rogers.

Outstanding academic achievement in science: Phillip Collins, Brian Galluzo, Amy Weiner, Lindsay Ravens, Mike Wallace, Dan Coleman, Emma Kremer, Caroline Chen, Jamie Kaplan, Dorothy Stowe, Cara Chiaraluce, Kelley Donahue, Sophie Lam, Gregory Hackett, Katherine Mason, Nathan Vantzelfde, Angeline Yang, Caroline Yao, Adams Turbett, Alan Ginsberg, Kirsten Rapp.

Outstanding effort in science: Andrea Gordon, Renee Lucas, Alexis Miminos, Cathy Filbin, Michael Giles, Andrew Bellistri, Kevin Jordan, Matthew Konjoian, Adam Silevitch, Kathleen Rogers, Michelle Danis.

Most improved in science: Jennie Detterman, David Shepperd.

Achievement in English: Marigold Webb.

Outstanding effort in English: Gary Barnaby.

Outstanding effort in math: Gary Barnaby, Christine Sherry.

Math League Award: Alan Ginsberg.

Continental Math League Award top scorer: Alan Ginsberg, Nathan Vantzelfde.

Excellence in French: Dorothy Stowe, Amy Weiner, Caroline Chen, Greg Hackett, Caroline Yao.

Excellent effort in French: David Shepperd, Jennifer Procopio.

Excellence in Spanish: Kirsten Rapp, Michelle Danis, Lindsay Ravens.

Outstanding achievement in Spanish: Nima Ashkebousi, Andrew Bellistri, Alan Ginsberg, Ketherine Roberts, Andrea Tuttman.

Super student in Latin: Christopher Brown, Billy Deluca, Phillip Delude, Michael Giles, Matthew Konjoian, Michelle Leary, Adam Silevitch, Nathan Vantzelfde, Angeline Yang.

Summa cum laude: Nathan Vantzelfde.

Magna cum laude: Philip Delude, Angeline Yang.

Cum laude: Brian Galluzzo, Michael Giles.

Grade 8/Western Warriors

Academic excellence in English: Kate Rammacher, Nicole Hayner, Desiree Croteau, Sam Pearson, Andrea Campbell, Caroline Crocker, Terah Chan, Kerri Krivelow, Emily Reimer, Jenny Shue.

Academic excellence in writing: Andrea Campbell, Caroline Crocker, Sam Pearson, Melissa Osborne, Jenny Shue, Justin Yee.

Excellence in public speaking: Caroline Crocker, Andrea Campbell, Benjamin Schmidt, Desiree Croteau, Kristen Dube, Desiree Adams.

Most improved in English: Evan Martin, Kristen Dube, David Mayer, Andrew Conlon, Amy Cataldo, Peter Gerstberger.

Academic achievement in science: Matt Arcidy, Jesse Greenspan, Liz Davis, Mark Rocca, Andrea Campbell, Desiree Croteau, Ben Schmidt, Jessica Schoen, Matt Schrader, Jenny Shu, Mike Alberico, Courtney Famiglietti, Kerry Krivelow, Tejal Patel, Jenny Lambert, Nicole Menschel, Terah Chan, Caroline Crocker, Pam Muller, Charles Daher.

Major improvement in science: Lisa Tomaszczuk.

Major effort in science: Phillip Hale.

Outstanding achievement in Spanish: Tejal Patel, Mark Rocca, Jessica Schoen, Matthew Schrader.

Continental Math League Award: Jenny Shue.

Excellence in Spanish: Desiree Adams, Nicole Haerer, Jenny Shue, Jesse Greenspan, Nicole Menscel.

Quiet competence in math: Stephanie Manners, Nicole Menschel, Kristen Munson, Jennifer Downes,

(Continued on page 18)

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West Middle awards

(Continued from page 17)

Jason Daly, Jennifer Lambert, Jesse Greenspan.

Most improved in math: Philip Hale, David Mayer, Meredith Martin, Nicole Pecoraro.

Excellence in mathematics: Michael Alberico, Daniel Gibson, Kirsten Houghton, Pamela Muller, Kate Rammacher, Desiree Adams, Tejal Patel, Andrea Campbell, Terah Chan, Caroline Crocker, Elizabeth Davis, Greg Roy, Jessica Schoen, Jenny Shu, Justin Yee.

Outstanding class participation: Matthew Schrader, Andrea Campbell, Mark Rocca, Jessica Schoen, Michael Alberico, Courtney Famiglietti, Daniel Gibson, Kate Rammacher, Nicole Menschel, Tejal Patel, Arlene Nardone, Stephanie Manners.

Grade 8/A-Team

Good citizenship: Janice Coppolino, Meghan Gillespie, Jehnson Gomez, Julie Hayner, Harold Lannon, Nick Miminos, Sue Polizzi.

Spark Plug Award: Pat Clark, Chrissy Ghiloni, Mike Macomber, Ruchi Sisodia.

Sunshine Club: Josh Bloom, Sarah Geyser, Karli Jaffee, Hillary Kelly, Ana Malvar, Jeff Olender, Bob Rawlinson, Kara Robidoux.

Homeroom assistants: Eric Frishman, 203; Liz Collins, 211; Andy McIntire, 212; Gloria Shen, 308.

Distinguished service for the school newspaper: Suzanne Polizzi.

Excellence in algebra: Meghan Gillespie, Jeff Olender, Andy Rubin, Karen Tessier, Laurie Willey.

Excellence in accelerated algebra: Jeremy Adams, Hee Jin Bang, Josh Bloom, Long Dang, Junya Ikuno, Dan Shue, Brian Wolk, Debbie Bauer, April Betty, Julie Hayner, Taj Kattapuram, Dave Nichols.

Outstanding achievement in honors level geometry: Sara LeClerc.

Most improved in algebra: Josh Shulman, David Ellsworth.

Excellence in Spanish: *High honors:* Hee Jin Bang, Jeremy Adams, April Betty, Josh Bloom, Dan Shue, Taj Kattapuram, Brian Wolk. *Honors:* Julie Hayner, Sara LeClerc, Long Dang, David Nichols.

Latin super student: Kevin Barry, Sarah Geyser, Michael Macomber, Robert Rawlinson.

Summa cum laude: Robert Rawlinson.

Magna cum laude: Karli Jaffe, Adrienne Ciampa.

Continental Math League Award top scorer: Josh Bloom.

Outstanding achievement in Spanish: Julie Hayner, Suzanne Polizzi, Andrew Rubin, Gloria Shen, Karen Tessier, Alexis Upton.

Most improved in Spanish: Senjit Sarkar.

National French Contest winner – 8th place in Eastern Division: Deborah Bauer.

Excellence in French: Hee Jin Bang, Debbie Bauer, April Betty, Josh Bloom, Taj Kattapuram, Dan Shue.

Excellence in social studies: Jeremy Adams, Hee Jin Bang, Debbie Bauer, April Betty, Julie Hayner, Taj Kattapuram, Sara LeClerc, Gloria Shen, Daniel Shue, Alexis Upton, Brian Wolk, Lisa Chang, Adrienne Ciampa, Laura Fish, Chrissy Ghiloni, Ruchi Sissodia, Laurie Willey, Josh Bloom, Ana Malvar, Janice Coppolino, Kevin Zuena, Craig Nelson, Suzanne Polizzi.

Most improved in social studies: Patrick Doerr, Heather Keeler, Heidi Gomes, Karen Tessier, Junya Ikuno, Chris Cuomo, Rebecca Ambro, Elizabeth Collins, Sarah Geyser, James Delaney.

Best participation in social studies: Karli Jaffe, Patrick Murphy, Senjit Sarkar, Eric Frishman, Andrew Rubin, Julie Tobin, Timothy Witman, Patrick Clark, Judy Huang, David Nichols, Michael Macomber.

Outstanding achievement in English: Hee Jin Bang.

Excellence in English: Jeremy Adams, Gloria Shen, Joshua Bloom, Suzanne Polizzi, Deborah Bauer, Taj Kattapuram, Sara LeClerc, Alexis Upton, April Betty.

Wordmaster champions: Hee Jin Bang, Deborah Bauer.

Perfect attendance

Grade 8

Long Dang, Jehnsen Gomez, J. Kenneth Groff, Nicole K. Haerer, Sean Higgins, Tejal Patel, Jennifer Jinshuan Shu, Holly B. Sullivan, Karen M. Tessier.

Grade 7

J. Paul Adams, Alexander John Berger, Christine Bevacqua, Edmond P. Boulanger, Gregory John Brennan, Laura Brown, Napua Camarillo, Danielle Castignetti, Caroline Chen, James Michael Cogliano, Priscilla Dias, Brian J. Galluzzo, David Helpern, Amanda Emily Hoerner, Peter Kimball Hughes, Hemant Joshi, Michael Kaczynski, Brianne Keefe, Jordan S. Klein, Matthew D. Konjoian, Sophie S. Lam, Christine Lentz, Jonathan R. Martin, Luis A. Santiago, Kristin Rose Sweeney, Jeffrey C. Tompkins, Katherine Mary Witman.

Grade 6

Nicholas D. Berger,

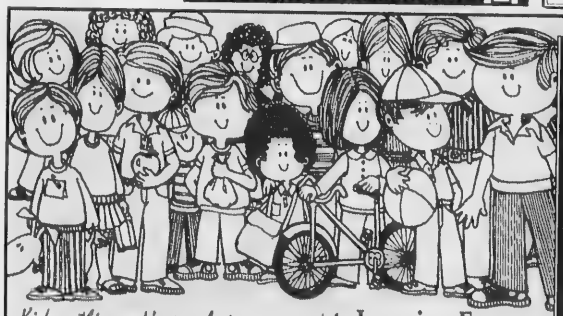
(Continued on page 19)

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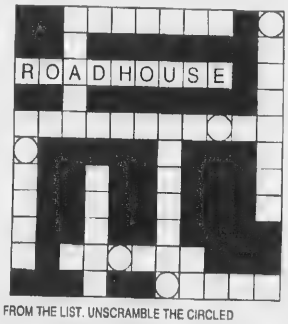


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West Middle awards

Continued from page 18

Amy Borden, Joshua Alan Brown, Christopher Patrick Cataldo, Rachel Anne Hartman, Yoon Sun Hyun, Patrick R. Jelson, Sora Kim, Lee Brewer Klarman, Brett B. Konjoian, Michelle D. Leahy, Nathan P. MacKenzie, Alia Mohammed, Paul Nardone, Leslie Janet Nichols, Bethany Erin Upton, Michael C. Shanahan.

Other awards

Miriam McArdle Award, for excellence in music

Choral music: Julie Hayner, Judy Huang.

Instrumental music

Band: Hillary Kelley, Sean Higgins.

Orchestra: Hee Jin Bang.

VFW awards, given to that student who has the highest qualities of loyalty and Americanism; given in memory of those who died in the service in World War II and all deceased members of the VFW Post 2128: Daniel Shue.

Daughter of the American Revolution Good Citizenship Medal, given to that student who shows these five qualifications in their school life: honor, service, courage, leadership and patriotism: Jennifer Lambert.

Lions Club Community Service Award, presented in honor of William (Bill) Doherty by the Lions Club to that student who has performed community service: Jehnsen Gomez, Jesse Gallagher.

Kenneth Sanford Mathematics Award, in honor of Kenneth P. Sanford, mathematics teacher 1965-1990: Hee Jin Bang, Jennifer Shu.

Janet Conte Memorial Award for excellence in foreign language study, in memory of Janet Conte, Andover foreign language teacher 1961-1981: French, April Betty; Spanish, Julie Hayner, Jeremy Adams; Latin, Caroline Crocker.

Faculty awards presented to those boys and girls who, in the opinion of the faculty, have demonstrated a high quality of character, loyalty, attitude and scholarship while students at West Middle School: Joshua Bloom, Melissa Cistoldi, Kate Rammacher, Jesse Greenspan.

Samaritan Award, in honor of Margaret Serley, dedicated teacher and samaritan: Jennifer Downes, Janice Coppolino.

Priscilla Lucy Loyalty Award, presented to those students who have displayed the greatest loyalty to the school: Karli Jaffe, Pamela Muller.

Student government officers: treasurer, Laurie Willey; secretary, Steven Arsenault; vice president, Amy Cataldo; president, Jesse Gallagher.

Assistant principal's award, to that student who has demonstrated the greatest personal growth and maturity during his/her years at West Middle School: Emily Riemer, Rebecca Ambro, Christopher Wholey, Jason Daley.

Kenneth R. Seifert Leadership Award, superintendent of schools 1961-1991: Suzanne Polizzi, Andrea Campbell.

Principal's award, presented to that boy and girl who, in the opinion of the principal, as a result of personal contact and observation, is that type of individual who meets the highest personal standards set by the school: Suzanne Polizzi, Samuel Pearson.

High honor awards, presented for outstanding achievement. In order to qualify for this award, a student must place on the high honor roll for four terms: Jeremy Adams, Hee Jin Bang, Deborah Bauer, April M. Betty, Joshua M. Bloom, Andrea Campbell, Terah Chan, Caroline Crocker, Julie Hayner, Taj Mary Kattapuram, Sara LeClerc, Gregory Rosenheck, Andrew S. Rubin, Jessica Schoen, Jennifer J. Shu, Daniel Shue, Brian Wolk, Justin Yee.

Send your college student's news to: On Campus, in the *Townsman*.

Party day at Memorial Hall Library

The Children's Room will celebrate the achievements of all participants in Memorial Hall Library's *Reading is Natural* program tomorrow, Friday, Aug. 11.

Younger readers are invited to a party at 11 a.m. and older readers at 2:30 p.m. Special certificates will be awarded and

(Continued on page 20)

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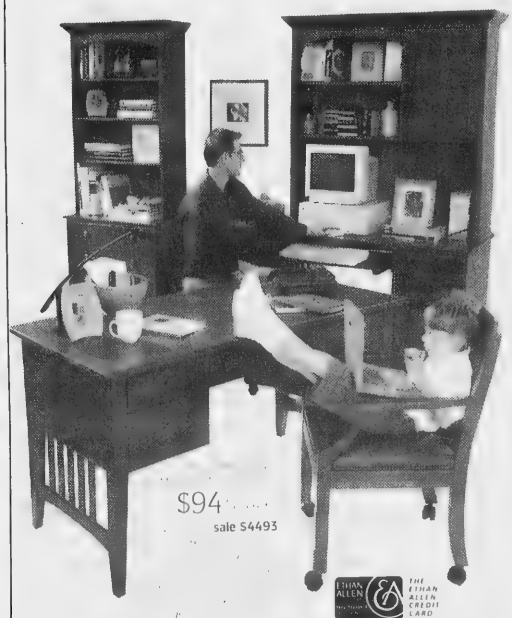
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MLS

ON CAMPUS

(Continued from page 14)



Marc Selvitelli

Marc Selvitelli, son of Bob and Pat Selvitelli of Andover, was awarded a bachelor of science degree in political science from Pennsylvania State University on May 14.

Mr. Selvitelli spent the spring semester of his junior year working in the guest relations department at Walt Disney World in Florida on an internship program.

He was active in the Theta Chi fraternity and was president of his chapter in his senior year.

Mr. Selvitelli graduated from Andover High school in 1990.

* * *

Julian A. Pedini of Andover, son of Drs. Kenneth and Egle D. Pedini, received his bachelor of arts degree Sunday, May 28, from Wesleyan University in Middletown, Conn. Mr. Pedini majored in the neuroscience and behavior program.

* * *

Lisa Perdigao, daughter of Arthur and E. Judith Perdigao, has been named to the dean's list at Boston College for the spring 1995 semester. The English and philosophy major is enrolled in the honors program.

* * *

R. Michael Pierro Jr., son of Jean Pierro of Osprey, Fla., and formerly of Andover, received a bachelor of arts in sociology from Eckerd College in St. Petersburg, Fla.

* * *

Two Andover residents have been named to the president's list at Plymouth State College for achieving a grade-point average of 3.7 or better during the 1995 spring semester.

In addition, two residents have been named to the dean's list for maintaining a grade-point average of between 3.5 and 3.69 during the same period.

President's list: **Lisa Ann Berberian** and **Kerri Ann Murphy**. Dean's list: **Christopher Fletcher** and **Dawn Savage**.

* * *

Abhishek Ranjan, 18, has been awarded the Holy Family Hospital scholarship. The scholarship is awarded to a graduating senior who has volunteered more than 200 hours, main-

(Continued on page 22)



Rep. Gary M. Coon and Holly Parker

Holly Parker of Andover is the 1995 summer intern in the Statehouse office of Rep. Gary M. Coon, R-Andover.

"I am pleased that Holly will be joining my office this summer," said Rep. Coon. "We hope that while providing us with valuable assistance, interns like Holly will benefit from the exposure to the daily activities of state government."

Ms. Parker will assist Mr. Coon and legislative aide Walter Radulski with constituent services, as well as legislative research and tracking.

The senior at Dartmouth College in Hanover, N.H., is a writing tutor and an undergraduate adviser to first-year students in her dormitory. She is pursuing a degree in English literature and recently returned from a term of study at Oxford University in England, where she began work on her senior honors thesis.

She hopes to return to Oxford for graduate work.

Party day tomorrow at Memorial Hall Library

(Continued from page 19)

there will be entertainment and refreshments. Approximately 500 children have been involved in the summer reading program. Many of them dramatically increased their reading confidence, while others have explored new areas of interest or discovered new favorite authors or series. The statewide Reading is

(Continued on page 21)

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Library hosting puppet theatre today, presenting kids' story about whaling

(Continued from page 20)

Natural program was sponsored by Memorial Hall Library and Massachusetts Regional Library Systems.

***

The Poobley Greegy Puppet Theater will present "Going, Going, Gone Whaling" today, Thursday, Aug. 10, at 2 p.m. The play is about 16-year-old Abner Wimpenney, who goes to sea in 1877 on the American whaling ship *Cachalot*. His misadventures are interwoven with the story of a baby whale learning the ways of whales from its mother. Abner eventually returns home, having learned that whaling is not for him.

Free tickets are available in the Children's Room.

Elementary school registration planned

Summer registration for all new students who will be attending Bancroft, South, Sanborn and West elementary schools will take place at West Elementary School from 7 a.m. to 2 p.m. on the dates listed here:

- South School: Monday and Tuesday, Aug. 14 and 15.
- Sanborn School: Wednesday and Thursday, Aug. 16 and 17.
- Bancroft School: Monday through Friday, Aug. 14-18.
- West Elementary School: Aug. 14-18.

To register a child, bring proof of residency in the form of a utility bill, purchase-and-sale agreement or a rental agreement.

A birth certificate must be provided for children entering kindergarten or from out-of-state.

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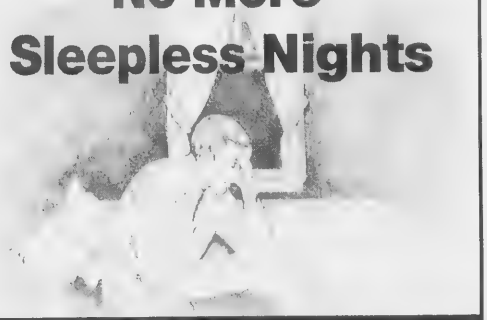
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ON CAMPUS

(Continued from page 20)

tained high academic standards and shown a genuine interest in the medical field.

Mr. Ranjan is the son of Swrajya M. and Urnila Ranjan; his mother owns Gallery Uptown at 28 Chestnut St. He ran on the varsity cross-country team all four years at North Andover High School. He will major in biology or chemistry at Colby College in Waterville, Maine.

* * *

The Greater Lawrence Board of Realtors presented its 27th annual scholarship awards, totaling $3,000, to three outstanding area youths, based on scholastic ability, need, extracurricular activities and recommendations from teachers and guidance counselors.



Jennifer Shanley

Jennifer Shanley of Andover, daughter of Laureen Shanley, received the $1,000 Marie Moson Memorial Scholarship. She will attend the University of Michigan in the fall.

* * *

Manish H. Shah of 22 Lucerne Drive was named to the spring-semester dean's high honors list at Case Western Reserve University in Cleveland, Ohio. Mr. Shah is a biomedical engineering major.

* * *

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WEDDINGS & ENGAGEMENTS



Abigail and Thomas Dougan

Dougan-Robb

Abigail R. Robb and Thomas Kenneth Dougan were married March 18 in St. Robert's Church. The Rev. Arthur Driscoll performed the double-ring ceremony.

Laurene Richards of Bloomfield Hills, Mich., was matron of honor. Bridesmaids were Aimee Phleger of North Andover, Kathy Dougan of Raleigh, N.C., the groom's sister, and Mary Robb, Carol Robb and Kate Robb, all of Andover, sisters of the bride. Sabrina Autrata of North Andover was flower girl.

John Gavin of Natick was best man. Groomsmen were Edward Meagher of North Andover, Peter Snow of Melrose, Robert Hamblet of Meredith, N.H., James Legacy of Hudson, N.H., and Adam Robb and Patrick Robb, both of Andover, the bride's brothers.

William Faulkner of Marblehead, the groom's uncle, Anthony Holboork of Hackensack, N.J., and Michelle Robb of Clearwater, Fla., the bride's cousin, gave the readings.

Guests attended from North Carolina, Florida, California, Michigan, Maryland, New York, New Jersey, Texas, Maine, Connecticut, England, Spain and Oman.

Following a reception at the Franciscan Center, the couple left for St. Kitts.

The bride is the daughter of Donald and Victoria Robb of Andover. She attended the University of New Hampshire and is manager of Loring, Short & Harmon in Andover.

Her husband is the son of Clinton and Jean Dougan of Ipswich. He received his bachelors degree in business administration from North Adams State College. He is manager of Beneficial Inc. in Leominster.

The couple live in Andover.

Be seen in the *Townsman* social pages.



Jamie Hook and Debbie Girdwood

Hook-Girdwood

Mr. and Mrs. Andrew M. Girdwood Jr. of Andover announce the marriage of their daughter, Deborah, to Jeremy J. Hook, son of Mr. and Mrs. Richard M. Hook of Denmark, Maine, on July 3 in Skykomish, Wash.

Debbie and Jamie were married following a hiking trip in the Northern Cascade Mountains. They live in Seattle, Wash., and plan to open a center for independent filmmakers.



Margaret and Tim Martell

Martell-Savio

Margaret Smith Savio and Timothy Robert Martell were married June 10 in the garden of the groom's parents. Justice of the Peace Samuel Leon of East Parish, Haverhill, performed the double-ring ceremony.

The bride was given in marriage by her brother, H. Michael Smith.

Maureen E. Smith, was her sister's maid of honor. Victoria Eileen Savio was her mother's bridesmaid. Nancy Jean Nicalora was flower girl.

Howard M. Martell Jr. was his brother's best man. Matthew Martell and Jarrod Martell were groomsmen.

Following a reception party and barbecue, the couple left for the Presidential Mountain Range of New Hampshire.

The bride is the daughter of the late Henry E. and Eileen S. Smith. The Andover High School graduate is a customer support analyst at Harte-Hanks Data Technologies Co. of Billerica.

Her husband is the son of Howard M. and Leah M. Martell of Woburn. The Somerville High School graduate is a dispatch manager.

The couple live in North Andover.



Alison and Robert Nixon

Nixon-Phleger

Alison Lee Phleger and Robert Stewart Nixon were married June 10 at St. Augustine Church. The Rev. Edward F. Boyle S.J. officiated at the nuptial Mass.

The bride, given in marriage by her father, wore her mother's imported ivory silk gown.

Julianne Murphy Bloom of Sharon was matron of honor. The bridesmaids were Aimee Damon Phleger of North Andover, Lynn Dowd of Brighton, Keri-Beth Blair Guerrette of Lynn, Nina Derba of Irvine, Calif., Patricia McParland of Andover, Kathryn Seeley of Crested Butte, Colo., Janet Nixon Vendice of Medford and Judith Nixon Whalen of Milton.

Gary Nixon of Stow was his brother's best man. The ushers were Paul Phleger of North Andover, Gregory Archer of Quincy, John Nixon of Foxboro, Jorg Bassiacos of Brookline, John Steel of Concord, C. Phillip Phleger of Boston, Thomas Dougherty Jr. and Eric Pender, both of West Roxbury.

Following a reception at the Copley Plaza Hotel in Boston, the couple left for Hawaii.

The bride is the daughter of Capt. and Mrs. Charles Phillip Phleger, U.S.N. (Ret.) of Andover. She graduated from Andover High School and the University of Massachusetts Amherst.

Her husband is the son of Mr. and Mrs. John J. Nixon of Brookline and West Yarmouth. He is a graduate of Brookline High School and the University of Massachusetts Amherst.

The couple will live in Marlboro.



Mallory and Douglas Price

Price-Fletcher

Mallory Elizabeth Fletcher and Douglas Colby Price were married June 17 at Christ Church in Portola Valley, Calif.

Peri Corless Fealy of Atherton, Calif., was matron of honor and Julie Arnautou of San Mateo, Calif., was maid of honor. The bridesmaids were Brooke Fletcher of Berkeley, Calif., the bride's sister; Amy Price McCord of Barrow, Alaska, the groom's sister; and Michele Jalbert Porter of Seattle, Wash.

Paul Bucci of New York City was best man. Christopher Richards of Watertown, J. Timothy Richards of Newport, R.I., and Michael Soltys of San Francisco, Calif., were ushers.

Laura Wall Klieves of Los Angeles performed a reading.

Following a reception at the Menlo Circus Club, the couple left for the Pacific Northwest.

The bride is the daughter of Howard and Phyllis Fletcher of Atherton. She graduated from Woodside High School and the University of Colorado in Boulder.

She was most recently the print buyer for Star Graphic Arts of Brisbane, Calif.

Her husband is the son of Meredith and Nancy Price of Andover. He is a graduate of Phillips Academy and Middlebury College and received an M.B.A. from Northeastern University.

He is associate director of admission at Choate Rosemary Hall in Connecticut.

The couple live in Wallingford, Conn.

OBITUARIES

Robert P. Hulburd
Taught and coached at PA

Robert Penniman Hulburd, 74, of Holmes Beach, Fla., died Saturday, Aug. 5, after a struggle with cancer.

Mr. Hulburd was brought up in Exeter, N.H., where his father was chairman of the mathematics department at Phillips Exeter Academy.



Robert P. Hulburd

Mr. Hulburd graduated cum laude from Princeton University in 1943.

He saw action in World War II. Nine days after being commissioned an ensign, Mr. Hulburd was headed for North Africa as a communications officer on an LST (tank landing ship). Eventually, his was the second ship to land on a Normandy beach on June 6, 1944. He made 88 English Channel crossings before being discharged as a lieutenant junior grade after three years of service.

Mr. Hulburd received a master's degree in German from Middlebury College. In addition, he studied for a year at the University of Munich.

He was an instructor of French and German at Middlesex School for six years and started the lacrosse program and helped coach football and hockey.

Mr. Hulburd joined the faculty of Phillips Academy in 1953 as an instructor in German. He eventually becoming chairman of that department. He served as director of the summer session, college placement, alumni affairs and the admissions office. He was also president of the alumni association of Phillips Exeter Academy, his alma mater.

Mr. Hulburd's lacrosse teams became New England powerhouses. In 1965 his team was undefeated, and during his last three years as head coach, his teams were unbeaten in prep school competition and were New England champions. His overall record for 16 lacrosse seasons was 153-35-1.

"He was not only a spectacular coach of lacrosse but was an unusual player," his colleagues said. He captained an undefeated team at Phillips Exeter and was a schoolboy All American. He captained a national championship lacrosse team at Princeton and was again an All American. He was New England Coach of the Year in 1969, and in 1980, while serving as assistant coach to one of his former players, he was named New England Lacrosse Man of the Year.

Members of his family include his daughters, Holly Hulburd of San Francisco, Calif., Lindsey Hulburd Walker of Carmel, Calif., and a son, Robert P. Hulburd Jr., of Bradenton, Fla.; and grandchildren, Tyler Penniman Hulburd, Sara Kenly Walker, and Spencer Cole Walker.

A memorial service will be held Friday, Oct. 27, at Cochran Chapel at Phillips Academy.

Memorial contributions may be sent to L.W. Blake Hospital Auxiliary, P.O. Box 25004, Bradenton, Fla. 34206.

Sophie A. Rimas
Niece lives in Andover

Sophie A. Rimas, 95, of Lawrence died Wednesday, Aug. 2, at Brockton Hospital.

Ms. Rimas was born in Lithuania. She came to the United States as a child and settled in Jay, Maine.

She also lived in Lewiston, Maine, where she received her education.

Ms. Rimas came to Lawrence as a young adult and worked in the textile mills.

She moved to South Boston where she attended St. Peter Lithuanian Church and worked as an assembler at Boston Paper Co.

She returned to Lawrence after her retirement and was a member of St. Francis Church, the Third Order of St. Francis and the League of Apostleship of Prayer.

Members of her family include her nephews, Charles Rimas and John Rimas, both of Methuen; nieces, Pauline Grazulis of Minnesota, Marion Ratto of Andover and Anna Cooper of Goffstown, N.H.; and many grandnieces, nephews and in-laws.

A Mass was celebrated Saturday at St. Francis Church. Burial was in Immaculate Conception Cemetery.

Arrangements were by Boles Memorial-Baron Funeral Home in Lawrence.

Memorial contributions may be made to the St. Francis Church Building Fund, 94 Bradford St., Lawrence, Mass. 01840.

Leo J. Michaud
Brother lives here

Leo J. Michaud, 77, of Tucson, Ariz., died Wednesday, July 12, at his home.

Mr. Michaud was born in Lawrence.

He was a machinist for Avco Co.

Members of his family include his wife of 56 years, Gertrude (Bennett) Michaud; son, Richard Michaud of Methuen; daughters, Claire Williams and Paula Michaud, both of Tucson; brothers, Fernand Michaud of Andover, Raymond Michaud of Florida and Normand Michaud of Lawrence; sisters, Gertrude Bennett and Simone Schelling, both of Methuen, Lucille Bassett of Florida and Jackie Baillargeon of Salem, N.H.; seven grandchildren; five great-grandchildren; and many nieces and nephews in the Greater Lawrence area.

Memorial services were held in Tucson.

Memorial contributions may be made to American Cancer Society, 14 Loon Hill Road, Dracut, Mass. 01826, or to Merrimack Valley Hospice, 1 Union St., Andover, Mass. 01810.

Obituaries
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Agnes Ainsworth, 77
Anna T. D'Agata, 76
T. Warren Gauthier, 71
Robert Penniman Hulburd, 74
Catherine V. Maxwell, 84
Leo J. Michaud, 77
Sophie A. Rimas, 95
Martha E.J. Snider, 85

Anna T. D'Agata
Calling hours are today

Anna (Carrozza) T. D'Agata, 76, of Methuen died Tuesday, August 8, at her home.

Born in Chicago, Ms. D'Agata lived in the Lawrence area for the past 65 years.

[Continued on page 25]

Obituaries are a free service of the *Townsman*, which receives information from funeral homes and family members. Fax news to 470-2819.

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Consider These Thoughts

by Garry A. Burke

A GLIMPSE OF ETERNITY

It is no mistake that people have always found difficulty in defining Love. Most shape their definitions around personal experience and actions which, though they may be specifically recounted, are not necessarily universal. Even those who have ideas about Love in its universal forms have difficulty expressing their notions. Perhaps this is due to the fact that Love is as much energy as it is emotion, two entities that are exceedingly difficult to quantify. If so, Helen Hayes may have put it best: "The truth [is] that there is only one terminal dignity - love. And the story of a love is not important - what is important is that one is capable of love. It is perhaps the only glimpse we are permitted of eternity."

When a death occurs, family members are put under considerable stress. There is a need for them to share in the decisions and concerns regarding funeral arrangements, and there is also a need for them to come to terms with the actual event taking place. It is a time for them to express their love, respect, and grief, and they will be forever grateful to you for relieving them of any decisions to be made regarding the funeral arrangements. For more information about funeral arrangements, call **BURKE FUNERAL HOME** at **475-5200.** We are located at **390 North Main Street.**

QUOTE: "The heart of him who truly loves is a paradise on earth, he has God in himself, for God is love."
Felicite Robert de Lamennais

OBITUARIES

Anna T. D'Agata

She graduated from Lawrence High School in 1936.

Ms. D'Agata retired from Raytheon Company in 1983. She worked at both the Andover and Lowell facilities during her career.

She also worked for Greico Bros. and Western Electric.

Ms. D'Agata was a member of the St. Rita Sodality and attended St. Lucy Church.

She enjoyed dancing and socializing with friends and family.

Members of her family include her husband of 52 years, John D'Agata of Methuen; sons, Alfred C. D'Agata of Haverhill, and John J. D'Agata, and his wife, Kathryn D'Agata of Pelham, N.H.; sisters, Rose Rozzi of Methuen and Francis Maugeri of Andover; three grandchildren; and several nieces and nephews.

Calling hours are today, Thursday, from 2 to 4 and 7 to 9 p.m. at Cataudella Funeral Home, 126 Pleasant Valley St., Methuen.

A funeral Mass will be celebrated tomorrow, Friday, at 9 a.m. at St. Lucy Church, Methuen. Burial will follow in Bellevue Cemetery, Lawrence.

Memorial contributions may be made to the Merrimack Valley Hospice, 1 Union St., Andover, 01810, or Holy Family Cancer Management Center, 70 East St., Methuen, Mass. 01844.

T. Warren Gauthier

Longtime town resident

T. Warren Gauthier, 71, of 49 Chandler Circle, died Tuesday, Aug. 8, at Holy Family Hospital in Methuen.

He was a longtime Andover resident.

Members of his family include his wife, Julia M. (Andrukaitis) Gauthier of Andover.

Arrangements will be by the Boles Memorial-Baron Funeral Home, 184 Jackson St., Lawrence.

A complete obituary will be published next week.

Catherine V. Maxwell

Her sister is a nun at St. Augustine Convent

Catherine V. Maxwell, 84, of Methuen died Sunday, Aug. 6, at Nevins Home in Methuen.

Ms. Maxwell was born in Lawrence. She received her education at St. Mary's Grammar School and graduated from Lawrence High School.

She had been a resident of Methuen for more than 35 years and attended St. Mary Church.

Ms. Maxwell was a clerk at the former Mahoney's Drug Store in Methuen for many years.

She was a member of Lawrence Senior Citizens.

Members of her family include her sisters, Sister Joseph Margaret Maxwell, SND, of Rome, Italy, Sister Marion Patricia Maxwell, SND, of Springfield, Sister Ann Maxwell, SND, of St. Augustine Convent in Andover and Eleanor Ratte of Lawrence; a brother Joseph Maxwell of Lawrence; and several nieces and nephews.

A Mass was celebrated Wednesday at St. Mary Church. Burial was in Immaculate Conception Cemetery.

Arrangements were by Pollard Funeral Home in Methuen.

Memorial contributions may be made to Henry C. Nevins Home, 10 Ingalls Court, Methuen, Mass. 01844.

Agnes Ainsworth

Retired from Raytheon

Agnes (Iggy) (Boria) Ainsworth, 77, of Ridge Road died Monday, Aug. 7, at Holy Family Hospital in Methuen.

Ms. Ainsworth was born in Lawrence. She had been living in Andover for 10 years.

She was retired from Raytheon in Andover and was a member of Holy Rosary Church in Lawrence.

Members of her family include her daughter, Hilda Ainsworth of Lawrence; brothers, Carl J. Boria of Fernandena Beach, Fla., and Thomas Boria of Kittery, Maine; and several nieces and nephews.

A Mass will be celebrated today, Thursday, Aug. 10, at 9 a.m. at Holy Rosary Church. Burial will be in Elmwood Cemetery in Methuen.

Calling hours were scheduled for Wednesday, Aug. 9, from 3 to 8 p.m. at Cataudella Funeral Home, 126 Pleasant Valley St., Methuen.

Martha Snider

Was Andover resident

Martha E. J. Snider, 85, of 193 Jenkins Road, died Wednesday, Aug. 9, at her home.

Arrangements will be by the Croswell Funeral Home, 19 Bow St., North Reading.

A complete obituary will be published next week.

More historical firsts in Andover

By the staff of the Andover Historical Society

Andover is about to have its 350th anniversary. Here is a selection in a series entitled "Some Andover Firsts" written by Eleanor Motley Richardson for your local history knowledge and to encourage you to buy Andover, A Century of Change: 1896-1996. The book will be available Oct. 1.

Town life

The first town sewer system construction began 1898. Town Meeting voted $80,000 for the project. The *Andover Townsman* reported in 1898 that Italians working on the new sewer were being paid 12½ cents per hour, or 13½ cents for experts. The Board of Public Works reported in 1903 that they had made 367 sewer connections.

The Eighth Annual Report of the Water Commissioners, dated Jan. 12, 1897, states, "The only proper and just way to equalize water rates, when more than one faucet is used on the same premises, is to measure the water used." The first water meters were introduced that year.

A trial week of electric street lighting was conducted in 1889. The first contract with Andover Electric for electric streetlights was made Sept. 21, 1891. The contract provided for 31 arc lamps at 1200 candlepower each, and 56 incandescents at 25 candlepower each. Lights would stay on until 12:30 a.m. Beyond that contract, Town Meeting had to vote for each new streetlight to be installed at a cost of $70 per year for arc lights, and $16 per year for incandescents. Articles for individual streetlights were posted on the warrants for years afterward.

Poles were set for the first electronic railway (trolley) from Andover to Lawrence in 1891. "A horse of contractor Locke was left hitched in front of the Tyer Rubber Factory. An electric car went by and startled the animal. The horse did considerable damage to the car before anyone could manage to settle him down."

The first electronic town fire alarm system was introduced in 1898. A telephone was installed between the pumping station and the superintendent's house for communication in case of fire. In its annual report, the Water Commission observed, "The telephone is also a very great convenience in the ordinary routine work."

The first Park Commission was created in 1898. Town Meeting voted to purchase Richardson field, corner of Chestnut and Bartlet streets, on March 6, 1899, for use as a public park. The first bandstand was built in The Park in 1910. Pomps Pond was first opened to the public Aug. 1, 1923.

Selectmen were authorized to name the streets of the town formally for the first time in 1901. The first committee members were William Goldsmith, Samuel H. Boutwell and John S. Stark. They had first begun numbering the streets in 1894.

Columbus Day was first celebrated in 1910.



There's no need to race to the newsstand every Thursday.

The Andover Townsman delivers news about Andover.

Home delivery

ANDOVER TOWNSMAN

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Andover native Ted Cole stands by the only Japanese aircraft left undamaged by Allied air and sea attacks at Truk atoll, a major Japanese military base. A ship's photographer, Mr. Cole was one of the first Americans at the site after the surrender in August 1945.



Photo by Ted Cole/Special to the Townsman

Malnourished Japanese soldiers stand in formation during an American inspection of the Japanese military base at Truk atoll Oct. 3, 1945. Blockaded and bombarded by Allied forces, about 4,000 Japanese soldiers and sailors died on the islands during the last year of war, according to the cruise journal of the *U.S.S. Columbia*. More than half of those deaths were from malnutrition and disease.

Andover veterans talk about the war's end

(Continued from page 1)

here for the first time outside of the ship's cruise journal. The photos are of the salute of the Japanese commander as he came aboard the *Columbia* to negotiate occupation terms; emaciated Japanese soldiers and sailors standing at attention on the atoll as the American general passed; and the wrecked airplanes littering what once was one of Japan's largest airfields.

"There was nothing left of it. It was flattened. Only one building was left standing," said Mr. Cole. "One and only one plane... would have been flyable."

What had almost as much impact on Mr. Cole was the survival of the island's natives. During the Allied bombings and the year-long blockade, he said the natives managed to avoid both the Japanese and the Americans, appearing healthy and well-fed when the Americans landed.

"The natives were in great shape," said Mr. Cole. On seeing the American fleet arriving at the island, he said, "They all came out of the jungle with their best clothes on."

* * *

For 48 years, the newspapers laid in a corner of an attic.

"I had them tucked away with a lot of mementos from the war," said Donald Sherman, of Smithshire Estates. "When they started talking about the 50th anniversary, I started looking back."

As a member of the 133rd anti-aircraft gun battalion, Mr. Sherman fought in Europe during 1944 and 1945. When victory there seemed assured, his battalion was sent to England to train in recognizing Japanese aircraft instead of German.

His battalion was about to ship out to join the war in the Pacific when word of the Japanese surrender came.

"'Everybody just breathed a sign of relief that it was all over and we'd be going home soon," said Mr. Sherman.

With its headline proclaiming "War Ends," the Aug. 15, 1945 edition of *The Stars and Stripes* – the newspaper of the armed forces – was very popular with the troops, according to Mr. Sherman.

He saved the issue, and several more, managing to get the papers back to the states in good condition.

But for many years, they laid in the attic, he said.

With the 50th anniversary of victory, Mr. Sherman brought out the old issues, and the memories of the final days of war.

The newspapers contained pictures of American POWs being released from a camp near Yokohama, a description of the Nagasaki destruction, and the Aug. 14, 1945, statement of a Japanese major general, insisting that the atomic bomb, not the entry of Russia, forced Japan to

(Continued on page 29)

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Gardens

planning for the next season. With the help of his daughter, Erin, an eighth-grader at Doherty Middle School, he dug in more than 350 tulip bulbs last fall and was rewarded by a cluster of spring colors.

A printer who spends daylight hours at home, Mr. Collings says once he has constructed a garden he only has to spend 15 minutes here and there maintaining it. His goal is to cultivate his entire front yard into bloom.

Gardens soften high tech

Two local gardens temper the sharp edges of high tech. Located in the east courtyard of Oliver Wendell Holmes Library at Phillips Academy, these tiny gardens wrap around two windows into cyberspace. Glass pyramids in the center of the two built-up brick-faced gardens let light into the Computer Literacy Center in the library's below-ground level. They are similar to the I.M. Pei-designed glass pyramid that lets light into the underground addition to the Louvre in France.

Around them, Carol Figgins, Phillips Academy's horticulturist, has planted two low perennial gardens in memory of Lee Breed, the mother of alumnus George Breed and an active gardener.

Because Ms. Breed loved blue and white, which are PA's colors, Ms. Figgins planted dwarf French hybrid Meyeri Palibin lilacs, Virgo white roses and low blue hollies, intermingled with blue and white irises.

A garden in the glade

Almost concealed in leafy glade to the south of the Addison Gallery of American Art at Phillips Academy is Cochran Garden. Secrets lie among its native New England greens.

In the southwest corner of this garden, a protective verdant nook in the white-heat of August, stands what resembles a Celtic rune with a watering hollow for hummingbirds. The monolith is actually the cornerstone of the old Gothic-style 1820s Andover Theological Seminary chapel, which was once where the gallery stands now, says Ruth Quattlebaum, the Phillips archivist.

"In that fountain there definitely is a spirit; maybe that spirit is Mr. Cochran," says Ms. Figgins. A partner of J.P. Morgan, Thomas Cochran gave generously to rebuild the campus in New England Georgian style in the 1920s.

But among the heuchera, Canterbury bells and cobblestones, and overshadowed by yarrow and yew, reside other spirits, mythical beasts. The dozen or so ocher-colored members of a ceramic bestiary were created by the former visual studies students of Audrey Bensley, who taught pottery at Phillips. The creatures were left behind when the students graduated.

"Diz Bensley (former head of the art department and Audrey's husband) gave me the beast collection. He wanted to give them a home. They're the biggest attraction," says Ms. Figgins.



Photos by Lisa Adelsberger

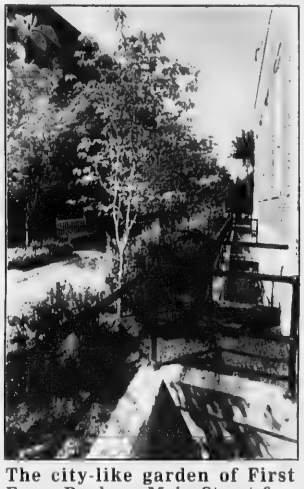
The tiny gardens at the Oliver Wendell Holmes Library at Phillips Academy have glass pyramids that let light into the Computer Literacy Center in the library's below-ground level.



Bob Johnston checks out his carefully-planned garden.



A dozen or so ocher-colored trolls were created by former visual studies students at Phillips Academy.



The city-like garden of First Essex Bank on Main Street features benches in a vest-pocket garden.

First Essex invests in gardens

Moving down Main Street, to the First Essex Bank across the street from CVS, we find another type of garden.

"For the front of the bank I had in mind the small entry areas of the garden spaces in Back Bay," says Laura S. Rutledge, landscape architect of Berarducci Rutledge in Boston.

She designed the four urban gardens surrounding the First Essex Bank. The imposing brick and granite building was once Andover's post office and is listed on the National Register.

Two Merrill magnolias, hydrangeas and golden Stella D'Oro daylilies frame the cherry doorway in a stately manner.

To border the north-side entrance, which is designed for wheelchairs, Ms. Rutledge planted small cream white Kousa dogwood.

At the building's south side, a walkway to the parking lot has become a narrow city garden bordered by white azaleas, Florida dogwoods and three Zelkova trees chosen because their branches do not hang down.

English teak benches invite bank patrons to sit a while and count their treasures. The hip-roofed automatic teller machine is within easy reach.

Consider these lilies

Moving west, we visited the Iron Gate Drive garden of Jennifer Evans.

"I have a passion for them; Oriental lilies and daylilies are very easy to grow," says Ms. Evans.

With the help of her daughter, Olivia, age 3, Ms. Evans mainly grows members of the lily family in the small gardens that surround her West Andover home. Her lily plantings offer a continuum of these tall stately flowers throughout the warm months.

Progressing from shades of yellow, to salmon, to red, with several bi-colored specimens, the west-facing daylilies put forward flowers all summer, although each blossom blooms for only a single day.

Stargazer and trumpet lilies, members of the Asiatic family, are reaching their peak now. Ms. Evans' Japanese hybrids unfold later in August. She has been experimenting with an unusual Crocosmia lily, a miniature rose-colored lily flower on an iris stalk.

To solve space considerations, Ms. Evans gangs her annuals together in clay pots on a stone retaining wall.

Johnston gardens

Anne and Harold Johnston have designed their vegetable and flower beds at 18 Nutmeg Lane with more than a little strategic planning.

Because Mr. Johnson has some medical problems that make it difficult for him to kneel down to weed, they designed several raised planting beds. Each foot-high wooden container measures 10 feet by 8 feet for a total of almost 500 square feet of controlled vegetation.

The beds contain a seasonally changing array of vegetables, including 2-foot-wide cabbages and seven different varieties of tomatoes. The tallest tomato plant reaches well above 6 feet.

To keep down weeds, the Johnstons carpet the walkways with red hemlock bark mulch.

To defend themselves against Andover critters, they installed an electric fence. After a ravenous groundhog with three young in tow wiped out their entire garden in one night, the Johnstons decided to put up a fight. The electric fence keeps out the lowdown rodents, says Ms. Johnston, but it won't entirely keep the raccoons out of her pale pink champagne grapes.

The Johnstons call themselves organic gardeners. They compost the garden waste and turn it back to enrich the soil. They do not use pesticides. When they constructed their backyard garden more than a decade ago, they arranged to bring in new topsoil because of what they believe is possible arsenic contamination in the soil due to use of the land as an apple orchard.

With horticultural tools hanging from the hooks in orderly fashion, the wooden potting shed is the envy of most gardeners who heave their tools into some corner of the garage and quickly slam the door shut.

A cement winged garden spirit watches over their handiwork.

~ A Comparison of Poverty Statistics from the 1990 Census ~

Town → / Category ↓	Belmont	Chelmsford	Lexington	ANDOVER	No. Andover	Needham	Tewksbury	Wellesley
Household median income	$53,488	$53,971	$67,389	$61,070	$51,692	$60,357	$52,572	$79,111
Per Capita Income	$26,793	$21,814	$30,718	$26,327	$22,957	$27,935	$18,224	$32,253
1990 Population	24,720	32,383	28,974	29,151	22,792	27,557	27,266	26,615
Number of residents below the poverty level	883	819	747	854	608	896	1026	643
% of total population in poverty	3.6%	2.6%	2.6%	2.9%	2.8%	3.3%	3.8%	2.8%
Senior population (65+)	← Actual Numbers Not Available →							
% of seniors in total population	18.2%	9.7%	16.6%	10.7%	12.3%	16.8%	9.4%	14%
Number of seniors in poverty	194	164	175	280	168	250	290	198
% of seniors in poverty	4.4%	5.6%	4.0%	**9.1%**	6.6%	5.7%	12.1%	5.8%

9.1% of Andover's seniors are poor

(Continued from page 1)

In fact, Andover has significantly more seniors living in poverty than Chelmsford, North Andover, Needham and Wellesley, all communities with similar incomes and populations. Approximately 9.1 percent of Andover seniors can be classified as poor, more than twice the percentage living in places such as Lexington and Belmont.

Surprised? Those who work with senior citizens in this apparently affluent community are not.

"Actually, I thought it would be higher," Doreen Correnti, director and owner of Andover-based Geriatric Assistance Inc., said of the 9.1 percent figure. "I wouldn't say it's 25 or 30 percent, but I would think it's slightly higher. When was the last time the census was taken, 1990? It's closer to 11 or 12 percent now."

"I can tell you a lot of people we see are high poverty whether it's Andover, Lawrence or Methuen," said Deborah Reiter, the VNA's director of community education. "I can guarantee you (the nurses) have probably seen stuff that you and I wouldn't want to think about."

How could this level of poverty go unnoticed by the general population in what is considered a wealthy town?

Officials who work with the elderly say one of the reasons is because it's difficult to tell when someone is in poverty because they may have nice belongings, but an insufficient income.

In fact, Lt. Arthur Ricci, a 20-year police veteran, said that although he realizes the problem exists, he can't remember a single police report requesting help from Elder Services because of a serious money problem.

"I don't think that you would ever know that a senior was in poverty just by the physical setting. It's extremely difficult to tell. Most of the folks are living in nice homes," said Ms. Correnti.

Another reason seniors can live in poverty without people noticing is because many are too proud to ask for help, said Niki D'Esopo, the outreach coordinator at the Andover Senior Center. Many have worked their whole life and feel embarrassed to seek help.

"That's one of the stigmas we're trying to break through. Pride shouldn't stand in the way of these services," said Ms. D'Esopo.

Why so high?

Another question raised by the statistics is why Andover would have a higher percentage than supposedly-similar communities.

Town Manager Buzz Stapczynski suggests that the type of housing offered to seniors in this area may help explain the difference.

"I think the issue that you have to look at in Andover is the number of affordable housing we have. I think it's not a coincidence that the number of affordable housing is around 10 percent," he said.

Another theory is that a high tax rate can force older homeowners into a difficult position. "Yes, there is the expression that people are house poor. That's a valid point and I would have to think that through a bit more," conceded Mr. Stapczynski. "I would think that's why the tax-voucher program we initiated has been so popular.

"(But) the percent isn't really at issue. What's at issue is, are these people being served," he said. "My concern is not so much on the numbers but are there services to provide a safety net for these folks."

Mr. Stapczynski points to surveys that show Andover is providing for these people but acknowledges not everyone returns town surveys. Additional information on how well Andover is doing to reach senior citizens may be available this fall after the town compiles the results of a recent health-department survey. Nearly 45 percent of the people who received a survey responded.

During conversations some health providers did comment positively on Andover's efforts and on the communication among different agencies. Andover's Meals on Wheels program also reaches about 45 people, said Ms. D'Esopo.

> ***'That's one of the stigmas we're trying to break through. Pride shouldn't stand in the way of these services.'***
>
> **Nike D'Esopo, outreach coordinator at the Senior Center**

"I think that this town supports families in that they have the Council (on Aging), the center and I don't know many towns that give the built-in support that this town does," said Margaret Penkus, a health and elder-care specialist.

But many seniors, particularly ill seniors, live sheltered lives and others are simply too proud to acknowledge they have financial problems, said elder-care officials.

Do people fall through the cracks?

"I'm sure they do. Yes, they certainly do because unless you have some kind of physical problem and go to a doctor or get a visiting nurse, people don't realize" the situation, said Ms. Weiskopf. "But I would think quite a few would be getting service because if you can't buy the right food and if you can't afford to go to the doctor then you would eventually get sick. Then we would see these people."

Spending to the poverty level

By Neil Fater

In her mid-70s and unknowingly walking on a broken foot, Alice X would trek across town to care for her wheelchair-bound brother. After he died, she had her foot examined and came home from the doctor's with a cast on her leg. And then things got worse.

Alice learned her husband was gravely ill as well. He died last September.

"Things were going so (badly) that I didn't even think about how things were," she said, her eyes filling with memory.

Alice (who asked that her full name not be used to avoid attention) is part of what some health-care providers consider an under-serviced, at-risk group: Those who make enough to avoid the label of a senior in poverty, but who can be forced by circumstance to spend themselves there.

"I see this population as very needy," said Margaret Penkus, a health and elder-care specialist for Greater Lawrence's Family Service Association. "The people who are impoverished definitely get entitlements, whereas a lot of people I see are just above that (poverty) line and have to spend down to that level."

Alice, a life-long West Andover resident, is a perfect example of this.

While her husband was alive, the two lived on their Social Security checks, their only source of income. Although clearly above the poverty line, Alice often spent her own money to care for her brother, who lived alone in a housing complex.

"She bought him food, she bought him clothing and that sort of thing. That came out of her pocket," said Ms. Penkus, who helps elders with their problems. "My issue or concern is that in the health-care system, the family's the backbone because they're the care-givers."

As a result, an illness in the family frequently will force a senior citizen into financial difficulty. For instance, when Alice's husband was sick they bought extra medical insurance to fill in the gaps in their existing coverage. Alice said this coverage "helped a lot" during her husband's last months, but Ms. Penkus points out that the coverage further tapped into the family's strapped income.

Rising taxes – the other known nemesis of seniors on a fixed income – also have affected Alice, and currently seem her chief concern.

According to Alice, when she purchased her house years ago she figured once the mortgage was paid she'd be all set. She never counted on taxes rising so high they'd make people she knows sell their homes and move into housing complexes.

"When you pay off everything you figure everything's going to be OK,

(Continued on page 29)

War's end

Continued from page 26

seek a quick end to the war.

A headline that also drew quite a bit of interest from the soldiers in his battalion, said Mr. Sherman, was that of Aug. 18, 1945 – "All But 260,000 Home by June 30."

Mr. Sherman returned to the states on March 25, 1946.

* * *

For Ted Cole's brother, Al Cole, the moment that perhaps most signified the end of the War was "letting the prisoners out of Santo Tomás prison."

The Pine Street resident was among the Allied forces that liberated Santo Tomás in the Philippines, where nearly 4,000 American internees had been held for 37 months.

The image recorded in the March 5, 1945 *Life* magazine was the image that stays with him, he said hundreds of the freed prisoners crying and waving the American flag in front of the prison.

* * *

"This will not be the last time these World War II veterans muster to salute their fallen comrades. Family members and friends will feel the pain of their losses until the day they leave this earth. But this is likely to be the last time that collectively, we, as citizens of this town and of this nation, will pay special tribute to the 60 men from Andover... who were killed in action or who died as a consequence of that conflict." – The late Rear Adm. James Prout, an Andover native, in his Memorial Day speech for the town's May, 1995 ceremonies. Admiral Prout died in a jet crash a week before the ceremony; the speech was read by his friend, Admiral Thomas Marfiak.

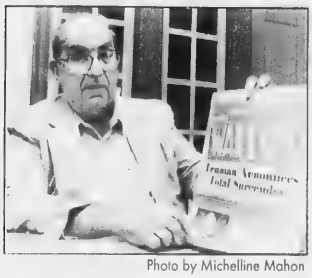


Photo by Michelline Mahon

Donald Sherman of Smithshire Estates shows his copy of a 50-year-old newspaper, *The Stars and Stripes*.



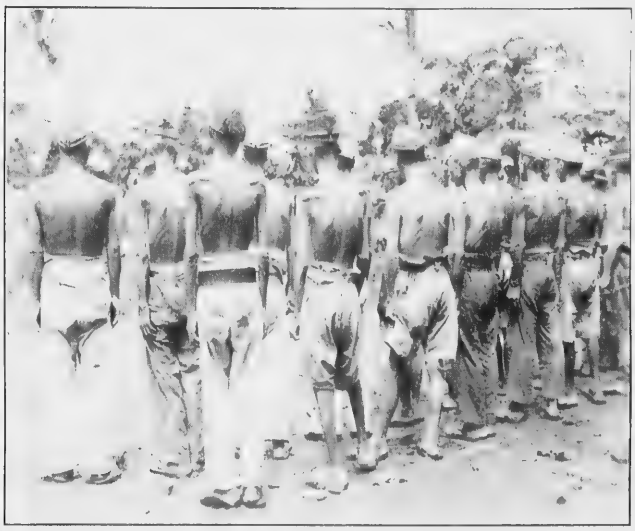


Photo by Ted Cole/Special to the Townsman

Malnourished Japanese soldiers stand in formation during an American inspection of the Japanese military base at Truk atoll on Oct. 3, 1945. Blockaded and bombarded by Allied forces, about 4,000 Japanese soldiers and sailors died on the islands during the last year of war, according to the cruise journal of the *U.S.S. Columbia*. More than half of those deaths were from malnutrition and disease.

Photo by Ted Cole/Special to the Townsman

◀ **Lt. General Shunzaburo Magikura, commander of the 31st Imperial Japanese Army and military chief of the command based on Truk atoll, salutes as he boards the *U.S.S. Columbia* on Oct. 3, 1945.**

During the next several weeks, the Townsman will publish pictures and stories about the final days of war if residents choose to share them. Town residents interested in sharing their experiences, both abroad and stateside, can contact Joan Brown or other staff members , 475-1943.

What does it mean to live in Andover in poverty?

By Neil Fater

What does it mean to be a senior in poverty?

According to Leslie Weiskopf, a community health nurse, for a woman who didn't work and has lost her husband it can mean living on a monthly $300 Social Security check.

"They pay about one-third of their income for housing, which isn't much, but it doesn't leave them with much," she said. Because women typically live longer than men, "I guess a lot of these people living in poverty are women."

Although each senior's situation is different, there appear to be some common living conditions that many seniors in poverty exhibit.

Living standards are typically worse for those seniors who have suffered an illness and consequently have difficulty keeping up with chores, such as shopping and washing.

Those who provide elder services say poor eating habits, sloppy living conditions or poor health – because the seniors are not picking up their medication – are among the common conditions.

According to Niki D'Esopo, the Senior Center's outreach coordinator, in some cases there is "misuse of medication – skipping a pill here and there to make it last longer."

Although some seniors are in poverty on paper because they have transferred funds to their children, Doreen Correnti, of Geriatric Assistance Inc. and a Council on Aging member, said most poverty cases are legitimate. And when the senior's family lives far away, the senior's living condition can deteriorate quickly – particularly if the senior has a physical problem.

Ms. Correnti said she remembers a woman whose high school neighbor ran errands for her. When he went off to college, "it sometimes was two or three weeks before she had a (wealth) of groceries in the house," she said.

"Generally there's canned goods left in the house," said Ms. Correnti. "It is not unusual to see an entire freezer with two or three entrees in it."

"They can't get to the doctor's office, they can't get to the grocery store, they can't do anything," said Ms. Weiskopf, describing the life of some of her bedridden patients. "If you have enough money you can pay someone to take you someplace, and a lot of people do."

While many Andover seniors are in fine financial position, for the 9.1 percent poor and even for those slightly above that line, it often can be difficult to pay for needed services.

"Don't underestimate the element of isolation in this formula. Because they're not exposed to the community, they don't know what's out there," said Ms. Correnti. "I don't really think it's different in Andover but I think because children do move away and they're not as active with their parents in investing their assets" the parents can fall into financial difficulty.

"A lot of them don't trust banks still," she said. "We have some clients who don't have a checking account.

"I think it would be helpful if town members got involved in seniors' lives," said Ms. D'Esopo.

People can volunteer to join services such as the "friendly visitor" program, where people visit senior's homes and spend time with them.

Spending to the poverty level

Continued from page 28

but then they come out with different taxes. When I retired (12 years ago) the taxes weren't so bad," she said. "It was better, too, for me because when my husband was living, there were two checks. With one check it's kind of hard."

Ms. Penkus said struggling with one check is "an issue for every partner" who's lost someone. Alice said she hopes to become involved in Andover's senior voucher program that allows seniors to volunteer their time in exchange for a $500 tax voucher.

But Ms. Penkus said her main concern revolves around how seniors just above the poverty line – who aren't entitled to the same state assistance as those technically in poverty – will pay for long-term care. With a limited income and limited assistance from the state, these seniors may not be able to hire the help they need.

Fortunately for Alice, she currently appears strong and healthy. This is, after all, a woman who cared for her brother while walking on a broken foot, and who cared for her husband while wearing a cast.

She mows her own lawn and in the winter shovels her own driveway. She said she doesn't hire someone because "it costs too much to have someone do it... A couple of times a neighbor stopped and helped me out."

EDITORIALS

Blaming isn't a solution

Newspapers, politicians, the guy on the street – it seems people feel compelled today to debate if the United States was justified in dropping the atomic bomb on Hiroshima 50 years ago this week.

Whether it saved lives of American servicemen, while killing more Japanese soldiers and civilians, or not, is not, we believe, a subject worthy of a lot of energy.

President Truman made the decision to drop it, or President Roosevelt before him started the A-bomb machine moving, and that's that. It happened. The point today is to mend war wounds and to do our best to avoid other wars.

Talking about a past war is one way of healing wounds, but laying blame on one party, or one man is senseless. It isn't going to take back the two bombs the U.S. dropped on Japan, and it isn't going to undo the 48 deaths of Andover soldiers killed in World War II.

The account from this newspaper of the end of the war and how Andover celebrated 50 years ago is moving. In part, the paper reported, *"It came over the radio at 7:00, and as the "Star-Spangled Banner" came to its stirring end, Andover did just what every other country did – went slightly and justifiably crazy."*

How to write to the *Townsman*

The *Townsman* welcomes readers' letters.

Letters must be signed with a name and address and should be no longer than two typed pages, double spaced. Shorter is better.

Please include a phone number, in case there are questions. It won't be published.

The editor reserves the right to edit letters for length, space, clarity, taste or libel.

Letters that are obviously part of writing campaigns, will not be published.

Send letters to the Andover Townsman, 33 Chestnut St., Andover MA 01810. Or fax letters to 508-470-2819. Or send letters by e-mail: Townsman is the address for America Online and Townsman@aol.com is the e-mail address via the Internet.



Photo by Micheline Mahon

Ryan Sirois holds up his fish prize from Pomps Pond while his brother, Jeffrey Sirois, admires it.

When doors were unlocked

By Perry Colmore

My husband and I bought a piece of pottery – a lovely black and brown casserole dish – in Maine last weekend. We originally met the potter in Andover, when he comes here to sell his wares during a Christmas show at the home of mutual friends on Main Street.



I love the dish, but am almost more impressed with the honor system he uses at the shed where his pottery is displayed. We had never visited his house and shed, both at the end of a longish dirt road in North Brooksville, Maine. He was at home Sunday when we visited, but had he not been, we still would have been able to look over his well displayed pottery in his unlocked shed and purchase whatever we wished. He has carefully written out instructions for a person to buy his wares: just fill out a bill of sale, include 6 percent sales tax, and that's it, the pottery is yours. He even has paper bags and newspapers in which to wrap the items.

"Why doesn't someone discover this system during a visit and then come back with a van, back it up to the shed and take away all your beautiful pottery?" I asked the potter.

"And what would they do with all this pottery?" he smiled.

I guess he has a point, but I still couldn't believe he never has had any of his art stolen.

He doesn't lock his house, either. Our Andover friends with whom we were staying in Maine lock their house, just as they do their Andover house.

I lock my house and my car, even when my car's in my driveway.

What's this all about? It's about how things have changed, about how sad it is to be surprised that the potter's honor system works.

Remember when you could walk into just about any church and sit down for a quiet moment, even on a weekday, when there was no service scheduled? Now they're all locked.

[Continued on page 31]

HISTORY

The following accounts are taken from old issues of the Andover Townsman:

50 years ago, 1945

It came at last – there'd been rumors, there'd been false reports, there'd been premature excitement, and then Andover with the rest of the nation seethed internally at the Japanese delay, and then settled back to just wait patiently for the real announcement. It came over the radio at 7:00, and as the "Star-Spangled Banner" came to its stirring end, Andover did just what every other country did – went slightly and justifiably crazy. Church bells rang, and the fire alarm gave a long triumphant blast. Automobile horns joined in the chorus, a few prewar fireworks were uncovered, what little ammunition was available for the old shotgun or pistol was soon used up. Crowds gathered in the square, and the fire station became the noisiest place in town. Phillips Academy students decided to make a little (noise) and soon Chief Eddie Buchan found his fire station filled. He let them ring the bells and sound the sirens, and after they left the town's youngsters took over.

The next day the town was almost dead. No place of business opened up; if you wanted a cup of coffee, or some gas, or a loaf of bread, or almost everything, you were just out of luck in Andover. Most of the time was spent either in recovering, or in talking about how wonderful it would be to drive in and say "Fill 'er up" and trying to remember what pineapple juice tasted like and wondering how long it would be before meat would be plentiful.

To most, Japan's surrender and the war's end meant justifiable cause for rejoicing. To some; to those whose loved ones had given their lives, it meant something different; it meant rejoicing of a sterner sort, rejoicing that those precious lives had not been lost in vain, rejoicing that the Peace which had been brought to the world had been achieved because their boys and thousands of other boys had been willing to give everything to achieve that Peace.

In Andover's memory will long live the names of those boys who had laid down their lives in the hope that a better world would some day come. With pride and with humility our town pays homage to the 48 young men who paid the supreme sacrifice.

This is the list of those from Andover who died in World War II: David B. Brown, 25 Essex St., S 2/c, V. S. Navy; Edward P. Guild, 11 Walnut Ave., Private, Marines; Robert T. Thompson, Hidden Field, Flying

[Continued on page 31]

POLICE LOG

ARRESTS

Tuesday, Aug. 1 – At 2:59 a.m., Michael J. Gwiazda, 40, of Lowell, was arrested on River Road and charged with operating after revocation of his license (for operating under the influence), uninsured, unregistered and with attaching illegal plates.

At 8:43 p.m., Christina M. Keene, 22, of 10 Crescent Drive, was arrested at her home after police received a report of a problem between two tenants. She was charged on a Reading police warrant for motor vehicle violations.

Wednesday, Aug. 2 – At 5:13 a.m., June S. Carey, 65, of 34 Foster Circle, was arrested at her home and charged with assault and battery on a family member.

At 7:22 a.m., Michael A. Haggar, 28, of 206 Howard St., Apt. 3, Lawrence, was arrested on Main Street and charged with operating after revocation of his license, a red-light violation, and on a warrant for assault and battery.

Earle C. Baker Jr., 36, of 77 S. Union St., Apt. 18, Lawrence, was arrested with Mr. Haggar and charged on a warrant for motor-vehicle violations.

At 5:06 p.m., a Foster Circle woman was arrested for custodial purposes and placed in care at Lawrence General Hospital.

Saturday, Aug. 5 – At 5:45 p.m., David Crow, 18, of 16 Sylvester St., Lawrence, was arrested on Poor Street and charged on a Lawrence warrant for larceny.

Sunday, Aug. 6 – At 1:29 a.m., Richard L. Childs, 20, of Salem, N.H., was arrested after an accident on Woodhaven Drive and charged with operating under the influence (alcohol).

At 12:05 p.m., Renaud Bosse, 25, of Dorchester, was arrested in Shawsheen Square and charged on four warrants, including three for motor-vehicle violations and one for threatening to commit a crime and malicious damage.

INCIDENTS

Tuesday, Aug. 1 – At 4:09 p.m., a 209A restraining order was served to a woman at the police station.

At 4:23 p.m., a 209A was served to a man at the police station.

Wednesday, Aug. 2 – At 6:37 p.m., a 53-year-old Post Office Avenue man was placed in protective custody for alleged drunkenness after reports he was bothering people downtown.

Thursday, Aug. 3 – At 1:40 p.m., a cat bite was reported on William Street.

At 6:31 p.m., a Brierwood Circle woman reported her mail in her mailbox was ripped up.

Friday, Aug. 4 – At 9:42 a.m., an assault was reported after a person was throwing rocks on Delisio Drive.

At 7:09 p.m., the same Post Office Avenue man was again placed in protective custody for alleged drunkenness after he was reported bothering

(Continued on page 32)

HISTORY: DOWN THE YEARS

(Continued from page 30)

Cadet, U. S. Army; Arthur J. Gauthier, 4 Ferndale Ave., Private, Marines; Emile O. Bourassa, 107 Chandler Road, Fireman 1/c, U. S. Navy; Edward P. Poynter, 6 School St., 2nd Lieut., Army Air Force; Norman A. Drouin, Abbot Street, Lieutenant, Army Air Force; H. Earle Shaw Jr., 9 Maple Court, Captain, Army; George R. Knightly, 52 York St., Ensign, Navy; Leslie J. Holdworth, 354 N. Main St., S.M. 1/c, Coast Guard; Edmund B. Hill Jr., Lowell Street, Corporal, Air Force; Walter H. Richardson, 23 Salem St., 2nd Lieut., Army Air Force; Albert V. Winward, 170 N. Main St., Sp. 2/c, Navy Air Force; Julius H. Cieslik, 68 Essex St., Private, U. S. Army; Gordon R. MacLachlan, 22 Haverhill St., Lieut., U. S. Army; Norman D. Ellis, Ballardvale, T/Sergeant, Army; Alexander Smith Waldie, 13 Bartlet St., Pvt. 1st Class, Army; Leo H. Flaherty, 42 Enmore St., Staff Sergeant, Army; William R. Miller, High Plain Road, Pvt. 1st.Class Army; George M. Viveney, 64 Elm St., Staff Sergeant Army; Lawrence A. Desalvo, 19 Middle St.;. Private First Class Army; John W. Bourdelais, 55 Chandler Road, Private, Army; Raymond W. Hickey, 62 Walnut Ave., Lieut., Army Air Force; Lionel A. Boisvert, River Road, Second Lieutenant, Army; William B. Cole, Morton Street, Lieutenant, U.S. Coast Guard; Charles L. Valentine Jr., 218 N. Main St., S 2/c, Navy; Hugh A. Davey, 16 Brook St., Warrant Officer, RCAF; Roger W. Herrick, Hidden Road, Staff Sgt., Army Air Force; Paul V. Medolo, 2 Highland Road, Flight Officer, Army Air Force; Robert W. Haigh, 34 Washington Ave., 2d. Lt., Army Air Force; John W. Reading, 303 Andover St., B.V. Lt., Army Air Force; Jacob Herman III, Staff Sergeant, Army Air Force; Gerard N. Twomey, 20 Haverhill St., Private First Class, Army; Andrew P. Hamilton Jr., Ensign, Navy; Thomas Ryan, Private First Class, Army; Gilbert S. Hamlin Jr., 72 Poor St., Lt., Army Air Force; John H. Thomas, 129 Lowell St., Corporal, Army; Frank R. Colizzi, 92 Oak St., Private First Class, Marine Corps; John Guthrie, 76 Red Spring Road, Technical Sergeant, Army; Everett B. Mersereau, Lt.-Col., Army; John W. Neil, 23 Balmoral St., Private, Army; John W. Desilva, 7 Buxton Court, Private, Army; George T. Burridge, Bancroft Road, Chief Radio Operator, Navy; William J. Thompson, 189 North Main St., Sergeant, Marines; John C. White, 75 Stevens St., Cook 2/c, Navy; Francis J. Morgan, Army; Francis X. Bodenrader, 408 No. Main St., Lt., Army Air Force; Alfred D. Shea, Lowell Street, Second Lt., Army.

In 1940 when the "Blitz" was at its height in England, a group of broad-minded, foreseeing and trusting parents decided to accept America's hospitality by sending many of their children out of imminent danger into comparative peace and safety. Andover was very fortunate in receiving one of these young ambassadors of good will. Brenda Giles arrived in Andover in October 1940 to make her home with the C. Carleton Kimballs at School Street. She has lived a typical American life these past five years, free from the dangers and worries of a war-torn world. But now the time has come for this young ambassador to re-cross the ocean, and again take up life with her real family. The parting at this end will be hard, but Brenda realizes she now has two real homes with many friends in each. Brenda has now spent over one-third of her life with Americans and I feel that anyone who has crossed her path during these years feels a stronger loyalty and bond with England because of the little visitor.

25 years ago, August, 1970

We observe this week a momentous occasion, the anniversary of the end of World War II. With Japan's surrender, 25 years ago, a world settled back in what was hoped to be permanent peace. It existed for too short a time. Today, 25 years later, we remain in an unrestful, war-torn world. We are engaged in what is considered to be one of the most unpopular conflicts in the history of this nation, the Vietnam conflict. It has divided our country as never before. So the sacrifices of thousands who laid down their lives in World War II would appear to have been in vain. But not really. We are a strong nation, built on freedom and democracy. We feel that as a nation, even though current unrest, the general public still is cognizant of the sacrifices of our heroes of both world wars, Korea, Vietnam and other conflicts. Maybe as the anniversary of VJ Day comes about, it is a good time to rededicate ourselves to the loyalty and bravery of those who were willing to sacrifice to preserve for us a free nation.

10 years ago, August, 1985

The Andover Ecumenical Peace Group held a silent peace vigil Monday night in front of the Old Town Hall to mourn the loss of so many lives by the dropping of the first atomic bomb and to pray that nuclear weapons will never be used again. Nearly 150 people from Andover and the Merrimack Valley participated in the march, walking single file and in silence, holding candles and carrying signs. The time was chosen because it coincides exactly with the 40th anniversary of the dropping of the A-bomb on Hiroshima in Japan. The march concluded with the singing of "Let There Be Peace On Earth."

Unlocking some doors that previously were kept locked

(Continued from page 30)

Remember when you could take into a store's dressing room as many items of clothing as you wished and try them on? And you didn't have to take one of those little plastic tags with you that said how many items you had. You left the dressing room, handed back to the person what clothing you weren't buying, and she didn't count them while you stood there, feeling like a criminal, hoping the numbers worked out.

Maybe I am by nature a suspicious person. Today I have a reason for being suspicious. I am the one who reads the police log for this newspaper each week after a reporter brings it back from police headquarters.

All I know is that it was wonderful to see the potter who trusts his customers.

We left his spot by the water and went to brunch in a very nice restaurant. It was a good and fitting end to a wonderful visit to Maine.

Monday morning, just before leaving the house for work, the phone rang. "Is this Perrine Colmore?" the woman on the line asked.

I immediately got my back up, thinking someone must be trying to sell me something, and at this inappropriate hour. It is rare that someone calls me by my real name.

"Yes, this is she," I answered.

"This is the Left Bank restaurant in Maine. You left your checkbook here yesterday. I was worried you'd be worried when you realized it was missing. I can send it to you."

Like I was saying, remember when churches were unlocked, when people left their houses and garages unlocked, when it seemed people did the right thing more often than not? Remember?

POLICE LOG

(Continued from page 31)

people in Shawsheen Plaza.

At 8:42 p.m., a 209A restraining order was served on Hidden Road.

At 10:17 p.m., a 209A restraining order was served to a man at the police station.

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At 1:30 p.m., a man reported his son just went to return a book to Memorial Hall Library and a man tried to grab him. The boy ran. The man was described as older with gray hair, black pants, a white T-shirt with another shirt over it and with keys in his hand. No car was seen.

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Thursday, Aug. 3 – At 1:38 p.m., an accident was reported near 131 River Road.

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Friday, Aug. 4 – At 5 a.m., a Summer Street resident reported being involved in a minor accident near 95 Central St. after falling asleep at the wheel.

At 1:19 p.m., a car blew a tire after striking a curb near 47 Bartlet St.

At 1:39 p.m., an accident with injuries was reported after a car struck a utility pole near 41 Red Spring Road.

At 2:25 p.m., state police handled a two-car accident on I-93 near Dascomb Road.

At 5:21 p.m., a two-car accident with injuries was reported near 9 Union St., at Route 495.

At 7:04 p.m., an accident was reported near 85 Porter Road.

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At 5:29 p.m., a two-car accident was reported near 249 S. Main St.

Sunday, Aug. 6 – At 1:29 a.m., an accident was reported near 14 Woodhaven Drive.

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Monday, Aug. 7 – At 10:06 p.m., police investigating loud noises at Sanborn School discovered five broken windows on the southwest side of the building.

CAR THEFTS

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Wednesday, Aug. 2 – At 5:17 p.m., a 1985 Oldsmobile Cutlass was reported taken on Haverhill Street. (The Cutlass was recovered by Nashua, N.H., police on Aug. 4.) At 5:34 p.m., a car reported stolen out of Lawrence was found near the location of the Haverhill Street theft with the engine still running and damage to the steering column.

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News Calendar

Townsman fax: 508-470-2819

THURSDAY, AUG. 10

Board of Appeals, 7 p.m., discussing the petition of Gerard Welch for 66 Poor St.; second floor, Memorial Hall Library, Elm Square.

School Building Committee, 7:30 p.m., third floor, town offices, Bartlet Street.

Housing Authority, 7 p.m., 100 Morton St.

SATURDAY, AUG. 12

Board of Appeals, 9 a.m., deliberation meeting; second floor, Memorial Hall Library, Elm Square.

TUESDAY, AUG. 15

School Committee, 6 p.m., executive session; 7:30 p.m., regular meeting; second floor, school administration building, Whittier Court.

WEDNESDAY, AUG. 16

Greater Lawrence Technical School, 5 p.m., Local 1707 clerical subcommittee, executive session, 57 River Road.

Board of Assessors, 1 p.m., assessors office, town offices.

THURSDAY, AUG. 17

Joint meeting, 7:30 p.m., School Committee, Finance Committee and Board of Selectmen; third floor, town offices.

Finance Committee, 6:45 p.m., second floor, town offices.

Volunteers needed

Many volunteer opportunities exist for people who would like to get involved with the 18th annual Easter Seal softball games to be held Aug. 26 and 27 at Doherty Middle School.

For more information, call Jania Andreotti at Easter Seals at (617) 482-3375.

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Understanding Chiropractic



by Mark F. DeLorenzo, D.C.

A POSITIVE EFFECT

In light of the fact that up to 80% of Americans have had a low back problem of some type (at least once) by age 50, the recent study by the federal Agency for Health Care Policy and Research takes on widespread significance. The study's panel of 23 experts from various medical fields reviewed more than 3,900 studies on treatment for acute back pain. The panel then developed guidelines that were reviewed by 100 other back care experts and tested in various HMO's, group medical practices, and clinics. The panel found no sound scientific basis for such treatments as extended bed rest or injections of steroids (among others). The panel did, however, find that spinal manipulation (as performed by chiropractors) can help relieve pain, especially within the first 4 weeks.

We seek to identify and eliminate the cause of your back pain. Your health is our main concern, and at **DeLORENZO CHIROPRACTIC GROUP,** we take pride in educating our patients to a better understanding of their bodies and of the relief that chiropractic so often brings to people who are suffering. We're located at **15 Central Street,** where we stress preventive health care for the entire family. Please call **475-5042** to schedule an appointment.

P.S. The study mentioned above found that surgery benefits only about 1 in 100 people with acute low back problems.

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ENTERTAINMENT CALENDAR

THURSDAY, AUG. 10

Children's program, featuring the Poobley Greegy Puppet Theater, at the children's room, Memorial Hall Library, Elm Square, 2 p.m.; free tickets available at the library; 475-6960.

Dance, open to all town 7th- and 8th-graders, featuring music, food and fun, at Old Town Hall, Main Street, 7:30 p.m., $5; 470-3800 Ext. 226.

Once on this Island, presented by the Andover Community Theatre, featuring Andover students Amy Wilkins, Jon Iarrobino, Julia Henderson, Keith Putnam, David McCallum, Tim Plankey, Chris Parsons, Tassie Walsh, Kelly Davis, Chris Desjardins, Ross Fenton, Lisa DiVincenzo, Karen Kirley, Susan James, Pat McCandless, Meghan Woo, Jennifer Lewis, Sarah Ruderman and Sarah Josselyn, at West Elementary School, Beacon Street, 8 p.m., $8 adults, $6 seniors and students; to order tickets call 470-2288.

The Wizard of Oz, performance by the Wakefield Repertory Theatre, at Wakefield High School lecture hall, 60 Farm St., Wakefield, 7:30 p.m., $8; for tickets call (617) 246-8386.

LaLeche League, monthly meeting, featuring discussion on nutrition and weaning, at the home of Eileen Hespeler, 31 Argilla Road, 8 p.m.; Laurie 470-0678 or Mary 686-6156.

The Storyteller, featuring Tom McCabe, at Boarding House Park, French and John streets, Lowell, 11 a.m., free; in case of rain, performance will be at Durgin Hall, corner of Pawtucket and Wilder streets; 934-4444.

FRIDAY, AUG. 11

The Coasters, concert featuring the Rock 'n' Roll Hall-of-Fame band, performing their gold-record winning hits, including *Charlie Brown*, *Yakety Yak* and *Love Potion No. 9*, at Boarding House Park, French and John streets, Lowell, 8 p.m.; in case of rain, performance will be at Durgin Hall, corner of Pawtucket and Wilder streets, $3; 934-4444.

Bake sale, at the Andover Senior Center, Whittier Court, 10:30 a.m.-1 p.m., proceeds to benefit the building expansion.

Party Day at the Library, for the 500 children involved in the summer reading program, younger children will meet at 11 a.m., older readers at 2:30 p.m., at Memorial Hall Library, Elm Square.

Concert, featuring The Treble Chorus of New England, performing *The Golden Vanity* and music by Gilbert & Sullivan, at Merrimack College Chapel, Route 114, North Andover, 7:30 p.m., free and open to the public; 664-4705.

Once on this Island, see entry under Thursday, Aug. 10 for details.

The Wizard of Oz, see entry under Thursday, Aug. 10 for details.

SATURDAY, AUG. 12

Folk concert, featuring Christine Lavin, at Boarding House Park, French and John streets, Lowell, 8 p.m.; in case of rain, performance will be at Durgin Hall, corner of Pawtucket and Wilder streets, $3; 934-4444.

Concert, featuring The Treble Chorus of New England, performing *Haymakers* and music by Randall Thompson, at Merrimack College Chapel, Route 114, North Andover, 7:30 p.m., free and open to the public; 664-4705.

The Wizard of Oz, 10 a.m. and 7:30 p.m., see entry under Thursday, Aug. 10 for details.

Canoe trip, sponsored by the Merrimack River Watershed Council, easy expedition on the Merrimack River, meet at 9 a.m. in Merrimack, N.H., free; for information contact Chuck Mower (603) 424-1200.

Renaissance concert, featuring chamber music and dance, at the Barn, Castle Hill, Ipswich, 7 p.m. gates open at 5 p.m. for picnicking, $19 adults, $5 children; for tickets and information, contact the Castle Hill box office, 356-7774.

Sarajevo: Voices of the Siege, drama performed by students of the teen-training workshop at Governor Dummer Academy, Thompson Performing Arts Center, 1 Elm St., Byfield, 11 a.m., $5; 462-4298.

SUNDAY, AUG. 13

Oldies concert, featuring The Pastelles and the Richie Travers Orchestra, at the Barn, Castle Hill, Ipswich, 7 p.m. gates open at 5 p.m. for picnicking, $19 adults, $5 children; for tickets and information, contact the Castle Hill box office, 356-7774.

The Wizard of Oz, 10 a.m., see entry under Thursday, Aug. 10 for details.

Armenian summer festival, featuring food, live Armenian music and grape-blessing ceremony, sponsored by St. Gregory Armenian Church, at North Andover Common, North Andover, noon-6 p.m.; free and open to the public.

TUESDAY, AUG. 15

Positive parenting seminar, discussion includes marriage, the art of communication and helping children learn, at BrookRidge Community Church, 16 Haverhill St., 6-8 p.m., three-session series continues through Thursday, Aug. 17, $5 per person or $9 per couple; to register call 682-0302.

WED., AUG. 16

Concert in The Park, sponsored by the Department of Community Services, featuring the R.G. Gallagher Band playing country, rock and blues, in The Park, Bartlet and Chestnut streets, 6-8 p.m., rain date Thursday, Aug. 17, free; Mary Donohue 470-3800.

Behind the Scenes, tour of the Andover Historical Society with Tom Edmonds, curator, at the society's museum and research center, 97 Main St., noon; bring a lunch, lemonade and cookies provided, $1; 475-2236.

Organ recital, featuring David Mulbury, at Methuen Memorial Music Hall, 192 Broadway, Methuen, doors open at 7:30 p.m., concert begins at 8; $6 adults, $1 children.

Fun night, sponsored by the Merrimack Valley Chamber of Commerce, featuring miniature golf, go-carts and ice cream, at Jay Gee's Miniature Golf & Go-Carts, 602½ Lowell Blvd., Methuen, 5-7 p.m., $6; 686-0900.

Positive parenting seminar, see entry under Tuesday, Aug. 15 for details.

THURSDAY, AUG. 17

Dinosaur day, sponsored by the Department of Community Services and Balloonatics, featuring crafts, games, two iguanas and a big purple dinosaur, wear prehistoric T-shirts or other garb, at The Park, Bartlet and Chestnut streets, 10-11:30 a.m., rain date Aug. 18, $1 per child; 470-3800 Ext. 280.

Positive parenting seminar, see entry under Tuesday, Aug. 15 for details.

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Day Care Providers

National program teaches kids about gun safety

Handgun sales were up again last year, likely spurred by concerns that the Brady Bill and state efforts around the country will continue major gun-banning legislation.

Knowing that police are stretched to their limits in most areas, many citizens are feeling the need to buy a gun to protect their homes. The result? Many first-time gun buyers, novices with guns, and more people who may live in or visit homes where guns are present and who are unfamiliar with gun safety.

Gun safety education, then, becomes increasingly important, particularly for families with children.

Even though fatal firearm accidents declined 52 percent in the last 15 years among children ages 15 and younger, according to the National Safety Council, a national program is underway to educate children about gun safety.

Follow the rules

In response to the need for safety education, Colt's Manufacturing Company, Inc., and the National Association of School Resource Officers (NASRO) have developed an easy-to-read pamphlet explaining some important rules for firearms safety.

The pamphlet is designed as much for those who don't own a fire-arm as for those who do. Regardless of where children might encounter a gun — at home, a friend's house or anywhere — they should know exactly what to do.

The message is designed so that young children can understand and act on three simple rules:

1. **Stop! Don't touch.**
2. **Leave the area.**
3. **Tell an adult.**

The first rule is the most basic measure a child can take to avoid an accident. The second rule encourages the child to get away in case another child starts to play with the gun. The third rule brings help to the situation as soon as possible to prevent an accident.

Widespread efforts

As more children in America learn these rules at school, from parents and through other activities, the number of gun accidents will continue to decrease.

Teachers are leading safety instruction in grades kindergarten through sixth while NASRO officers are working to emphasize educators' efforts to curb gun violence and encourage young people to make positive choices in their lives.

The safety program takes no position on gun ownership. It merely teaches children how to react if they ever find a gun. It lets them know that guns are real, not playthings.

For a free copy of Colt's pamphlet, write to "Gun Safety in the Home," Colt's Manufacturing Company, Inc., Dept. NU, P.O. Box 1868, Hartford, CT 06144-1868. For more information on NASRO, write to Lt. Bill Balkwill, c/o Sarasota County Sheriff's Office, P.O. Box 4115, Sarasota, FL 34230-4115.



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SPORTS

Andover Blue reaches tournament semifinals

By Rick Harrison

The Andover Blue baseball team registered two impressive victories in the double-elimination Suburban Pony League Tournament, before being forced into a survival game following an 8-4 loss to the Lowell Police last Monday night at Veterans Field in Methuen.

Following its tourney-opening 5-1 victory over intra-town arch-rival Andover Gold, No. 5 seed Blue stunned top-seeded defending league champ North Andover 4-1 in a winner's bracket semifinal.

That set up Monday's showdown with Lowell, which rallied to score five runs after two were out in the bottom of the sixth inning en route to the victory.

Blue, 11-6-4 overall, played North Andover again last night for the right to advance to the championship round tomorrow night against No. 3 seed Lowell (16-4-1).

If Blue lost to North Andover the season is over, but if the locals reached the title round they must beat undefeated Lowell (3-0 in tourney) twice to capture the SPL championship.

If Lowell loses tomorrow night (8 p.m), a second winner-take-all game will be played under the lights on Saturday (8 p.m.).

All tournament games are in Methuen.

North Andover (18-4) bounced back from the Blue defeat with loser's bracket wins over the Reading Rockets and Wilmington Wildcats, ousting Wilmington 9-3 on Monday night after trailing 3-0 early in the game.

Lowell defeated Wakefield (15-7) and the Reading Rockets (7-4 in nine innings) in its first two tourney games.

During the regular season Blue battled Lowell to a 1-1 nine-inning tie and dropped a 4-2 decision.

Andover Blue 4
North Andover Knights 1

Bulldog righthander John Hogan (6-3 record) fired a complete-game four-hitter, scattering four Knights' singles while fanning five and walking two, as Blue stretched its undefeated streak through six games (5-0-1) and moved to the winner's bracket final.

Hogan, who picked up a save by getting the final two outs with the bases loaded in the seventh against Gold, allowed only two North Andover runners as far as second base while throwing 97 pitches.

Blue broke to a 2-0 lead with a pair of runs in the top of the first, taking full advantage of a dropped throw at first base that allowed leadoff batter Ethan Murphy to reach safely.

Murphy stole second, advanced to third on a balk, and then Rob Oppenheim walked and stole second.

Murphy raced home on Aron Bellorado's infield out, and Oppenheim trotted across easily when white-hot lefty swinger Ben Gibson lofted a 300-foot double to the warning track in center field.

It was a team-high fifth two-bagger and 25th RBI of the season for Gibson.

Blue added another run in the third on consecutive one-out singles by Bellorado (infield), Gibson and Scott Peterson (RBI).

With one out and runners at second and third, a botched suicide squeeze took Blue out of a potential big inning.

Hogan, who retired nine of 10 batters during one mid-game stretch, lost the shutout in the sixth when North Andover scored its only run on a single, stolen base and two infield outs.

Blue added an insurance run in the seventh as Mark Rocca spanked his third straight single, took second on a wild pitch, stole third, and scored on Murphy's high-chop infield out behind the mound.

Hogan struck out the first two batters in the seventh and, following a walk, ended the game on a popout to sure-handed second baseman Oppenheim.

Rocca led the seven-hit attack with a perfect 3-for-3 afternoon, while Gibson had his second straight 2-for-3 tourney game and hiked his season average to .523 on 23-for-44.

Defensively, shortstop Peterson finished the game with four assists, third baseman Rocca had three assists, the infield turned its fourth double play in two tourney games, and outfielders Murphy and Jeff Cutler both stabbed several line drives.

Lowell Police 8
Andover Blue 4

Blue managed only four hits against a pair of Lowell pitchers, Eric Beauregard and winning reliever Dan Riley, as its six-game unbeaten streak was halted.

Charles Daher (2-2), who pitched brilliantly in the tourney opener against Gold, yielded 10 hits in 5 ⅔ innings. He walked four and struck out three. Lefty reliever Ben Gibson mopped up by whiffing the only Lowell hitter he faced in the sixth.

Blue jumped ahead 2-0 in the top of the first when Rob Oppenheim laced a one-out single to center, Aron Bellorado reached safely on a dropped fly ball, Gibson walked to load the bases, Scott Peterson's infield grounder was booted for a run, and Jeff Cutler lashed an RBI single.

Ryan Hannigan then skied to center, and Lowell outfielder Dan Shea made a key defensive play when his throw nailed Gibson by a half-step at the plate as Ben tried to tag and score.

Lowell tied it 2-2 without a hit in the bottom of the first on three walks, an Andrew Romanowsky sac-fly and a Blue error.

Oppenheim launched the Andover third with a double to right-center, Bellorado again was safe on an error, Gibson plated Oppenheim with a long sac-fly to the warning track in left-center (26th RBI), Peterson reached on an error, Cutler walked to load the bases, and Hannigan hoisted a sacrifice fly to left.

Winning pitcher Riley singled home the third Lowell run in the bottom of the third.

It remained 4-3 until the sixth inning.

Beauregard began the five-run rally by beating out an infield hit. The play at first was extremely close, and had Blue gotten the call Lowell would not have scored.

Derek Pollinger followed with a single to left, but a subsequent popout and flyout would have ended the inning.

Instead, with two out, Brian Durkin roped a clutch go-ahead two-run double to right-center that opened the floodgates. Romanowsky lashed an RBI single, Riley singled to left, and Adam Michaud kicked up some chalk dust with an insurance two-run double that nicked the right field foul line.

Oppenheim led the Blue offense with a double and single, while Bellorado ripped a double in the fifth.

Blue-Gold wrapup

Blue's tourney victory over Gold squared the season series between the intra-town arch-rivals at 1-1-1. During the regular season, Gold won 7-1 and the teams battled to a 5-5 tie.

Blue center fielder Jeff Cutler made a spectacular diving catch in the gap to end the second inning and rob Gold's Marty Lastrina of extra bases. Gold second baseman Steve Arsenault took a hit away from Hannigan with a fully-extended diving catch of a line drive to end the Blue sixth.

Blue infielders Scott Peterson (short), Rob Oppenheim (second) and Ben Gibson (first) pulled off three double plays, while Gold pitcher Doug Henderson initiated a twin-killing with a diving catch and Gold pulled off a 6-4-3 involving Christian Sempere, Arsenault and Nick Branzetti.

Branzetti had two hits for Gold (11-7-2), which was ousted from the tourney in two straight after a loss to Wilmington the following night.

The Blue-Gold box score:
BLUE 5, GOLD 1
Pony League Tournament
Opening Round
at Veterans Field, Methuen

Andover Blue (5) — Ethan Murphy dh 3-0-0; Rob Oppenheim 2b 3-1-0; Aron Bellorado lf 3-1-0; Ben Gibson 1b 3-2-2; Scott Peterson ss 2-1-1; Jeff Cutler cf 2-0-0; Ryan Hannigan c 1-0-0; Mark Rocca 3b 3-0-1; Charles Daher p 3-0-3; John Hogan p 0-0-0; and Kevin Barry rf 2-0-1. Totals: 25-5-8.

Andover Gold (1) — Rick Johnson 3b 2-0-0; Christian Sempere ss 4-1-1; Jeff Danis dh 3-0-0; Doug Henderson p 2-0-1; Nick Branzetti 1b 3-0-2; Scott Ciruso c 1-0-0; Marty Lastrina lf 3-0-0; Matt Drizen cf 2-0-0; Chris Wholley ph 1-0-0; Jeff Sandison rf 2-0-1; Steve Arsenault 2b 1-0-0; Dave Chapin ph 1-0-0; and Rick Labbe ph 1-0-1. Totals: 26-1-6.

Blue	**010**	**400**	**0**	**5**
Gold	**000**	**001**	**0**	**1**

RBI: Hannigan 2, Gibson 1, Peterson 1, Branzetti 1. 2B: Sempere. SB: Gibson, Peterson. SF: Hannigan 2. DP: Blue 3 (Oppenheim-Peterson-Gibson 3); Gold 2 (Henderson-Branzetti; Sempere-Arsenault-Branzetti).

Errors: Blue 2, Gold 2. LOB: Blue 5, Gold 11. WP: Charles Daher (2-1) 6.1ip 6h 1r 1er 3bb 3k;

Saves: John Hogan 0.2ip 0h 0r 0er 0bb 0k. LP: Doug Henderson 7ip 8h 5r 1er 1bb 3k. HBP: by Daher 3 (Ciruso 2, Henderson).
Records: Blue 11-5-4; Gold 11-7-2.

Five sluggers compete at AAU 12-and-under Nationals

By Rick Harrison

Five Andover youngsters comprise one-third of the 15-player roster for the Merrimack Valley Patriots, a baseball team currently in Burnsville, Minn. this week, competing in the 1995 National Amateur Athletic Union 12-and-under Youth Baseball Tournament.

The local kids are Danny Hughes, Jeff Marshall, Kevin Shepard, John Iorio and Josh Topp.

The Patriots got off to a rough start last Sunday, dropping a 5-2 decision to the Central Florida Bombers and losing 6-4 to the Texas Panthers.

Hughes and Iorio were members of the Andover American Little League Major Division (11-12 years) All-Star team, which reached the championship round of the recent Massachusetts District 14 Tournament before being ousted by eventual state quarterfinalist Tewksbury National.

Marshall and Shepard played for the Andover National Major 11-12 All-Star team, which battled to the District 14 semifinals before bowing to the Americans 6-3 in a rare intra-town showdown.

Danny Hughes and Marshall were also members of the Patriots last summer, with the team surprising everyone during the 1994 AAU tourney in Iowa.

Merrimack Valley, the darkest of dark-horses, was seeded 64th in the 64-team field but battled to the tourney's Elite Eight (quarterfinal round) before finishing with a 6-2 record. Head coach of the Merrimack Valley Patriots is Dan Hughes Sr.

"We return eight kids from last year's team and we expect to do well," said Coach Hughes, prior to the team's departure for the Minneapolis suburb of Burnsville.

The Patriots' entourage arrived in Minnesota last Saturday and opened play in the double-elimination tourney on Sunday.

"A lot of the coaches in this tournament are from colleges and they get paid to coach these youth teams, said Hughes.

"Last year we were stacked against the 'iron' right from the start, teams from Hawaii and other warm weather states whose kids play all year round.

"Some of the teams in the tourney last summer had played more than 100 games together, while we only had a handful of practices and scrimmages beforehand," said Coach Hughes.

Rounding out the Patriots' roster are Scott Favreau and Eric Nickerson of Tewksbury, Miles Page and Brad Laurin (Dracut), Pat Nangle (Lowell), Chris Gildea (Haverhill), Nick Tucci (Medford), and the Londonderry N.H. trio of Tom Hepworth, Matt Kopacz and Menasheh Petscher. Nickerson, Favreau, Gildea, Page, Nangle and Hepworth were also on the team last summer.

Jeff Marshall is a standout shortstop and power hitter, Hughes is an outfielder-lefty pitcher and slashing line drive hitter, Shepard is the perfect leadoff or No. 2 batter with outstanding bunting skills and blazing foot speed, Iorio can pitch and play the infield, and Topp is a solid all-around player.

"The kids will go to a Twins' game, get to meet the Minnesota players, and participate in a skills competition (hitting, throwing) during the week," said coach Hughes.

"It's a highly-competitive atmosphere but there are also plenty of activities geared towards fun for the kids."

Hot Tamales lead girls softball

The junior division of the Andover Girls Softball League completed half of the season's schedule.

The Ground Round Hot Tamales have a perfect record so far. The Purple lost to the Hot Tamales team by two runs recently, their only loss to date.

The next level of teams represent combinations of 10- and 11-year-old girls, Middlesex Janitorial and the Golden Warriors teams.

The 18 Elm Street Blue Jays, Andover Video and Recycling Products Fireballs are composed mainly of 10-year-old girls with varying levels of experience. Some of these girls are just beginning to learn how to play softball.

The Andover Girls Softball League provides an opportunity for girls to play softball in three divisions grouped according to age.

Three travel teams currently play in area leagues and a 10-year-old team plays in exhibitions and tournaments.

The league currently numbers more than 450 players and 30 coaches at all levels. The in-town league emphasizes instruction and fun. Games are played Monday through Thursdays at 6 pm. Each team usually plays two games a week.

Girls Softball Junior division Standings to date

Ground Round Hot Tamales 7-0
The Purple 6-1
Pink Panthers 4-1-1
Middlesex Janitorial 3-3
Golden Warriors 3-3
18 Elm Street Blue Jays 2-4-1
Andover Video 1-6
Recycling Products Fireballs 0-7

Men's and coed softball teams in playoffs

By Rick Harrison

Park Street Pub ended the regular season riding a five-game win streak, including a showdown victory over MMI Painting, to capture first place in the Andover Men's Modified Pitch Softball League.

Five of the six league teams finished at .500 or better, with Park Street Pub's 14-6 mark placing it one game ahead of MMI Painting (13-7) and three up on Jake's and Red Harris (both 11-9).

Red Harris also ended the regular season on a high note, winning its final three games, while Dr. Darke slumped to 10-10 with four straight losses.

The playoffs opened earlier this week with two best-of-3 quarterfinal round series at Rec Park. Jake's was matched against last-place Justin's and Red Harris battled Dr. Darke.

If third games were needed in either series they were scheduled for tonight.

The top two finishers, regular season champ Park Street Pub and runner-up MMI Painting, received first-round byes.

Both will launch best-of-3 semifinal series against the quarterfinal survivors next week.

Coed League

The Converse All-Stars and Contract Sources, 1-2 finishers respectively in the Blue Division during the regular season, swept second-round best-of-3 playoff series to move to the division finals and overall Andover Coed Softball League semifinals this week. Converse, 16-2 overall, earned a first-round bye and then beat Park Street Pub (9-11) in two straight games.

Contract, 15-3, also earned a first-round bye before eliminating UB Networks (9-11) in two games. In earlier first-round series, Park Street Pub upset Genetics Tech (11-7) and UB Networks ousted Genetics AMF (8-10) by sweeping best-of-3 series.

The Gold Division semifinals were to be determined earlier this week, with defending league champ CP Realty Trust (15-3) and Dynamics Research (12-6) both locked in 1-1 series ties with the Marshalls Muddslides and Marshalls Magic respectively. The Muddslides (13-8) advanced with a 2-1 opening series triumph over Modicon (10-9), while the Magic (13-7) swept past Quantic Communications (6-12) in their first-round series.

Schedule

The second game of the Converse-Contract series was scheduled last night, after *Townsman* presstime, and if a third game is needed it will be played tomorrow night at Rec Park (8 p.m.).

The opening game of the Gold Division finals is also scheduled for tomorrow night at Rec Park (6:30).

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Feldens take aim at Fenway





On the left, Ryan Felden, 8, a third-grader at West Elementary School, lived out the fantasy of a lifetime when he took a shot at Fenway Park's left field wall, the famed Green Monster, during the fourth annual John Hancock Fantasy Day to benefit The Jimmy Fund. On the right, also batting at Fenway, is his dad, Greg Felden. More than 100 participants stepped up to the plate at the event, which raised $185,000 for the Jimmy Fund, the main fund-raising arm of the Dana-Farber Cancer Institute. John Hancock Financial Services underwrote the event with the Boston Red Sox. The Merrimack Valley office raised $5,000. Hancock donated $1,000 for each ball hit off the left-field wall and $2,000 for each home run. Mr. Felden is the agency manager of the Merrimack Valley John Hancock office.

Coach Collins will be back

By Rick Harrison

From all indications, Andover High head varsity football coach Dick Collins will indeed be back patrolling the Golden Warrior sidelines when the regular season opens next month.

With pre-season practices scheduled to begin in less than three weeks, Collins has made strong and steady progress on the road to recovery since entering Deaconess Hospital in Boston, June 29, for quintuple by-pass surgery

What Collins at first thought was simply a pulled muscle in his back turned out to be something considerably more serious.

Collins, whose wife, Barbara, picked up the Andover Chamber of Commerce Distinguished Community Service Award for him on June 30, left the hospital a week after the operation and reportedly held a meeting with his football coaching staff just four days after returning home.

The veteran coach has more than 200 football wins, 300 dual meet track victories and has been inducted into four Halls of Fame during his 36 years at Andover High.

Right now he is taking it easy on doctor's orders.

But, in addition to resting, Collins reportedly has been making short trips around town with his wife and has held several additional meetings with his assistant coaches. He looks good, his color is excellent and he's in fine spirits, according to grid assistants Ken Maglio, Joe Iarrobino and former assistant Bill Vickers.

The 63-year-old Collins attended the wedding of athletic director Jim Hurley's daughter, Melissa, recently and was expected to make his annual August trip to Texas this week to visit relatives.



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Shaffer and Yetten compete at nationals

By Rick Harrison

Dave Shaffer of Andover, who begins his senior year at Andover High next month, tuned up for the fall golf season with a superb performance at the American Junior Golf Association Boys Championship held last week at the Four Season Resort and Club Tournament Players Course in Irving, Texas.

Shaffer, a two-time MVP of the Merrimack Valley Conference who will be the Golden Warriors' No. 1 for the third consecutive year, finished in a three-way tie for 11th place in a field of 95 top junior golfers.

The competitors came from as far away as South Africa, British Columbia and Ontario. The majority were from Texas, Georgia, California and Florida, with Shaffer the only New England golfer among the 95.

Shaffer played the 6,735-yard par 35-35-70 Texas track in 9-over 289, finishing just six shots behind winner Mark Northey of Roswell, Ga. He opened with a 75 and followed it with rounds of 72, even-par 70 and 72 en route to his 289.

Northey had rounds of 69-76-69-69-283, and won the title by edging Edward Loar of Rockwell, Tex. on the first hole of a sudden-death playoff. Loar shot 68-71-74-70 for 283 over the regulation 72 holes.

This fall the 17-year-old Shaffer will captain the Andover High golf team for the third straight year. In Shaffer's three varsity seasons, AHS has gone 39-6-1, won a pair of MVC championships and qualified for the State Team Tournament three times.

Shaffer has a career individual head-to-head match record of 32-7-2 against the league's best players, including 11-3-1 as a freshman when he was an All-Conference choice, a 10-2-1 mark as a sophomore when he earned league MVP honors, and a 11-2-0 mark last fall as Conference MVP.

Last year Shaffer led the Golden Warriors to an undefeated 14-0-1 regular season, first place in the Northeast Area Division 1 Qualifying Tournament, and a tie for third place with Westford Academy in the All-State Division 1 Championships behind Braintree and North Quincy High.

Shaffer placed second in the State Individuals after firing a crisp 73 at Norton Country Club.

Yetten also shines

Ned Yetten Jr. of Andover, who will enter his sophomore at Phillips Academy in September, also continues to play well in national events.

The Indian Ridge Country Club standout made a solid showing at the American Junior Golf Association's ClubCorp Junior Players Championship in Hot Springs, Va.

The defending Allan B. Rogers Memorial Junior Tournament champion carded a three-over par 75 in the first round, finishing six strokes off the lead and tied for 14th place in the boys' 15-16 year-old division of the tourney. He came back with a second-round 80 and a 155 after 36 holes, tied for 29th in the 91-player field.

Andover Flyers win 31 ribbons in Quincy

The Andover Flyers Track and Field Club earned 31 of a possible 32 ribbons at the Frank Kelly Memorial Track Meet in Quincy last Saturday.

Sixteen members of the Andover Flyers participated. Each youngster competed in two events. The following athletes competed and won ribbons at the Kelly Meet.

First place: Rebecca Cairns, 100-meter dash and 200-meter dash; Jason Sheldon, the 100 and the 200; John Allen, the 100; Brian Buckley, 400-meter dash; Leah Cairns, 50-meter dash; David Fielding, the 200; David Sheldon, the 100; and Elizabeth Sullivan, the 100.

Second place: Brian Buckley, the 100; Craig Buckley, the 50; David Fielding, long jump; Charlene Fielding, the 100; Christopher Perry, the 200; Anthony Perry, the 100; Tatiana Schoeppler, the 400; and Elizabeth Sullivan, the 200.

Third place: Brandon Schoeppler, the 400 and long jump; Colin Sullivan, the 100 and the 400; Leah Cairns, the 100; Charlene Fielding, the 400; Christopher Perry, the 100; and Stefan Schoeppler, the 50.

Fourth place: John Allen, the 400; Craig Buckley, the 100; Tatiana Schoeppler, the 400; and Faryn Shiro, the 50.

Fifth place: Faryn Shiro, the 100.

The Flyers will hold practice meets on Monday, Aug. 14, and Monday, Aug. 21, both at 5:15 p.m. at the Doherty Middle School playing fields.

A meet and cookout are planned for Saturday, Aug. 26, at 10 a.m.

For further information about the Andover Flyers Track and Field Club and upcoming meets, call Don Sheldon at 372-5750 during the day or 474-8782 in the evening.



Photo by Micheline Mahon

Kelly Rousmaniere, age 4, a member of the Andover Flyers Track and Field Club, does the long jump at the Doherty Middle School playing fields at the practice meet on Monday evening. In the background is Don Sheldon, who started the team.

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Order 4 or more Dinner Entrees and get lesser priced dinner entree
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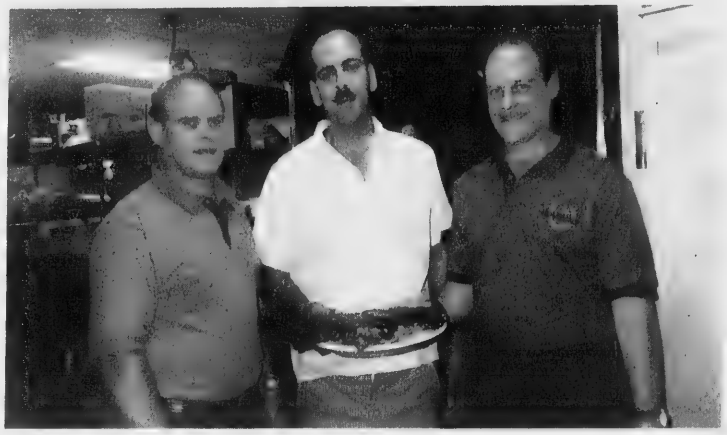
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From the left, Danny Dowd, Bill Sumner (both of Andover) and Owner Pat Lee

Horseshoe Cafe

The **Horseshoe Cafe**'s grand re-opening last April celebrated more than the Cafe's remodeling and emphasis on a new menu. Owner Pat Lee is the fourth generation to run a restaurant on the same site in North Reading. After many years of observing, researching, tasting and comparing various smokers, woods, spices, sauces and grills and the delicious meats they rendered, Pat has installed the Willingham cooker in the new state-of-the-art kitchen in order to treat his customers to the best Bar-B-Q possible.

The extensive menu offers something for everyone, with an emphasis on Bar-B-Q. Appetizers include Gringo Nachos and a Bar-B-Q sampler (juicy pork ribs, chipped pork and chicken tenders). House specials offer St. Louis Ribs, brontosaurus beef ribs (big, bad beefy ribs), smoked sweet sausage, chicken and pork loin. If you can't decide, you may design your own combo. Poultry, beef and seafood entrees complete the menu with an interesting selection of sandwiches, salads and deserts. Children portions may be ordered. All items on the menu are available for take-out. A full liquor selection is served to enjoy with your meal.

The **Horseshoe Cafe** does an excellent job catering parties. The dining room is available for functions. They will do whatever possible to make your party special, including roasting a pig.

Pat Lee is dedicated to serving the finest food at moderate prices. He has succeeded in making the **Horseshoe Cafe** well known in Massachusetts for its superb Bar-B-Q as well as more traditional meals.

A live band is available for dancing Wednesday through Saturday nights. KENO and NTN, an interactive TV trivia and sporting events game, add to the fun.

The **Horseshoe Cafe** is located at 226 Main Street, North Reading. Convenient parking is available in their lot. They are open seven days a week.

Telephones: (508) 664-3591 and 1-800-499-RIBS.

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All Our Bellystuffers Are HOT AIR COOKED and 100% BEEF Kosher
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Lawyers trying to let Dick Neal stay mum

...ntinued from page 1

"Essentially if we deposed him he'd have to reveal the reasons for the discharge and that's what they don't want to do," said Mr. Miliotis, Wednesday.

Andrea Thorn, the Robidouxes' other attorney, categorized Morrison, Mahoney & Miller's argument as being "that residents of Andover don't have the right to seek relief when a superintendent breaks the law."

A date has not been determined for a ruling on these motions.

The Robidouxes' lawyers believe they can compel Mr. Neal to answer questions because a public official can be required to do his duty, they said. In this case, they charge Mr. Neal's duty is to give good cause for why Dr. Campbell was forced to resign. After weeks of public discussion regarding the issue, Dr. Campbell came forward this spring to say that he had been forced to resign.

"The essential purpose of the lawsuit is to have the public official carry out his duties," said Mr. Miliotis. "I think that there's a disadvantage to the public if there's a chilling effect on the (other) principals. It's certainly a coincidence the number of principals we've lost in the last couple of months."

"I think it's a real fine point of law under the Education Reform Act. I don't think it's been decided yet under the Ed. Reform Act so I don't know which way it will go," said Ms. Thorn.

The superintendent's office was closed this week and Mr. Neal could not be reached for comment.

MENUS

The following meals will be served next week to senior citizens at the Senior Center, Whittier Court.

Monday: Baked chicken, sweet and sour sauce, french fries, green beans, assorted whole grain bread, chilled peaches.

Tuesday: Baked stuffed pork chop, brown sauce, rice pilaf, carrots, assorted whole grain bread, ice cream.

Wednesday: Baked Virginia ham with raisin sauce, au gratin potatoes, wax beans assorted whole grain bread, fresh fruit.

Thursday: Stuffed cabbage with tomato sauce, whipped potatoes, mixed vegetables, assorted whole grain bread, applecrisp.

Friday: Cup of corn chowder, seafood salad roll, peas, Jell-O with fruit.

A choice of milk, coffee or tea is served daily.

For reservations, call 470-3830 before 2 p.m. on the business day before the lunch you plan to attend. Beef Wellington will be served **Monday, Aug. 21**, and roast turkey on **Wednesday, Aug. 22**.

FORM OF ADMINISTRATOR'S—EXECUTOR'S NOTICE TO CREDITORS OF INSOLVENT ESTATE.

COMMONWEALTH OF MASSACHUSETTS PROBATE COURT

Essex, ss.

Docket No. 94P1543-A1

Estate of Reginald L. Marden late of Andover in the County of Essex, deceased, intestate, represented insolvent.

The Probate Court for said County will receive and examine all claims of creditors against the estate of Reginald L. Marden and notice is hereby given that six months from the eighteenth day of July 1995, are allowed to creditors to present and prove their claim against said estate, and that the Court will sit to examine the claims of creditors at Salem on the twenty-first day of August 1995, at ten o'clock in the forenoon, and at Salem on the twentieth day of February 1996, at ten o'clock in the forenoon

August 3, 10 & 17, 1995

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, August 22, 1995, at 9:00 p.m., in the Third Floor Conference Room on the application of Dewhirst & Conte Funeral Home for a Site Plan Special Permit under Section VI.Q. of the Zoning By-Law to allow for the renovation of certain property in the General Business Zoning District located at 28 Florence Street for a single parlor funeral home. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Chairman

August 3 & 10, 1995

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, August 22, 1995, at 8:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, for the purpose of determining whether or not James R. Butler of Andover Building & Development Corporation should be found in default of his obligations to complete the work on his street known as Newman Hill Drive in the Bakers Meadow Estates subdivision off Argilla Road under the terms of an agreement entered into by him with the Town on December 13, 1993, and if found in default thereof whether or not the performance guarantee established for the completion of said work should be seized.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Chairman

August 3 & 10, 1995

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Roland Joseph Lariviere, a/k/a Joseph R. Lariviere and Mary P. Lariviere a/k/a Mary Lariviere to ComFed Savings Bank, dated April 13, 1988 and recorded with the Essex County (Northern District) Registry of Deeds at Book 2711, Page 171, of which mortgage Federal Home Loan Mortgage Corporation is the present holder by assignment, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on September 11, 1995, on the mortgaged premises located at Off Webster Street a/k/a 16 Webster Street, Andover, Essex County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

the following described property located in Andover, ESSEX County, Massachusetts:

A certain parcel of land shown as parcel "B" on a plan entitled, "Plan of Land in Andover, Mass. owner Herbert Haigh and Joseph LaRiviere; Scale 1"=60', dated January 27, 1982; Andover Consultants, Inc." which plan is recorded with Essex North District Registry of Deeds as Plan No. 8918. Said parcel located off Webster Street is more particularly bounded and described as follows:

SOUTHEASTERLY	300.00 feet by Parcel "A" as shown on said plan;
NORTHEASTERLY	20.00 feet by the Westerly line of Bailey Street as shown on said plan;
NORTHWESTERLY	150.00 feet by land now or formerly of Richardson as shown on said plan;
NORTHEASTERLY	100.00 feet by land now or formerly of Richardson as shown on said plan;
NORTHWESTERLY	150.00 feet by land now or formerly of Richardson; and
SOUTHWESTERLY	120.00 feet by the Easterly line of Stevens Street as shown on said plan.

Said parcel containing 21,000 square feet more or less, according to said plan.

For mortgagors' title see deed recorded with Essex County (Northern District) Registry of Deeds in Book 788, Page 216 and deed recorded with Essex County (Northern District) Registry of Deeds in Book 1586, Page 148.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens; improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens, or exiting encumbrances of record, which are in force and are applicable, created prior to the said mortgage which is being foreclosed whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand ($5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at the Law Offices of Mark P. Harmon, 27 Needham Street, P.O. Box 610389, Newton Highlands, Massachusetts 02161-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price.

Other terms, if any, to be announced at the sale.

FEDERAL HOME LOAN MORTGAGE CORPORATION
Present holder of said mortgage
By its Attorneys,
LAW OFFICES OF MARK P. HARMON
Stanley S. Freedman, Esquire
27 Needham Street
P.O. Box 610389
Newton Highlands, MA 02161-0389
(617) 244-7505

August 10, 17, and 24, 1995

REQUEST FOR PROPOSAL - DESCRIPTION OF PROPERTY TO BE ACQUIRED FOR CONSERVATION PURPOSES IN THE TOWN OF ANDOVER

In accordance with the provisions of G.L.Ch. 30B the Conservation Commission of the Town of Andover hereby gives notice of its intention to purchase real property located within the Town of Andover for conservation purposes and requests proposals from owners who wish to sell their property. All property is being purchased for conservation purposes under the provisions of M.G.L.c40. s 8c, for uses including passive recreation, protection of public water supply, and watershed protection. Funds available for this purpose are authorized under Article 62 of the 1993 Town of Andover Town Meeting. All purchases of real property must be approved by the Conservation Commission and the Board of Selectmen

SPECIFICATIONS / SUBMISSION REQUIREMENTS

All real property to be considered must be located within the Town of Andover; must have marketable title satisfactory to the Town; must be free of liens and encumbrances; and must have real estate taxes paid to date of sale. RFP's must at minimum include the following: property location (preferably by street address); Tax Map and Lot Number (including Subdivision Lot, if any); copy of current deed with Registry of Deeds Book and Page reference; owner(s)' name(s)'; owner(s)' address; owner(s)' telephone number, if any; area in acreage or square feet; a statement as to whether the property is bounded by survey monuments or not; and statement of price at which property is being offered. A plan(s) of the property is requested if available. RFP's for only a portion of a parcel shall state the area in acreage or square feet which is being offered. The seller shall be responsible for the subdivision of such parcels and all associated costs.

EVALUATION CRITERIA

The following Conservation Land Acquisition policy was adopted by the Conservation Commission and will be considered in selecting property for acquisition:

1. Property that is part of the Haggetts Pond - Fish Brook watershed, the procurement of which will benefit Andover's water system.

2. Property bordering the Shawsheen and Merrimack Rivers, and any other water body within the community.

3. Property that will bridge existing Open Space areas to develop greenbelt networks, i.e. interconnect existing conservation areas.

4. Property selected in various parts of the community to ensure that open space exists in all sections of the Town.

Proposals will be evaluated under this policy and the following criteria: cost, size, utility for passive recreational use, potential for pedestrian and/or vehicular access, soils classification, topography, slope, unique landscape features, aesthetic value, scenic vistas, vegetational cover, diversity of wildlife habitat, wetland resource areas, and presence / absence of hazardous materials. The Conservation Reserves the right to consider any other criteria which it may later adopt.

CONTRACT TERMS AND CONDITIONS

The terms and conditions of the purchase are to be acceptable to Town Counsel, including but not limited to, certification that the premises are not in violation of environmental and hazardous waste laws, that the seller has not engaged in any activity to cause the discharge or accumulation of hazardous waste, the premises are not in violation of any applicable zoning, building or subdivision laws and regulations, and that the Seller has obtained all applicable approvals, licenses or other permits from the Town Boards. The Town may undertake a site investigation for purposes of complying with G.L.Ch.21E. The property shall be delivered free of occupants and tenants. The Seller will be required to certify that the Seller has filed all Massachusetts State tax returns, has complied with all Massachusetts laws relating to taxes and has paid all Massachusetts state taxes required under law. The Seller will be required to file a disclosure statement relating to the persons who have or will have direct or indirect beneficial interest in the property under the provisions of G.L. c. 7, s40J.

AUTHORITY	Town of Andover, Conservation Commission
ADDRESS	Town Offices 36 Bartlet Street Andover, MA 01810
CONTACT	James Greer, Conservation Administrator
PHONE	(508) 470-3800
PROPOSAL DEADLINE	Requests for proposal must be submitted in writing on or by 4:00 p.m. on August 22, 1995.

August 3 & 10, 1995

POWER OF THE PRESS

Classified Information



According to one recent study, the newspaper is the main source of information on real estate, job market and automotive trends. Newspaper ads were considered most helpful in dealer selection by 43 percent of respondents. The runner-up, television, was so credited by only 27 percent

Recycle

DO YOU HAVE an item or items that you no longer need, but that would be useful to someone else, something you'd be willing to give away if someone would come get it? For instance: boxes, storm windows, a child's bicycle, cardboard boxes, an old set of dishes. You can list your recyclable items in the Townsman's newest classified section: "RECYCLE". (FREE of charge!) It's a way to clean up your place while acknowledging the world is running out of landfill space.
Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

Special Notices

ADVERTISE...IT WORKS! Your service listed here puts you in touch with thousands of interested readers. Call our Classified Department at **475-1943.** Deadline for placing ads is Tuesday at noon. Any cancellations must be made by Monday at 5pm.

HOST AN INTERNATIONAL STUDENT. The American Language Academy at Merrimack College is looking for American families interested in international exchange. Families are asked to provide safe, comfortable homes, meals (usually 2/day) and transportation to and from Merrimack College for students from many different countries while they study English at the American Language Academy. Stays are usually short-term, from 4-10/weeks. Students are normally 18-25/years old. Families are compensated at the rate of $500/month.
This is a rare opportunity for you and your family to share your way of life and learn about the culture of another country.
If you are interested, please call the American Language Academy **508-837-5300.**

Entertainment

FORMER BOSTON PIANIST- Available for background dinner music for private parties, weddings and functions. Sophisticated repertoire. Gershwin to Garland. **475-8474.**

GREAT GIFT IDEA! DINNER PACKAGE
Celebrate w/Black Tie Limousine. Includes dinner for two in Boston, 4/hrs. limousine service, complimentary champagne. Entire package $179. **686-9990; 1-800-624-9990.**

I-LASHES U. KLOWN Children and business parties, promotions, parades, balloon sculpting and more... **1-617-381-9198.**

Alterations

ANDOVER TAILORING. Quality alterations. Men's, Women's and Children's. Call **475-1447.** Tuesday-Friday, 8-5; Sat. 8-3.

Lost & Found

LOST BLACK AND gray, large, male cat. Last seen Thursday, 8/3. Brooks school area. **975-7756.**

Novenas

THANK YOU GOD. Pray 9 Hail Marys for 9 days. Ask for 3 wishes; 1 involving business and 2 impossibilities. On the 9th day publish this article. Your wishes will be answered even though you may not believe it. C.D.

Services Offered

A DUMP TRUCK for hire. ATTICS, CELLARS, YARDS CLEANED for a reasonable price. Prompt, reliable service. Call Jim at **685-1302.**

A M-P M DUMP TRUCK. Services. You call, we haul. We clean out attics, cellars, garages, etc. Fast service. Low prices. Fully insured. Call to schedule your spring cleanouts. Established 1975. **688-7102.**

A-1 AIRPORT SERVICE, 975-1314. (We cater to particular people.) Consultants and upper management-regular travelers. Totally private, reliable transportation, $46.

ATTENTION: Stump Removal, cellar holes, drywells, fill, stone, sand, screened loam. Call anytime **508-459-4500.**

CALLIGRAPHY WITH A CREATIVE TOUCH. DISTINCTIVE CALLIGRAPHY for addressed envelopes, place cards, certificates. PERSONALIZED STATIONERY & GIFTS for adults and children. INVITATIONS: wedding bridal/baby showers, Christenings, birthday/anniversary, Bar/Bat Mitzvahs, Rehearsal dinner, Birth/engagement announcements. Exciting clambake, pool/barbeque invitations. Album Invitations discounted. Distinctive, Unique & Personally Designed especially for you. THE WRITE PLACE on the porch at 10 Essex Street, Andover. Tues.-Fri. 10:30-5:00; Sat. 10:30-4:00. **474-4645.**

ANNOUNCE YOUR NEW LIFE. Bridal showers, wedding invitations, wedding programs, birth announcements, envelopes & stationary. All personally designed & hand lettered by graphic designer Ned Williams. Portfolio available. **475-2540.**

DO YOU OWN a computer? I do hardware or software consulting, installation, troubleshooting or training in the comfort of your own home. REASONABLE RATES. **475-7307.**

I WILL IRON or cook meals in your home, 1/2 day. References. Start 9/1. **683-1254.**

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PROFESSIONAL BARTENDER AVAILABLE for your private parties and functions. T.I.P.S. trained. Call **475-8735.**

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Wide range of PC services offered in your home. No job too small. Reasonable rates. IBM compatibles only. Call **474-8618.**

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AAA NATURAL TREE & LANDSCAPE. Massachusetts certified arborist. Locally owned and operated. Fully insured. Highest quality. **475-5411.**

ANDOVER'S FINEST TREE and landscaping. All tree work done. Fully insured. **474-0661.**

JP TREE SERVICE- specializing in tree removals, ornamental pruning, safety trimming. Insured. Free estimates. Call **475-1483.**

TREE WORK. Stumps ground out. Brush chipping and yard debris hauled. Firewood sold. Free estimates. **1-603-329-5320** or **470-1328.**

Consulting Service

HOUSE PLANS, additions and alterations to suit you and your local building official. For free initial consultation call **508-745-5975.** Mass. Registered Architect.

Disposal Service

A LARGE OR SMALL JOB cleaning cellars, attics, garages and estates. Appliance removal. For a free estimate call Bud **689-8789.**

BARRY'S REMOVAL & Disposal. Cellars, attics, yards cleaned out, appliances, furniture, oil tanks, boilers removed. 24 hour service. Licensed and insured. Bonded. John **1-617-246-7762.**

RUBBISH & JUNK REMOVAL. We'll haul away anything. Fast, reliable service. Low rates. Call **617-245-0713.**

TRASH REMOVAL: Cellars, attics, demolition work. Will remove anything. Call **681-9323.**

TRASH, WOOD, METAL, brush, leaves, etc. removed. Also odd jobs done and landscaping. Honest and dependable. **508-373-4985.**

Decorating Service

CUSTOM MADE DRAPERIES, slip covers, top treatments and accessories. Over 20 years experience. Excellent workmanship. **685-5531.** Bunny or Diane.

CUSTOM MADE SLIP Covers. Pin fitted to your set. Your own fabric. Call **685-2229.**

LINDA'S CUSTOM DRAPERIES. Custom-made window treatments and accessories. Alterations and repairs. Reasonable prices. Call for a free estimate **689-2592.**

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ROBERT WILKIE: Specializing in restoring and maintaining old and historic structures. Complete service from foundation to roof. License #101442. Insured and references. **470-1269.**

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ADD A DECK- Open decks to closed-in winterized porches. I will also design multi-level decks to fit your unique requirements. 30 years experience in the area. MA Licensed. **475-1958.**

Handyman Service

AAA HANDYMAN SERVICES Deck washing & staining, driveway sealing, light carpentry, painting and all your household repairs large or small. Reasonable rates. Prompt service. **474-9373.**

HANDY ANDY- All types of carpentry. Screened porches, decks and additions. No job too big or too small. References. Fully insured. Call **683-2961.**

HANDYMAN, CARPENTRY, PAINTING, roof leaks, gutter cleaning, regrouting bathroom showers, jobs too small for contractors. Insured. **617-662-0723.**

HANDYMAN- Small remodeling carpentry, drywall, painting, electrical, landscaping and lawn care. Free estimates. Reasonable prices. For prompt, dependable service call Ken **975-1150.**

I HAVE THE TRUCK if you need help cleaning up yards, garages, cellars, attics, etc...FREE estimates, great rates. Call Mike **508-657-4240.**

Carpentry Service

#SMALL REPAIRS CARPENTRY HOME IMPROVEMENT#
Interior or exterior repair or replace doors, windows, bookshelves, bathrooms, kitchens, etc. Mass. licensed and insured.
Robert A. Brown, General Contractor
475-1958

A MASTER CRAFTSMAN Carpentry, custom cabinets, kitchens, baths, bookcases. Jeff Berk Inc. License #115595. Refs. & Ins. **508-521-0709.**

ABILITY CARPENTER- specializing in small additions, decks, play rooms, ceramic tile, repair and installation. License #040056. **603-894-5467.**

ALLEN CONSTRUCTION: BUILDING, remodeling, roofing, siding, and other home improvements professionally done. Licensed, registered (#109740), and insured. Quality work at competitive prices. Free estimates.Call **682-4962.**

AN HONEST & RELIABLE Carpenter/Contractor. All phases of residential construction and repair. Licensed. Insured. References. Free estimates. Superior Const. Andover. **1-800-244-1330.**

BOB'S CARPENTRY SERVICE. Fast, friendly service. Free estimates. Call **682-7443.**

CARPENTRY & PAINTING Liscence #026383. Additions, garages, porches, screenhouses, roofing and siding. Small jobs welcomed. Ask for Richard, **508-452-2505.**

CARPENTRY, decks and finish work. Painting interiors and exterior. Call **470-8959.**

CHRIS'S REMODELING- Commercial/residential. General Carpentry. VINYL REPLACEMENT WINDOWS/GUTTERS. Roofing and siding. Deleading. Drywall. Emergency maintenance service. No job too small. Licensed and insured. For free estimate call **508-372-3907.**

DEVERSIFIED BUILDERS. All types of Building and Remodeling. 25 years experience. Free estimates. Call Jim at **508-372-2415.**

GAETAN CHOUINARD CONSTRUCTION
All types of general construction and repairs. Windows, roofing, siding, decks and porches. Interior and exterior. Reasonable rates. FREE estimates. **687-3554.**

GAETAN CHOUINARD- Inside remodeling, bathrooms, basements, attics, painting, floors. All general repairs. **687-3554.**

SLOAN CONSTRUCTION formerly of "This Old House". A full service company. 20 years experience. Call **603-898-1771.**

TWENTY YEARS EXPERIENCE in Decks, Kitchens, Baths and Replacement Windows. Call **508-374-4591.**

Roofing

D.S. ROOFING. NO ROOF TOO SMALL! BEST RATES! References and insured. All towns. Call **508-692-5082.**

J&J ROOFING- Complete roofing service and repairs. Also, vinyl siding. SENIOR CITIZEN DISCOUNT. For free estimate call **683-2968.**

RICH ROOFING CO. Fully insured, Mass. Builders license #019939, Mass. Home Improvement Contractors Registration #112998. Free estimates. **688-3938.**

ROOFING & ADDITIONS. Old work specialty. 28 years experience. Free estimates. Fully insured. Call **508-667-0085.**

ROOFING- Exterior restorations. Slate and Copper work, wood siding, porches and decks. Moore paints. Call Lou, Dracut, MA **508-454-8825.**

Paving & Excavation

PHIL FARMER GENERAL CONTRACTING
Excavation and landscaping. Loam and bark mulch. Fully insured. Call **508-858-0022.**

Driveway Sealing

DRIVEWAY SEALING Reasonable rates. Prompt service. Call **474-9373.**

Masonry Service

BRICK WORK- Cement Work, Stairs, Walks, Walls. All size jobs. Free estimates. Excellent Andover references. Call Tony at **681-7701.**

PAUL DRISCOLL MASONRY. Brick, block, stone, chimneys. Restoration specialist. Fully insured. Free estimates. Call **1-800-927-4259.**

Moving Service

A GLOBAL AGENT-MARK'S MOVING & STORAGE. Guaranteed pricing. Local, long distance, International. Licensed. Bonded. Free quote. **1-800-966-6275.**

DISCOUNT MOVING RATES. Pick-up truck available 7 days. Household, appliances, store deliveries. No job too small. Experienced, friendly, dependable. **685-6517.**

Locksmiths

MATT'S LOCKSMITH SERVICE- Locks replaced, new installations, rekeying and master keying. Servicing homes and businesses. Quality work guaranteed. **685-8072.**

Floor Refinishing

ALL WOOD FLOORS installed, sanded and refinished. Free estimates. Best prices. 10 years experience. WITKUM FLOORING **681-0826.**

ANDOVER FLOOR Sanding, refinishing, installation, wood floors. Fully insured. Jon Merenda **470-1614.**

DAKK & C. FLOORING: Hardwood floors sanded, refinished and installed. WE'LL APPLY A 3RD COAT OF POLYURETHANE FREE!! References upon request. 18 years experience. FREE ESTIMATES. **688-7845.**

G & P FLOORING CO. Old floors sanded and finished. Made like new. Call **1-603-893-0222** or **682-1485.**

WILSON HARDWOOD FLOORS, INC. Installed, sanded, refinished. Now accepting MC/Visa. Free estimates. Call Ron **508-777-1182.**

Plastering/Drywall

B.C. & SONS- Cracked plaster? Drywall it! 25 years experience. Fully insured. Call **1-800-615-8314** or **508-373-3008.**

Plumbing/Heating

A QUALITY JOB Plumbing, heating and gas. Residential and commercial. No job too small! Free estimates. Master #9560. Call Bill **508-372-2080; 683-3596.**

A-1 GENERAL PLUMBING REPAIR and/or replace faucets, toilets, valves, water heaters, sinks, drain problems, etc. Small jobs a specialty. Bob Lynn Plumbing and Heating. **$10off** w/this ad. License #23220. **508-658-2099.**

SMALL PLUMBING/HEATING and GAS FITTING.
Water heaters, faucets, stoves, washing machines, disposals, dishwashers, repairs and drains unclogged. Call Steve **508-458-0553.** Lic. #22058.

Electrical Services

ELECTRICIAN- Free estimates. Lighting, power, security, cable t.v., temperature control. Bob Cleary License #26231. Leave message **475-6554.**

MASTER ELECTRICIAN. All types of work. Residential/commercial. Free estimates. 20 years experience. Fully insured. License #14363A. Call Jay **687-2018.**

Power Washing

HOUSE WASHING. Gauthier Painting Co. Exterior and interior painting. Free estimates. Fully insured. License #052896. Call **685-8891.**

POWERWASHING Free estimates. Call **475-1876.**

Painting & Papering

ANDOVER COLLEGE SENIOR PAINTERS. Affordable, reliable, and experienced. Free estimate. Call Mike **470-0917.**

ANDOVER VILLAGE PAINTING CO.- Fine interior painting. Quality assured: local references. Competitive rates. Free estimates. Mark Souza (North Andover) **685-6994.**

BEST PRICES AND expert work. 15 years experience in exterior/interior painting and sheetrocking. Call Massie Painting at **682-9595.**

BOB & MIREILLE for your interior painting, wallcovering, staining, varnishing. 18 years experience. Excellent workmanship. Free estimates. Please call **687-1378.**

CHRIS'S PAINTING- exterior, interior and paper hanging. Neat, excellent local references. Fully insured. For estimate call Chris **685-4890.**

Lawyers trying to let Dick Neal stay mum

"Essentially if we deposed him he'd have to reveal the reasons for the discharge and that's what they don't want to do," said Mr. Miliotis, Wednesday.

Andrea Thorn, the Robidouxes' other attorney, categorized Morrison, Mahoney & Miller's argument as being "that residents of Andover don't have the right to seek relief when a superintendent breaks the law."

A date has not been determined for a ruling on these motions.

The Robidouxes' lawyers believe they can compel Mr. Neal to answer questions because a public official can be required to do his duty, they said. In this case, they charge Mr. Neal's duty is to give good cause for why Dr. Campbell was forced to resign. After weeks of public discussion regarding the issue, Dr. Campbell came forward this spring to say that he had been forced to resign.

"The essential purpose of the lawsuit is to have the public official carry out his duties," said Mr. Miliotis. "I think that there's a disadvantage to the public if there's a chilling effect on the (other) principals. It's certainly a coincidence the number of principals we've lost in the last couple of months."

"I think it's a real fine point of law under the Education Reform Act. I don't think it's been decided yet under the Ed. Reform Act so I don't know which way it will go," said Ms. Thorn.

The superintendent's office was closed this week and Mr. Neal could not be reached for comment.

MENUS

The following meals will be served next week to senior citizens at the Senior Center, Whittier Court.

Monday: Baked chicken, sweet and sour sauce, french fries, green beans, assorted whole grain bread, chilled peaches.

Tuesday: Baked stuffed pork chop, brown sauce, rice pilaf, carrots, assorted whole grain bread, ice cream.

Wednesday: Baked Virginia ham with raisin sauce, au gratin potatoes, wax beans assorted whole grain bread, fresh fruit.

Thursday: Stuffed cabbage with tomato sauce, whipped potatoes, mixed vegetables, assorted whole grain bread, applecrisp.

Friday: Cup of corn chowder, seafood salad roll, peas, Jell-O with fruit.

A choice of milk, coffee or tea is served daily.

For reservations, call 470-3830 before 2 p.m. on the business day before the lunch you plan to attend. Beef Wellington will be served **Monday, Aug. 21**, and roast turkey on **Wednesday, Aug. 22**.

FORM OF ADMINISTRATOR'S—EXECUTOR'S NOTICE TO CREDITORS OF INSOLVENT ESTATE.

COMMONWEALTH OF MASSACHUSETTS PROBATE COURT

Essex, ss.

Docket No. 94P1543-A1

Estate of Reginald L. Marden late of Andover in the County of Essex, deceased.

intestate, represented insolvent

The Probate Court for said County will receive and examine all claims of creditors against the estate of Reginald L. Marden and notice is hereby given that six months from the eighteenth day of July 1995, are allowed to creditors to present and prove their claim against said estate, and that the Court will sit to examine the claims of creditors at Salem on the twenty-first day of August 1995, at ten o'clock in the forenoon, and at Salem on the twentieth day of February 1996, at ten o'clock in the forenoon

August 3, 10 & 17, 1995

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, August 22, 1995, at 9:00 p.m., in the Third Floor Conference Room on the application of Dewhirst & Conte Funeral Home for a Site Plan Special Permit under Section VI.Q. of the Zoning By-Law to allow for the renovation of certain property in the General Business Zoning District located at 28 Florence Street for a single parlor funeral home. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Chairman

August 3 & 10, 1995

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, August 22, 1995, at 8:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, for the purpose of determining whether or not James R. Butler of Andover Building & Development Corporation should be found in default of his obligations to complete the work on his street known as Newman Hill Drive in the Bakers Meadow Estates subdivision off Argilla Road under the terms of an agreement entered into by him with the Town on December 13, 1993, and if found in default thereof whether or not the performance guarantee established for the completion of said work should be seized.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Chairman

August 3 & 10, 1995

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Roland Joseph Lariviere, a/k/a Joseph R. Lariviere and Mary P. Lariviere a/k/a Mary Lariviere to ComFed Savings Bank, dated April 13, 1988 and recorded with the Essex County (Northern District) Registry of Deeds at Book 2711, Page 171, of which mortgage Federal Home Loan Mortgage Corporation is the present holder by assignment, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on September 11, 1995, on the mortgaged premises located at Off Webster Street a/k/a 16 Webster Street, Andover, Essex County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

the following described property located in Andover, ESSEX County, Massachusetts:

A certain parcel of land shown as parcel "B" on a plan entitled, "Plan of Land in Andover, Mass. owner Herbert Haigh and Joseph LaRiviere; Scale 1"=60', dated January 27, 1982; Andover Consultants, Inc." which plan is recorded with Essex North District Registry of Deeds as Plan No. 8918. Said parcel located off Webster Street is more particularly bounded and described as follows:

SOUTHEASTERLY	300.00 feet by Parcel "A" as shown on said plan;
NORTHEASTERLY	20.00 feet by the Westerly line of Bailey Street as shown on said plan;
NORTHWESTERLY	150,00 feet by land now or formerly of Richardson as shown on said plan;
NORTHEASTERLY	100.00 feet by land now or formerly of Richardson as shown on said plan;
NORTHWESTERLY	150.00 feet by land now or formerly of Richardson; and
SOUTHWESTERLY	120.00 feet by the Easterly line of Stevens Street as shown on said plan.

Said parcel containing 21,000 square feet more or less, according to said plan.

For mortgagors' title see deed recorded with Essex County (Northern District) Registry of Deeds in Book 788, Page 216 and deed recorded with Essex County (Northern District) Registry of Deeds in Book 1586, Page 148.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens; improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens, or exiting encumbrances of record, which are in force and are applicable, created prior to the said mortgage which is being foreclosed whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand ($5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at the Law Offices of Mark P. Harmon, 27 Needham Street, P.O. Box 610389, Newton Highlands, Massachusetts 02161-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price.

Other terms, if any, to be announced at the sale.

FEDERAL HOME LOAN MORTGAGE CORPORATION
Present holder of said mortgage

By its Attorneys,
LAW OFFICES OF MARK P. HARMON
Stanley S. Freedman, Esquire
27 Needham Street
P.O. Box 610389
Newton Highlands, MA 02161-0389
(617) 244-7505

August 10, 17, and 24, 1995

REQUEST FOR PROPOSAL - DESCRIPTION OF PROPERTY TO BE ACQUIRED FOR CONSERVATION PURPOSES IN THE TOWN OF ANDOVER

In accordance with the provisions of G.L.Ch. 30B the Conservation Commission of the Town of Andover hereby gives notice of its intention to purchase real property located within the Town of Andover for conservation purposes and requests proposals from owners who wish to sell their property. All property is being purchased for conservation purposes under the provisions of M.G.L.c40, s. 8c, for uses including passive recreation, protection of public water supply, and watershed protection. Funds available for this purpose are authorized under Article 62 of the 1993 Town of Andover Town Meeting. All purchases of real property must be approved by the Conservation Commission and the Board of Selectmen

SPECIFICATIONS / SUBMISSION REQUIREMENTS

All real property to be considered must be located within the Town of Andover; must have marketable title satisfactory to the Town; must be free of liens and encumbrances, and must have real estate taxes paid to date of sale. RFP's must at minimum include the following: property location (preferably by street address); Tax Map and Lot Number (including Subdivision Lot, if any); copy of current deed with Registry of Deeds Book and Page reference; owner(s)' name(s)'; owner(s)' address; owner(s)' telephone number, if any; area in acreage or square feet; a statement as to whether the property is bounded by survey monuments or not; and statement of price at which property is being offered. A plan(s) of the property is requested if available. RFP's for only a portion of a parcel shall state the area in acreage or square feet which is being offered. The seller shall be responsible for the subdivision of such parcels and all associated costs.

EVALUATION CRITERIA

The following Conservation Land Acquisition policy was adopted by the Conservation Commission and will be considered in selecting property for acquisition:

1. Property that is part of the Haggetts Pond - Fish Brook watershed, the procurement of which will benefit Andover's water system.

2. Property bordering the Shawsheen and Merrimack Rivers, and any other water body within the community.

3. Property that will bridge existing Open Space areas to develop greenbelt networks, i.e. interconnect existing conservation areas.

4. Property selected in various parts of the community to ensure that open space exists in all sections of the Town.

Proposals will be evaluated under this policy and the following criteria: cost, size, utility for passive recreational use, potential for pedestrian and/or vehicular access, soils classification, topography, slope, unique landscape features, aesthetic value, scenic vistas, vegetational cover, diversity of wildlife habitat, wetland resource areas, and presence '/ absence of hazardous materials. The Conservation Reserves the right to consider any other criteria which it may later adopt.

CONTRACT TERMS AND CONDITIONS

The terms and conditions of the purchase are to be acceptable to Town Counsel, including but not limited to, certification that the premises are not in violation of environmental and hazardous waste laws, that the seller has not engaged in any activity to cause the discharge or accumulation of hazardous waste, the premises are not in violation of any applicable zoning, building or subdivision laws and regulations, and that the Seller has obtained all applicable approvals, licenses or other permits from the Town Boards. The Town may undertake a site investigation for purposes of complying with G.L.Ch.21E. The property shall be delivered free of occupants and tenants. The Seller will be required to certify that the Seller has filed all Massachusetts State tax returns, has complied with all Massachusetts laws relating to taxes and has paid all Massachusetts state taxes required under law. The Seller will be required to file a disclosure statement relating to the persons who have or will have direct or indirect beneficial interest in the property under the provisions of G.L. c. 7, s40J.

AUTHORITY	Town of Andover, Conservation Commission
ADDRESS	Town Offices 36 Bartlet Street Andover, MA 01810
CONTACT	James Greer, Conservation Administrator
PHONE	(508) 470-3800
PROPOSAL DEADLINE	Requests for proposal must be submitted in writing on or by 4:00 p.m. on August 22, 1995.

August 3 & 10, 1995

POWER OF THE PRESS

Classified Information



According to one recent study, the newspaper is the main source of information on real estate, job market and automotive trends. Newspaper ads were considered most helpful in dealer selection by 43 percent of respondents. The runner-up, television, was so credited by only 27 percent

Recycle

DO YOU HAVE an item or items that you no longer need, but that would be useful to someone else, something you'd be willing to give away if someone would come get it? For instance: boxes, storm windows, a child's bicycle, cardboard boxes, an old set of dishes. You can list your recyclable items in the Townsman's newest classified section: "RECYCLE". (FREE of charge!) It's a way to clean up your place while acknowledging the world is running out of landfill space.
Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

Special Notices

ADVERTISE...IT WORKS! Your service listed here puts you in touch with thousands of interested readers. Call our Classified Department at **475-1943.** Deadline for placing ads is Tuesday at noon. Any cancellations must be made by Monday at 5pm.

HOST AN INTERNATIONAL STUDENT. The American Language Academy at Merrimack College is looking for American families interested in international exchange. Families are asked to provide safe, comfortable homes, meals (usually 2/day) and transportation to and from Merrimack College for students from many different countries while they study English at the American Language Academy. Stays are usually short-term, from 4-10/weeks. Students are normally 18-25/years old. Families are compensated at the rate of $500/month.
This is a rare opportunity for you and your family to share your way of life and learn about the culture of another country.
If you are interested, please call the American Language Academy **508-837-5300.**

Entertainment

FORMER BOSTON PIANIST- Available for background dinner music for private parties, weddings and functions. Sophisticated repertoire. Gershwin to Garland. **475-8474.**

GREAT GIFT IDEA! DINNER PACKAGE Celebrate w/Black Tie Limousine. Includes dinner for two in Boston, 4/hrs. limousine service, complimentary champagne. Entire package $179. **686-9990; 1-800-624-9990.**

I-LASHES U. KLOWN Children and business parties, promotions, parades, balloon sculpting and more... **1-617-381-9198.**

Alterations

ANDOVER TAILORING. Quality alterations. Men's, Women's and Children's. Call **475-1447.** Tuesday-Friday, 8-5; Sat. 8-3.

Lost & Found

LOST BLACK AND gray, large, male cat. Last seen Thursday, 8/3. Brooks school area. **975-7756.**

Novenas

THANK YOU GOD. Pray 9 Hail Marys for 9 days. Ask for 3 wishes; 1 involving business and 2 impossibilities. On the 9th day publish this article. Your wishes will be answered even though you may not believe it. C.D.

Services Offered

A DUMP TRUCK for hire. ATTICS, CELLARS, YARDS CLEANED for a reasonable price. Prompt, reliable service. Call Jim at **685-1302.**

A M-P M DUMP TRUCK. Services. You call, we haul. We clean out attics, cellars, garages, etc. Fast service. Low prices. Fully insured. Call to schedule your spring cleanouts. Established 1975. **688-7102.**

A-1 AIRPORT SERVICE, 975-1314. (We cater to particular people.) Consultants and upper management-regular travelers. Totally private, reliable transportation, $46.

ATTENTION: Stump Removal, cellar holes, drywells, fill, stone, sand, screened loam. Call anytime **508-459-4500.**

CALLIGRAPHY WITH A CREATIVE TOUCH. DISTINCTIVE CALLIGRAPHY for addressed envelopes, place cards, certificates. PERSONALIZED STATIONERY & GIFTS for adults and children. INVITATIONS: wedding bridal/baby showers, Christenings, birthday/anniversary, Bar/Bat Mitzvahs, Rehearsal dinner, Birth/engagement announcements. Exciting clambake, pool/barbeque invitations. Album Invitations discounted. Distinctive, Unique & Personally Designed especially for you. THE WRITE PLACE on the porch at 10 Essex Street, Andover. Tues.-Fri. 10:30-5:00; Sat. 10:30-4:00. **474-4645.**

ANNOUNCE YOUR NEW LIFE. Bridal showers, wedding invitations, wedding programs, birth announcements, envelopes & stationary. All personally designed & hand lettered by graphic designer Ned Williams. Portfolio available. **475-2540.**

DO YOU OWN a computer? I do hardware or software consulting, installation, troubleshooting or training in the comfort of your own home. REASONABLE RATES. **475-7307.**

I WILL IRON or cook meals in your home, 1/2 day. References. Start 9/1. **683-1254.**

KEITH'S PET SITTING service in your home. Call Keith **681-5233.**

PROFESSIONAL BARTENDER AVAILABLE for your private parties and functions. T.I.P.S. trained. Call **475-8735.**

PROFESSIONAL COMPUTER SERVICES Wide range of PC services offered in your home. No job too small. Reasonable rates. IBM compatibles only. Call **474-8618.**

RAY BOURQUE PAINTING & CARPENTRY. Licensed and insured. Free evaluation. Call **475-7048.**

TYPING: ACCURACY, spelling guaranteed! Word processing, transcription. Resumes. Call **475-1665.**

Tree Service

AAA NATURAL TREE & LANDSCAPE. Massachusetts certified arborist. Locally owned and operated. Fully insured. Highest quality. **475-5411.**

ANDOVER'S FINEST TREE and landscaping. All tree work done. Fully insured. **474-0661.**

JP TREE SERVICE- specializing in tree removals, ornamental pruning, safety trimming. Insured. Free estimates. Call **475-1483.**

TREE WORK. Stumps ground out. Brush chipping and yard debris hauled. Firewood sold. Free estimates. **1-603-329-5320** or **470-1328.**

Consulting Service

HOUSE PLANS, additions and alterations to suit you and your local building official. For free initial consultation call **508-745-5975.** Mass. Registered Architect.

Disposal Service

A LARGE OR SMALL JOB cleaning cellars, attics, garages and estates. Appliance removal. For a free estimate call Bud **689-8789.**

BARRY'S REMOVAL & Disposal. Cellars, attics, yards cleaned out, appliances, furniture, oil tanks, boilers removed. 24 hour service. Licensed and insured. Bonded. John **1-617-246-7762.**

RUBBISH & JUNK REMOVAL. We'll haul away anything. Fast, reliable service. Low rates. Call **617-245-0713.**

TRASH REMOVAL: Cellars, attics, demolition work. Will remove anything. Call **681-9323.**

TRASH, WOOD, METAL, brush, leaves, etc. removed. Also odd jobs done and landscaping. Honest and dependable. **508-373-4985.**

Decorating Service

CUSTOM MADE DRAPERIES, slip covers, top treatments and accessories. Over 20 years experience. Excellent workmanship. **685-5531.** Bunny or Diane.

CUSTOM MADE SLIP Covers. Pin fitted to your set. Your own fabric. Call **685-2229.**

LINDA'S CUSTOM DRAPERIES. Custom-made window treatments and accessories. Alterations and repairs. Reasonable prices. Call for a free estimate **689-2592.**

Restoration Services

ROBERT WILKIE: Specializing in restoring and maintaining old and historic structures. Complete service from foundation to roof. License #101442. Insured and references. **470-1269.**

General Contracting

ADD A DECK- Open decks to closed-in winterized porches. I will also design multi-level decks to fit your unique requirements. 30 years experience in the area. MA Licensed. **475-1958.**

Handyman Service

AAA HANDYMAN SERVICES Deck washing & staining, driveway sealing, light carpentry, painting and all your household repairs large or small. Reasonable rates. Prompt service. **474-9373.**

HANDY ANDY- All types of carpentry. Screened porches, decks and additions. No job too big or too small. References. Fully insured. Call **683-2961.**

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ROOFING- Exterior restorations. Slate and Copper work, wood siding, porches and decks. Moore paints. Call Lou, Dracut, MA **508-454-8825.**

Paving & Excavation

PHIL FARMER GENERAL CONTRACTING Excavation and landscaping. Loam and bark mulch. Fully insured. Call **508-858-0022.**

Driveway Sealing

DRIVEWAY SEALING Reasonable rates. Prompt service. Call **474-9373.**

Masonry Service

BRICK WORK- Cement Work, Stairs, Walks, Walls. All size jobs. Free estimates. Excellent Andover references. Call Tony at **681-7701.**

PAUL DRISCOLL MASONRY. Brick, block, stone, chimneys. Restoration specialist. Fully insured. Free estimates. Call **1-800-927-4259.**

Moving Service

A GLOBAL AGENT-MARK'S MOVING & STORAGE. Guaranteed pricing. Local, long distance, International. Licensed. Bonded. Free quote. **1-800-966-6275.**

DISCOUNT MOVING RATES. Pick-up truck available 7 days. Household, appliances, store deliveries. No job too small. Experienced, friendly, dependable. **685-6517.**

Locksmiths

MATT'S LOCKSMITH SERVICE- Locks replaced, new installations, rekeying and master keying. Servicing homes and businesses. Quality work guaranteed. **685-8072.**

Floor Refinishing

ALL WOOD FLOORS installed, sanded and refinished. Free estimates. Best prices. 10 years experience. WITKUM FLOORING **681-0826.**

ANDOVER FLOOR Sanding, refinishing, installation, wood floors. Fully insured. Jon Merenda **470-1614.**

DAKK & C. FLOORING: Hardwood floors sanded, refinished and installed. WE'LL APPLY A 3RD COAT OF POLYURETHANE FREE!! References upon request. 18 years experience. FREE ESTIMATES. **688-7845.**

G & P FLOORING CO. Old floors sanded and finished. Made like new. Call **1-603-893-0222** or **682-1485.**

WILSON HARDWOOD FLOORS, INC. Installed, sanded, refinished. Now accepting MC/Visa. Free estimates. Call Ron **508-777-1182.**

Plastering/Drywall

B.C. & SONS- Cracked plaster? Drywall it! 25 years experience. Fully insured. Call **1-800-615-8314** or **508-373-3008.**

Plumbing/Heating

A QUALITY JOB Plumbing, heating and gas. Residential and commercial. No job too small! Free estimates. Master #9560. Call Bill **508-372-2080; 683-3596.**

A-1 GENERAL PLUMBING REPAIR and/or replace faucets, toilets, valves, water heaters, sinks, drain problems, etc. Small jobs a specialty. Bob Lynn Plumbing and Heating. **$10off** w/this ad. License #23220. **508-658-2099.**

SMALL PLUMBING/HEATING and GAS FITTING. Water heaters, faucets, stoves, washing machines, disposals, dishwashers, repairs and drains unclogged. Call Steve **508-458-0553.** Lic. #22058.

Electrical Services

ELECTRICIAN- Free estimates. Lighting, power, security, cable t.v., temperature control. Bob Cleary License #26231. Leave message **475-6554.**

MASTER ELECTRICIAN. All types of work. Residential/commercial. Free estimates. 20 years experience. Fully insured. License #14363A. Call Jay **687-2018.**

Power Washing

HOUSE WASHING. Gauthier Painting Co. Exterior and interior painting. Free estimates. Fully insured. License #052896. Call **685-8891.**

POWERWASHING Free estimates. Call **475-1876.**

Painting & Papering

ANDOVER COLLEGE SENIOR PAINTERS. Affordable, reliable, and experienced. Free estimate. Call Mike **470-0917.**

ANDOVER VILLAGE PAINTING CO.- Fine interior painting. Quality assured: local references. Competitive rates. Free estimates. Mark Souza (North Andover) **685-6994.**

BEST PRICES AND expert work. 15 years experience in exterior/interior painting and sheetrocking. Call Massie Painting at **682-9595.**

BOB & MIREILLE for your interior painting, wallcovering, staining, varnishing. 18 years experience. Excellent workmanship. Free estimates. Please call **687-1378.**

CHRIS'S PAINTING- exterior, interior and paper hanging. Neat, excellent local references. Fully insured. For estimate call Chris **685-4890.**

Painting & Papering

EXTERIOR PAINTING/STAINING- Now scheduling for exterior painting where service and quality are second to none. JAMES FISCHER PAINTING **475-1876.** Free estimates.

F.D. ROCHA AND COMPANY. Painters, decorators, paper hangers. Neat, professional work. Established for over 40 years. Fully insured. Reasonable rates. Call **508-452-7614.**

HOUSEPAINTING AND MINOR REPAIRS Free estimates. References available. Call Mike **508-453-3581.**

INTERIOR - EXTERIOR PAINTING, Wallpapering, sponge painting and stenciling. Quality work, reasonable prices. Free estimates. Call Paul **475-6495** or Bob **470-1822.**

INTERIOR PAINTING and Wallpapering. Free estimates. Call John Thomson **470-0037.**

INTERIOR-EXTERIOR PAINTING, CARPENTRY. Roofs, decks, additions. No job too small. Quality, referenced work. 20/yrs. experience. Call ROB LEITSCHUH **475-8909** for free consultation.

JIM FOWLER'S PAINTING. Interior/exterior. Fully insured, 20 years experience. Local references. Call **475-9937.**

LACHAPEL'S INTERIOR WALLCOVERING. Professional woman graduate of U.S. School of Professional Paper Hanging. 12 years paperhanging/painting experience. Call Celeste **508-458-3052.** References available.

NORTH SHORE PAINTING CO.: Painting and staining. Pressure washing and mildew removal. Fully insured. Licensed. References. "Put professionalism to work for you." For a free estimate call **1-800-564-4016.**

PAINTER- Interior/exterior. Clean, Courteous, Efficient. 25 years experience. Many references. Call Frank **475-0875.**

QUALITY PAINTING and Wallpapering. Interior and exterior. Free estimates. Ten years experience. Call Bruce McFarland at **1-508-927-6238.**

TAKE ADVANTAGE OF our summer special! $10 per roll. 15 years experience. Satisfaction guaranteed. Call Greg at **508-640-1255.**

TRACY HUGHES Interior/Exterior Painting. 15+ years experience. Competitive rates. **975-8903.**

WHITEWORKS PAINTING and PAPERHANGING CO. Reading, MA **617-958-1101.** Experienced in all facets of: painting, staining, polyurethaning, wall coverings, borders, and design. Free estimates available. References available upon request. Gregg White.

Woodworking

FINE WOODWORKING graduate of North Bennett St. School. 30 years experience. Handcrafted furniture made to order. Repairs and refinishing. Call **475-6686.**

Cleaning Services

★ ★ ★

Immaculate cleaning. We do it all, from windows to floors and more. Excellent references. Free estimates. 5 years experience. Call **508-373-0314.**

A COMPLETE CLEAN. The ultimate in house cleaning. Specializing in servicing those with the highest level of expectations and demand immaculate results. Please call **508-851-8933.**

ANDOVER HOUSECLEANER available. Dependable, reliable. Four+ years experience. Excellent references. Call Chris **470-2498.**

BEST CLEANING SERVICE- Top to bottom cleaning GUARANTEED! Fully insured. References. Serving the Andovers for 9 years. **508-441-2144.**

CLEANER IMAGE cleaning services offering quality office and commercial cleaning at reasonable rates. Fully insured. Call **508-640-0195.**

FOREVER CLEAN now accepting new customers for the fall. Serving the Andover's since 1986! Honest & Reliable, with excellent references. Laura Lachapelle **508-373-5844.**

HOMES CLEANED. Reliable, reasonable, references. Call Caren in Andover at **470-8596.**

HOUSE CARE. "Helping you care for your home." Professional house cleaning done at a reasonable price. Ask for Cheryl. **682-7443.**

HOUSE CLEANING: I am affordable, honest and dependable. Will provide references. Call Sherri at **508-521-3918.**

HOUSE/CONDO CLEANING. Reasonable rates. Excellent Andover references. Call Diane **681-7701.**

HOUSECLEANER. Experienced, faithful, trustworthy woman is ready to clean your home. End of week openings. Call Donna **508-372-8662.**

HOUSECLEANING- inside and out. Lawn care and maintenance available. Insured. Reasonable. Senior discounts. Call **508-887-9312.**

HOUSECLEANING- Reasonable rates, dependable service. One time or repetative cleaning. Call for quote **681-8396.**

LET ME DO THE CLEANING! $10/hr. I use my own supplies. Free estimates. Weekly/bi-weekly. Senior discount. Call **686-3105.**

MATURE, METICULOUS HOUSECLEANER looking for clients to service approximate 2 hour appointments. Bi-weekly, weekly. Flat or hourly rates. References. **794-3893.**

MERRY MAIDS - Custom home cleaning - professional service. Dusting, vacuuming, kitchen/bath clean up. 16 local offices. Bonded and insured. Free estimates. **508-658-5197.**

NEAT AND CLEAN SERVICE. Houses and small businesses. Affordable prices. Senior rates available. WE CLEAN IT ALL. ALL WORK GUARANTEED. Call Patty G. at **508-475-0518.**

PONY EXPRESS CLEANING Company. No job too big or small. Commercial and residential cleaning weekly, biweekly, monthly, one time major jobs. Free estimates. Chelmsford **508-251-7712.**

RELAX! Let us do the cleaning for you. Call Susan at **689-4731.**

RESIDENTIAL AND BUSINESS CLEANING. For quality European cleaning, trust your house and business to me. 7/years experience in Andover. Honest and dependable service. Excellent references. Free estimates. Call Barbara eveings from 5pm-10pm at **474-0581.**

Window Cleaning

A TRIPPLE STAR WINDOW CLEANING. Family owned since 1986. Owner on site at all times. Fully insured. Free estimates. Gutter Cleaning- Wash Screens- Wash windows from $2.50/per window and up. Call us and let us make you shine! **1-800-447-6191.**

DIRTY WINDOWS
We can help! Residential and commercial. 11/yrs. Fully insured. Free estimates. PRECISION WINDOW CLEANING. Serving MA and N.H. **1-800-615-4237.**

LET THE SUN SHINE IN! Experienced crew. Fully insured and bonded. Residential or office. Call **508-640-0195.**

RESIDENTIAL WINDOW CLEANING. We also do replacement windows, reglazing, sash cords, interior and exterior painting. Owner is on site. 15% Senior discount. F&M Cleaning **508-372-2992.**

Landscaping

100% PREMIUM RED HEMLOCK $30/yard. Weekend deliveries. Also stump grinding and tree work. Firewood. **470-8029.**

ACCURATE LANDSCAPING
Weekly lawn maintenance, lawn installation, fertilization, bark mulching, shrub trimming. Call **681-9323.**

ANDOVER'S FINEST TREE & LANDSCAPING. Spring cleanups. Accepting new customers. Fully insured. Call **474-0661.**

BAY STATE PROPERTY MAINTENANCE offering spring cleanups, shrub trimming, weekly grass-mowing, lawn thatching, slice seeding, all types of tree work, landscaping and irrigation. Call **688-1663.**

BOBCAT WITH OPERATOR. Backhoe attachment, loam, mulch, pools, lawns, p/t retaining walls installed. 6 yard dump. Free estimates. Call Peter **688-4555.**

C&M LANDSCAPING. Free estimates. Full yard maintenance. Call Steve at **508-640-9679.**

COMPLETE PROPERTY MAINTENANCE: Cleanups, mulch installation, lawn cutting, fertilization, reseeding, tree removal, tree & shrub installation, sprinker system installation. Call Norman V. Lee **683-7154.**

GARDENS BY ELLEN. Landscape Design and Construction. Fine Perennial Gardens: Design, Installation, Maintenance. Ellen Sweeney **686-7712.**

GREENSCAPES- Garden Design, Installation, Maintenance, Conservation. Stanley Arno **617-438-7529.** "The English Gardener."

HART LANDSCAPE AND TRUCKING. Specializing in new lawns. Rototilling lawns and gardens. Loam $13/yard with 10 yard minimum. Bark mulch, sand, gravel and stone. Cow manure. Firewood. Bernie **508-663-6121.**

K.L. KEFFERSTAN. Free estimates. Specializing in ornamental pruning, fruit trees and berries, tree and shrub care, professional landscape and garden designs for perennials. **475-3925.**

NORTHEAST LAND MANAGEMENT: Complete tree and landscape contractor. Stump removal, Fall clean-up, Lawn maintenance. Free estimates. **508-934-9378.**

PINE TREE LANDSCAPING. Complete Lawn & Shrub Maintenance. Weekly Lawn Care. Lawn & Shrub Fertilizing. Shrub Pruning. Free estimates. **475-2202.**

ZISA LAWN SERVICE
Accepting new accounts for spring cleanups, mulch, sod, fertilizing, planting, mowing, much more. Free estimates. Call **685-0125.**

Pool Services

EXPERIENCED POOL MAN seeks local clients for openings, closings, periodic cleanings, clarity problems corrected. Mike's State Line Pools, Salem, N.H. **603-898-3170.**

Camps

OUTDOOR RECREATIONAL PROGRAMS
Jim Loscutoff's Camp Evergreen- Vacation/after school/summer programs. 33 years experience. Creative outdoor and indoor recreation for children. Transportation available. Andover. **475-2502.**

Child Care

ANDOVER DAYCARE HOME has one full time opening starting 9/6/95 for age 2 and up. Lots of fun activities. Excellent references. License #93063. **475-1819.**

ANDOVER DAYCARE PROVIDER/former nursery school teacher has one part time opening in family environment. Lots of fun and activities. First Aid/CPR. 18 month-up. License #67465. **470-0832.**

ANDOVER LICENSED FAMILY DAYCARE has openings, all ages, meals provided. Near Rtes. 133/93/495. Also weekend and evening daycare available.. License #92807. **975-2402.**

ANDOVER MOM HAS toddler openings for September. Please call Mary at **975-4182.** Liscense# 95613.

CHILD CARE AVAILABLE beginning September. 2 spaces for 4-6yr.olds in a pleasant, in-town, licensed, child-care facility. Transportation and references available. Perfect for kindergarten half day schedule. Lic.#68070. **475-5965.**

DESIGNATED SITTERS INC. Experienced, dependable Nannies available days, overnight, after-school, evenings, sick child care. Long/short term placements. Postpartum care. Great references/-well-screened. **774-8580.**

EF AU PAIR
European Live-in Child Care. Carefully screened, professionally trained, English-speaking, legal visas. Experience the benefits of intercultural childcare! Avg. $199 per week. For more information call: Paula Keefe **683-4563.** Gov't. designated, non-profit program.

LITTLE FEET DAYCARE
Mature woman with degree in early childhood education, has 1 opening in small daycare. Fun, warm, loving, atmosphere with age appropriate indoor/outdoor equipment. Located on 133 near 93 and 495. License# 92797. Call Suzanne **749-2752.**

MIDDLE-AGED RELIABLE woman would love to do infant/toddler care in your home. 1-2 full days or after school. References. 9/1. **683-1254.**

NORTH ANDOVER'S ONLY ALL INFANT DAYCARE. License #67972. Call **794-0226.**

SMALL GROUP IN North Andover has one opening for toddler in loving, caring home. Preschool environment, close to 114. Field trips, arts, crafts and FUN. Call **975-3623** for parent packet and information. Lic.#95686.

YVONNE'S NURSERY provides warm, nurturing care for infants through 4. Certified Infant/Toddler Teacher. Part time care available. License #67810. For interview call **688-1330.**

MOTHER OF TWO, OFC qualified, ECE degreed, experienced teacher available for child care. References. Please call **508-794-1523.**

Instruction

ACCREDITED EDUCATIONAL THERAPIST for students or adults. Learning skills for phonics, reading, writing, math. S.S.A.T., P.S.A.T., S.A.T. Miriam Smith, M.A. **683-6129.**

BEAVEN & ASSOCIATES Private tutoring. English, math, sciences, Latin, Spanish, French, German. SAT's, SSAT's. 91 Main Street. **475-5487.**

EXPERIENCED RUSSIAN TRUMPET teacher. Any age, your house or mine. For more information call **683-2338.**

GUITAR TEACHER ACCEPTING NEW STUDENTS: 25 years experience, music degree. All ages, levels, styles. Guitar rentals available. Bass lessons available. Your house or mine. For more information call John **975-0335.**

LESTUDIO DE BALLET, 470-1381. 2 Dundee Park, Andover. Ballet classes for adults and children.

MATH TUTOR - 20 years college teaching experience, Math Ph.D. Will tutor all levels Middle School through College. Call **475-4285.**

MATH, SCIENCE, SAT tutoring by certified teacher, M.A., M.E.d., in your home. **689-4517.**

PERFORMING CLASSICAL PIANIST. Oberlin Conservatory of Music graduate. Theory, ear-training, keyboard also. Advanced students preferred, beginners accepted. Phone **475-9303.**

PIANO/KEYBOARD TEACHER with 27 years American and Russian experience accepting new students of all ages. Lessons in your home are possible. For more information call **683-2338.**

PROFESSIONAL TUTOR: Free Consultation. Reading, writing, math, study skills, typing; SSAT and SAT preparation. Telephone after 6pm. **682-0530** Jean Matthes.

VOICE LESSONS- Professional singer accepting students, beginner to advanced; classical/musical theater. Free trial lessons. Melissa **508-725-8279.**

Help Wanted

A PROFESSIONAL RESUME. Resumes and more- Cover letters, faxing, flyers, notary. Fast, low prices, laser printed. **470-3955.**

AFTERSCHOOL CARE- Flexible hours. Long term, starting September, for two girls ages 5 and 7. Previous experience, non-smoking, references. Call **470-1013** after 6pm.

ANDOVER LIQUORS p.m. hours, part-time, weekends. **470-0500.**

AFTERSCHOOL CARE- 15-20/hours per week. Long-term, starting September, for two boys ages 9 and 11. Own transportation, non-smoking, references. Call **475-8950.**

ANDOVER CHILD CARE needed for 2 great children, 9 and 12yrs. old. 3pm.-7pm., Mon.-Fri., begining 9/5. Non-smoker, own transportation, references required. **470-2423.**

ATTENTION! Five full time, immediate openings for Meeting Coordinators. Base salary plus commission equals $500+ weekly. Must be professional. **508-688-4400** ext. 13.

BABYSITTER NEEDED immediately for two children ages 3 years and 20 months, 12 hours/week, long-term. Must be non-smoking, reliable, fun-loving and have own transportation. **475-8799.**

BABYSITTER NEEDED IN Andover, Walnut Ave. for 2 children ages 8 and 11, 7:30am.-8:30am. and/or 2:30pm.-4:30pm., Monday-Friday. Non-smoking, reliable, references. Call **470-4971.** Will consider high school and college student for 2-3 afternoons per week.

BABYSITTER NEEDED in Reading for two children ages 4 and 5. 25-30/hours per week. Must have own transportation. Call **617-667-3685.**

BABYSITTER/ NANNY 16+ afternoon hours per week, to help work-at-home mother care for 2-1/2 yr.old immediately and infant expected in October, in our North Andover home. Must love children, have experience, references and own transportation. Please call **685-1993** leave message.

CAREER OPPORTUNITY AT DeWolfe New England for real estate salespeople! Join our progressive regional company with excellent career development courses, generous commission schedule and support. Call Nancy Collins at **475-8600.**

CHAUFFEUR PART-TIME Approximately 20hrs. per week. Chauffeur's license required. Salary negotiable. Call **508-664-6868.**

CHILD CARE HELP WANTED, starting September 5th, for cheerful 7 year old, second grade boy in our North Andover home. Regular hours form 2pm.-6pm., Monday-Friday, through school year. Excellent, guaranteed weekly salary with paid holidays. Three references required. Car necessary. Please call **682-7450** anytime.

CHILD CARE WANTED in my home (or yours) for 12 week old girl, 5/days, starting 8/27/95. Own transportation. Reference. **474-4770.**

CHILD CARE- Nurturing nanny needed to care for 1 and 5 yr.old in our Andover home, 3 days/week. **475-2950.**

PROPERTY TRANSFERS

The following is a list of properties in Andover that sold from July 26 to July 31.

1 Anthony R. Capone bought **44 So. Main St., Lot 4**, for $149,900 from Frank P. Monroe Jr. The mortgage is with Andover Bank.

2 John R. Weiss bought **30 High St.** for $178,500 from Kevin J. Howard. The mortgage is with Chittenden Trust Co.

3 Derek J. Stryker bought **Pomeroy Road, PCL Y**, for $3,500 from William F. Mooney.

4 Derek J. Stryker bought **Pomeroy Road, PCL X**, for $13,000 from Albert A. Notini.

5 Colonial Village Development Corp. bought **9 Pomeroy Road, Lot A**, for $140,000 from Derek J. Stryker. The mortgage is with Stoneham Savings Bank.

6 Robert A. Donovan bought **44 Old Country Road** for $180,000 from Richard M. Baga. The mortgage is with East West Mortgage Co. Inc.

7 RK Trust bought **Connector Road, PCL A**, for $1,140,000 from American Home Products Corp. The mortgage is with Northern Bank & Trust Co.

8 Eric J. Braude bought **47 Lowell St., Lot 37**, for $145,000 from David C. Ordway. The mortgage is with GMAC Mortgage Corp of PA.

9 Steven L. Potts bought **8 Hawthorne Circle, Lot 5**, for $207,000 from David C. Penkus. The mortgage is with Stoneham Cooperative Bank.

10 John R. Tonneson bought **190 River Road, Lot 12**, for $231,500 from Larry L. Pendergrass. The mortgage is with Andover Bank.

11 Shawn P. Devine bought **31 Magnolia Ave., Lot 19**, for $157,000 from Hardave Dhaliwal. The mortgage is with First Security Savings Bank, FSB.

12 Hae Soo Chung bought **Unit 29, 35 Michael Way** for $269,900 from Martin A. Kassan. The mortgage is with Andover Bank.

13 Martin A. Kassan bought **10 Shadow Lane** for $580,000 from Shadow Lane Realty Trust. The mortgage is with Andover Bank.

14 Lynne Capozzi bought **18 Irongate Drive, Lot 22**, for $315,000 from William J. Sample. The mortgage is with Interate National Mortgage Corp.

15 Lawrence E. Day bought **1 Sunset Rock Road, Lot 10**, for $222,500 from Ramesh P. Pant. The mortgage is with Federal Savings Bank.

16 Hiroshi Miyachi bought **19 Windemere Drive, Lot 19**, for $415,000 from Belmont Builders Inc. The mortgage is with PNC Mortgage Corp. of America.

17 Kristen W. Girrell bought **1 Meadow Brook Drive, Lot 9**, for $269,000 from William J. O'Brien. The mortgage is with Chase Manhattan Mortgage Corp.

18 Howard Mark Burns bought **9 Rogers Brook West, Lot 8**, for $335,900 from Kathleen Cianci. The mortgage is with Fleet Real Estate Funding Corp.

19 Larry Y. Yen bought **10 Pomeroy Road, Lot 1**, for $390,000 from PB Construction Inc. The mortgage is with Andover Bank.

20 Joseph S. Messina bought **138 Lowell St.** for $285,000 from Catherine L. Gerrior. The mortgage is with Andover Bank.

21 Stefan T. Wennik bought **14 Wild Rose Drive, Lot 36**, for $203,000 from Hong Du. The mortgage is with Andover Bank.

22 William L. Trepicchio bought **21 Abbot Bridge Drive, Lot 9**, for $228,750 from John Stotts. The mortgage is with BayBank.

Source: *Essex County Registry of Deeds, Lawrence branch.*

CHILD CARE- starting late August. Two boys ages 13 and 10. Some overnight care required. References and own transportation required. Please call after 6pm **470-0715.**

CHILDCARE NEEDED beginning 9/9, long term. Saturdays, 12noon-8pm., Mondays, 2:30pm.-8pm. Must have own transportation and references. **508-664-3278.**

CHILDCARE NEEDED. Seeking experienced nanny to care for our 3 month old in our home. Non-smoking, references required. Starting in September. **474-0229.**

COUNTER HELP/WAIT-STAFF WANTED. Part time, full time days. My Brother's Pizza Place **475-9698.**

EXPERIENCED WAIT STAFF, bartenders, dishwashers. Full time/ part time. Pasta Villagio, 63 Park Street, Andover. **475-3354.**

* * *

NANNIES NEEDED 20-50/hours per week. Many openings available. Immediately and September Competitive salary and benefits. Must have experience and car. Call for interview. Designated Sitters. **508-774-8580.**

HELP WANTED Earn up to $500 per week assembling products at home. No experience. Info. **1-504-646-1700** dept. MA-173.

HOUSEKEEPER WANTED. Reliable, energetic, efficient and experienced person needed two days, 10/hours per week for cleaning, laundry, grocery shopping and light meal preparation. Ability to provide occasional child care a plus. References required. Call **475-5161.**

KID'S CLUB AFTER-SCHOOL program seeks enthusiastic, energetic, playful individual to work w/ 1st-5th graders between 7-9am. and/or 1-6pm. Supportive, professional team teaching environment. Must have some experience related to children. Please call Linda Shottes-Bouchard, **474-1817.**

MATURE, RELIABLE BABYSITTER needed 3 afternoons per week, 3pm-6pm, occasional evenings. Must have flexible schedule, own transportation and references. Starting September. **475-8382.**

NANNY NEEDED beginning September, for 3/year old, weekdays 25-30hrs a week. Reliability a must Non-smoking. Own transportation. References required. Call **474-9343.**

NANNY- BABYSITTER, 4 days a week, 25-30hrs. a week, for 14 month old girl. Reliability, loving, references a must. Begining September. Permanent position. **475-6863.**

PART TIME EXECUTIVE ASSISTANT needed for an Executive Search firm in North Andover. Must have strong word processing, communication, and organizational skills. This position is in a shared office concept, so candidates must be capable of working on multiple assignments. Prior administrative office experience is necessary. Please send resume to: Straube Associates, 855 Turnpike Street, North Andover, MA 01845. Or fax to: **687-1886.**

PART-TIME LOVING, caring, person to assist teacher 7:30-9:30am. and 2:30-5:30pm. Call Cuddle Care **470-3122.**

NANNY- Fun, loving, 30+ flexible hours, non-smoker, own car. **474-0913.**

PART-TIME NANNY for 2 older children after school in Andover. Mon.-Thurs. and Saturday mornings. **508-664-6868.**

PERFECT JOB FOR high school/ college student! After school child care, m-f, 2:30pm.-5pm. Job sharing with friend is a possibility. Own transportation a must. Light housekeeping, help children with homework. Good salary. Call after 6pm. **474-4465.**

PHOTOGRAPHY TRAINEES and ASSISTANTS. Trainees: League Sports Photography. Strong 35mm. experience. Weekends $9/hr. Assistants: Positioning Players $7.00/hr.. Call **470-3877**

REAL ESTATE SALES. Get your career off to a solid start! The Prudential advantage. Call Wendy Perkins **475-5100.**

REAL ESTATE SALES: Take advantage of the opportunity to work with some of the finest sales agents in the business! Call Bunny Maren at The Victor Co., Inc. Realtors for an interview. **475-2201.**

RESPONSIBLE, LOVING NANNY wanted to care for newborn in our home. Long term, starting December. 8am-6pm, Monday-Friday. Non-smoking, references and experience required. Please call **508-657-4366.**

SEEKEING NON-SMOKING child care provider with a degree and/or experience for a seven month old, in our home Hours 6:30am-2:30pm, Monday-Friday, August 28-June 7 (school year). Please call Debbie **508-373-2734.**

POSTAL JOBS $12.68/hr. to start, plus benefits. Carriers, sorters, clerks, maintenance. For an application and exam information call **1-800-819-5916** ext.77 9am.-9pm., 7 days.

TIRED OF CORPORATE AMERICA stressing your life? I was too! Call Joe about an Inc. 500 business that pays generous residual income which you can earn form the comfort of your home, full or part-time **688-2341.**

UNIQUE PART-TIME infant care position available in our home beginning September. Experienced, reliable, loving, non-smoker, own transportation and references a must. Call **470-4785.**

WE NOT ONLY sell Real Estate- We teach it! Call the Real Estate Career hotline today at **475-1243.** Ask for Jean

Business Opportunities

NEED INDIVIDUAL with international contact in Ireland, England, Wales, Netherlands, Korea, Pacific Rim and South America for major expansion. Very lucrative. Call **475-6900.**

Animals & Pets

AVAILABLE FOR DOG-SITTING. My home or yours Call **475-8735.**

LEARN HORSE BACK RIDING. Sharpen skills and develop new ones. Dede Charlton Dain. Licensed, insured, certified centered riding instructor. Convenient Andover location. Beginners welcome. **617-665-9622.**

Articles for Sale

6 CUBIC FOOT FREEZER, $75. Set Wilsin Centurions extra long golf clubs with leather bag, $275 **470-4519.**

BIKE, MONGOOSE Hooligan '95. Free-style, mint condition, all the trimmings, gyro, axle pegs front and back, all chrome. $300 or best offer. **475-8261.**

CAMEL BACK QUEEN ANNE sofa 90" with cherry legs. 100% cotton ivory Damask fabric. Like new condition. Barely used, $600 or best offer. Brooks **794-3100.**

CRIB, CRADLE, high-chair, carriage, dining room chairs, cross country and downhill ski's, men's and women's bikes, rocking chair and more. **474-4557.**

DO-ALL 36" BANDSAW, power shear, 48" power rolls, press brake, power notcher. Behrans & Diacro turret punch, saw. Lathe, mill, grinder. Risons, 253 Main Street, Plaistow, NH. Mon.-Fri., 9:30am.-5pm. Sat.-Sun., 10am.-2pm. **1-603-382-5671.**

DREXLER BEDROOM SET, sofa, chairs, coffee table, lamps, miscellaneous items. All excellent condition, reasonably priced. **683-1101**

FURNITURE: Kitchen table with leaf, 5 chairs, $65. End table with lamp, $10. Antique trundle bed, $60. Cols with mats, $15 Overstuffed chair, $30. **475-6147.**

GOLF CLUB'S for the tall person, woods, irons, putters, bag, $100. Karate uniform, kicks, gloves. 5 belts, $40/all. **475-6147.**

LARGE COMMERCIAL upright freezer. 20.7 cubic ft., with many features. Used only 6 months. Asking $1300. Please call **689-0140.**

CHILD'S SPACESHIP BED, has everything, large drawer underneath, $150. Call **475-5407.**

MOVING SALE- Steinway upright model K piano, $1,200. Warner woodstove, $125. Maple and pine dressers, $150 each. Sleep sofa and loveseat, $150. Pflatzgraff dishes for eight. 1985 BMW 325E, $2,500. Call **475-4562** Marilyn.

NEW CARPETS- Installer has access to several thousand yards StainMaster carpet. You can carpet your livingroom and hall for $295. Price includes carpet, 1/2" pad, based on 30sq.yds. Installation available. Also, Berber commercial carpets. Call John **689-8613.**

NORDIC-TRACK EXCEL, 1995 model. Mint condition, hardly used. $450 or best offer **685-7745.**

PICNIC TABLE AND 4 chairs, gas grill, doll house on wheels, bookcases, swivel chair, pedestal dining room table, 4 captains chairs, king size frame (only), waterbed, queen size mattress, skis, bicycles, Burber rug 9'x12', mauve loveseat, occasional tables, 2 tires for jeep, 2 Pirelli tires 14", bobsled. **475-0596** on 8/14.

SOLID OAK dining room set. **475-0993.**

TWO 486/25 MONO notebook computers, 120 meg. HD; 4 meg RAM; built-in mouse. Hardly used. $795 each. **689-7565.**

WICKER AND RATTAN FURNITURE- New, used and antique. THE WICKER SHOP OF MAINE, Wells. **207-646-8555.**

WORKBENCH 6' long x-3'wide-x33"high, two inches thick. Formica surface, two drawers. $55. Call **508-664-4612.**

Firewood/Fuels

FIREWOOD Cut, split, delivered. **470-1328.**

OAK AND MAPLE- cut, split and delivered. 2 cord minimum (256cu.ft.). $105 per cord, $150 per cord seasoned. Call **508-465-4735.**

Wanted to Buy

ALWAYS BUYING anything old. Antiques, furniture, clocks, jewelry. Free appraisals. Dick **688-6804.**

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WE BUY USED CD'S. Call for appointment. **474-5044.**

Condos for Sale

NORTH ANDOVER RENOVATED 1700's carriage house to garden style condos. Second floor unit available. Over 1200sq.ft. Hardwood floors, fireplace, 2 bedrooms, ceramic tile bath, fully appliianced kitchen, beautiful landscaped grounds, very private. Ideal for retirement. $131,000. Owner finance available with $25,000 down. Call Earth Realty **508-251-8719** or **508-688-6210.**

TEWKSBURY- MUST SEE! Immaculate 4 year old, 3 floor, end unit townhome with 2 or 3 bedrooms, 1.5 baths, cathedral ceiling family room, full basement, garage and huge yard. Rte. 93 to Rte.133W to River Road. 149 Merrimack Meadows. $122K firm. Call **508-640-1770.**

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A CUSTOM COLONIAL WITH YEAR ROUND VIEWS OF THE MERRIMAC RIVER. 7 rooms, 4 bedrooms, 2 1/2 baths, hardwood in main level, master suite with walk-in closet and master bath. Only one year old! **$282,800**

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Garage Sales

ANDOVER, 60 Haverhill Street. 9am. No early birds! Great toys and other stuff. Little Tykes kitchen, sports equipment. Good buys.

GARAGE SALE Many items, contents of house. 4 Seminole Circle. **475-0596** 8/19, 10am.-6pm., 8/20, 8am.-1pm.

YARD SALE: Saturday, 8/12 and Sunday, 8/13 (all day). Moving, must sell. 26 Ivy Lane, Andover (off Wildwood Road, from Rt.28 or Rt.125)

Houses for Sale

BOXFORD- Young 3,100sq.ft. cape in lovely "Swift Estates" 3 fireplaces, 3 full baths, could have 1st floor master. Broker/Owner $329,000. Call **508-465-1602.**

ANDOVER- A stately four bedroom colonial. Seven minute walk from library. Elegant fireplaces, living-room, custom built bookshelves, a 24x13ft. kitchen, 1-1/2 baths, library/writing room, (sunroom with southern exposure). All hardwood floors. Totally private fenced in back yard. More details will be forthcoming in the Boston Globe and next week's Townsman.

FOR SALE BY OWNER 3+ bedroom, in-town colonial. Front porch, formal L.R.+D.R., new eat-in kitchen and baths, expandable attic, 2 car detached garage, manageable sized lot. No brokers calls please, $250k. **475-8622.**

Condos for Rent

ANDOVER COLONIAL DRIVE, 1 bedroom, new carpets, balcony, heat/hot water, pool, tennis. $695/mo. Call David **851-9163.**

NORTH ANDOVER- Young duplex, 2 bedrooms, 1-1/2 baths, finished basement, large yard and deck. Child-safe end of quiet street. No pets. $1250/month. Call **689-9764.**

Houses for Rent

ANDOVER EXECUTIVE RANCH on estate setting, borders conservation land. 3 bedrooms, 2 baths, study, family room. Bancroft school. $2100/mo. **681-9712.**

ANDOVER- 8+ room Colonial with attached two car garage, 4 bedrooms, 2-1/2 baths. Walking distance to South School. $1700/mo **470-2312.**

HOUSE FOR RENT. Available September 1st. 8 room, 4 bedroom, 2-1/2 bath. New kitchen, fireplaces family room, 2 car garage. Cul-de-sac. Sanborn School. $2,500/mo. One year plus lease. Call Terry at Remax Preferred, **686-5300** ext.111.

Apartments for Rent

ADORABLE 3-ROOM executive apartment. A/c, washer/dryer, second floor, colonial decor, former mansion, garden, parking. $545/mo. Quiet, refined area, Haverhill. Ready 9/1. **508-373-5159.**

ANDOVER 1st floor, 1 bedroom, walk to town and train, washer/dryer hookup, parking. $625 plus utilities. **686-7236.**

ANDOVER CENTER- antique duplex. 2+ bedroom, eat-in kitchen, near railroad station. Tenant pays utilities. $635/month. Available 9/1/95. Call Lee Dodd **617-262-6907.**

ANDOVER- Available 9/1, Lowell Street. Spacious and sunny, 1 bedroom, hardwood floors, built-in china cabinet, eat-in kitchen, walk-in closet. $625/mo. **475-0251.**

ANDOVER- Charming 4 room with enclosed porch. Hardwood floors, off-street parking. Heat/hot water included. No pets. $900/mo. **508-664-3378.**

ANDOVER- Charming duplex 2 bedrooms, eat-in kitchen, large living room, deck, beautiful back yard. Great for child. No smoking. Pets possible. $720/mo. Call **475-5810.**

ANDOVER- Faces west with great view. Lovely 1 bedroom apartment in historic Balmoral building and on bus line to Boston. $650/ heat and parking included. Available immediately. Call the Victor Co. Inc. Realtors, **475-2201.**

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ANDOVER- Four rooms, close to town and train. $725 per month includes heat and hot water. Call **475-8662.**

ANDOVER- ideal for professional or retired person. First floor, 3 room apartment, walk to square. $585/month, utilities not included. No pets. **475-6368.**

ANDOVER- intown small one room studio with attached porch in private home. Separate entrance. Updated kitchen area and bath. Parking. $475/month utilities included. Call **475-0871.**

ANDOVER- quiet one bedroom in older colonial home. Intown location. $685/month includes utilities, parking. No pets. Please call **475-7297.**

ANDOVER- Victorian duplex. 1 side- 3 bedrooms, living room, dining room, kitchen, spacious, high ceilings, full basement and attic. Convenient to town and train. $900/mo. First/last security deposit required. Call collect **1-203-972-0574,** evenings.

ANDOVER/LAWRENCE LINE, close to highways. One and two bedroom apartments. Immediate occupancy. Call **681-1800.**

BEST VALUE! TWO bedroom, 2 bath, lavish interior, inhome washer/dryer, gourmet kitchen, fitness center, clubhouse and more. Convenient to Routes 93, 128, and 495. **975-1001.**

HAVERHILL LARGE ELEGANT 1 and 3 bedrooms. Nice area, w/w, a/c, washer/dryer. $450 and $550 heated. No pets. No lease. **508-373-2253.**

NORTH ANDOVER 1st floor of 2 family, 6 rooms, 3 bedrooms, off street parking, nice neighborhood. First, last, plus security. References. 1yr lease, $800/mo. plus utilities. No pets. **975-0215.**

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NORTH ANDOVER! Classic Center Entrance Colonial. Exceptional room sizes compliment this young move-in condition home. Features include 8 sparkling rooms, 4 bedrooms, 2.5 baths, 1st floor family room with fireplace. Light oak kitchen and wood floors complete the living & dining rooms. 2 car garage, screened porch, security & more. PRICED TO SELL! **$287,500.** Call Angela or Joe Addario.

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1 **CONVENIENT TO EVERYTHING!** "New York Style" Condo in historic Shawsheen. Located on the Boston bus line and features 3 rooms, 1 bedroom, and 1 bath. Great price at
$67,900

2 **YOUNG AND BETTER THAN NEW** 6 room Colonial w/3 bedrooms, 2.5 baths & garage. Hardwood floors, ceramic tile in kitchen & foyer. New price - an excellent buy!
$177,900

3 **LOCATED WITHIN WALKING DISTANCE TO ANDOVER CENTER.** Fireplace in living room with built-in china cabinet, eat-in kitchen. 3 generous bedrooms, 1.5 baths. Wonderful private yard
$219,900

4 **ENJOY COUNTRY LIVING ON THIS QUIET STREET.** Cathedral ceiling in family room, hardwood floors in living room & dining room and mature landscaping are just a few of the many features of this meticulous home!
$263,500

5 **JUST LISTED! PRIDE OF OWNERSHIP IS EVIDENT EVERYWHERE.** Located in the popular Sanborn School neighborhood, this 4 bedroom colonial is in pristine condition. Special features include a new white kitchen, 2 fireplaces, hardwood floors, a screened porch and large treed lot.
$304,900

6 **COLONIAL LOCATED ON A QUIET CUL-DE-SAC** in a young family neighborhood. Beautifully landscaped lot with stone walls and a private, level rear yard. Newly fully applianced kitchen featuring cherry cabinets and corian countertops. 8 rooms, 4 bedrooms, 2 1/2 baths.
$334,900

7 **STUNNING YOUNG 10 ROOM COLONIAL** situated on treed private cul-de-sac. Oak custom kitchen with center island, bow window eating area open to great room - FR with access to deck, formal DR, LR with built-ins opens to office. Four very spacious bedrooms. Just move in to this immaculate up to the minute home!
$425,500

8 **LOCATION! LOCATION! LOCATION!** Fabulous 9 room Colonial w/lower level playroom, formal fpl LR, spacious eat-in kitchen w/adjoining fpl FR. Spectacular master BR w/skylit master bath, offering marble countertop & flwng whirlpool tub and separate shower. Many extras including CA, security & sprinkler systems!
$439,000



12 Bartlet Street, Andover, Massachusetts • 470-1200

Apartments for Rent

METHUEN/LAWRENCE LINE: East Haverhill Street victorian. Charming 1-3 bedroom apartments with fireplaces and garage. Newly renovated. Lead paint. $600-$650/month, no utilities. Call **470-1508; 508-851-7231.**

NORTH ANDOVER- one bedroom, first floor, three modern rooms. Appliianced, neat. $450/month. Retired ideal. **686-5232.**

SPACIOUS SUNNY two bedroom apartment in an intown, residential neighborhood, tow blocks from EVERYTHING! Available 8/1. $800/mo. DOHERTY REALTY **475-0010.**

Roommates Wanted

PROFESSIONAL PERSON (non-smoker) to share large, scenic townhouse with water view in Pleasant Valley, Methuen Close to 495. Pool and tennis court included. Must be seen to be appreciated $550/month includes utilities. Call and leave message **688-5272.**

Rooms for Rent

ANDOVER SPACIOUS, FURNISHED, bedroom/ sitting room. Adjoining private bath in private home, near town and transportation. $110/week. Call for details **475-4435.**

ANDOVER, LARGE FURNISHED ROOM in private home. Perfect for professional. $85/week. Call for details. **475-6376.**

ANDOVER- Available 9/1, unfurnished room in comfortable home. Mature professional female preferred Non-smoking, no pets. kitchen/ bathroom privileges. laundry, parking, large yard. 475-8935.

LARGE FURNISHED ROOM for gentleman, 35 years or older. Quiet home in Wilmington near Andover line. Call between 6-8pm **508-658-4793.**

TOPSFIELD- Large, elegant, furnished bedroom, living room and full bath. Quiet country setting. Convenient location. Wall to Wall. No pets, no lease. $450/mo. includes all utilities. **508-887-6094.**

Resort Places for Rent

HILTON HEAD DISCOUNT RENTALS
1 bedroom-6 bedroom Ocean Condos and Homes. Call toll-free for brochure **1-800-445-8664.**

N.H. LOON MOUNTAIN- 3 bedroom townhouse with spectacular mountain view. Cable T.V., swimming & tennis club. **508-774-6049.**

VINEYARD BARGAIN- Two bedroom house. Sliders, privacy, deck, color tv, 3 miles to beach/town. 5/1 to 10/7. $300-$650/week **508-263-1437.**

WELLS BEACH, MAINE. 4 bedroom house. Atlantic Avenue. Ocean, river views, cable. Available August 26- September 2. Reduced rate, **475-5930.**

Resort Places for Sale

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COUNTRY SETTING Westerly area Haverhill, 2 acre lots. **508-372-5246.**

Office Space for Rent

ANDOVER CENTER, 3 room office suite. Convenient location, with off street parking. **686-1111.**

ANDOVER CENTER OFFICE AND RETAIL space. Singles and suites. Various sizes. Main Street. Excellent locations. Call **475-8732.**

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NORTH ANDOVER- unusually nice office space. 1 office, 300sq.ft. in sylvan setting. Phone system, shared kitchenette, restrooms, parking. $495/mo. heat and a/c included. Friendly environment. Call Mr. Manstield **687-4550.**

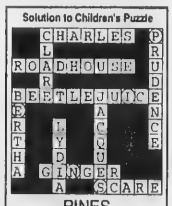
Commercial - Retail

ANDOVER OFFICE RETAIL gallery, Main Street. 1250sq.ft. includes heat, water & parking. **470-3131** or **508-458-4686.**

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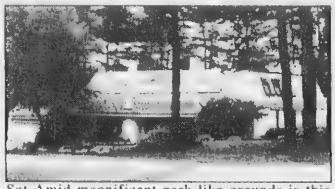
JUST LISTED!



This absolutely charming 2 bedroom cottage is ready for you to move into! Loaded with updated features, it is handy to wonderful town playground.

Exclusive $140,000

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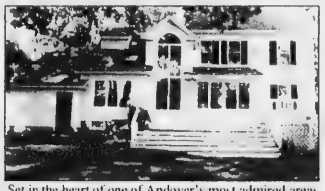
Set Amid magnificent park-like grounds is this spectacular one of a kind 10 room Contemporary home. The light, airy rooms provide scenic views, while the outdoor features include perennial gardens, inground pool and underground sprinklers. This centrally air conditioned home offers both privacy and near town convenience. **Exclusive $595,000**

JUST LISTED!



Exceptional 4 level townhome at Brickett Hill provides eat-in kitchen, 2 full plus 2 half baths, tiled sunroom, finished lower level, walk-up attic and garage.

Exclusive $147,900



Set in the heart of one of Andover's most admired areas with sweeping lawns that border the Phillips Academy campus is this extraordinary circa 1880 Colonial. Filled with charming details and sun-filled rooms, it skillfully blends the hallmarks of traditional New England and the amenities of today.

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Exclusive $789,500



Panoramic vistas of Indian Ridge fairways are framed by this incomparable 12 room home. Masterfully designed and exquisitely decorated, this grand residence includes every possible amenity. Three car garage.

ID# 13695 **Exclusive $899,900**



The distinctive Blueberry Hill area is the site of this dramatic Contemporary home. A fabulous well-equipped kitchen opens to a breakfast room. Family room with stone fireplace and finished three room lower level provide additional living space in this stunning home.

NEW PRICE!



Classic 14 room New England Colonial, circa 1870, features original period detailing such as exposed beams, wide pine floors and inviting firesides. A 5 bedroom, 3 bath interior plus private fenced-in lawns just minutes from Route 93 and Sanborn School make this an ideal choice. Three room income apartment.

Exclusive $299,000



Set on 1 1/2 acres in a prime area near Pike School and Phillips Academy is this handsome 17th century home. Restored throughout with integrity, it includes 6 bedrooms, 3 1/2 baths, 6 fireplaces and numerous period details.

ID# 13655 **Exclusive $444,000**

OPEN SUNDAY 2-4



A wonderful family cul-de-sac and superb commuting access make this home an ideal choice! Meticulously maintained by original owner, it offers a spacious kitchen with large dining area, formal dining room with bay window, and potential for in-law quarters. Stop by for a tour of this of this inviting home!

17 Partridge Hill., Andover. **Exclusive $269,900**

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NORTH ANDOVER
LOCATION! LOCATION! Custom built 10 room colonial on a quiet cul-de-sac adjacent to the common at the Olde Center. Nine foot ceilings give each room an airy atmosphere. Very nice appointments including three fireplaces, wood accents and lush carpet. Access to town amenities, yet with a feeling of privacy. **$479,900**



NORTH ANDOVER
COMPLETELY RENOVATED cape/ranch on a great wooded corner lot in desirable Great Pond area. A tile foyer leads to a fireplaced living room. French country kitchen overlooks rear yard and inground pool. **$285,000**



"Very possible, I believe, that in Audrey we had about the best agent possible to assist us. Audrey combines the skills of real estate, knowledge of geography, contacts with other agents, personality and a little psychology to perform a very effective job for DeWolfe. One of my responsibilities is to teach senior management the elements of Quality and how to meet customer's needs. Audrey could help me teach that course!"

A long time associate with DeWolfe New England and member of the company's President's Club, **Audrey Orrell** is a consistantly hard-working professional with seventeen years of real estate experience and the ability to bring even the most difficult situations to a smooth conclusion. A twenty-five year resident of Andover, Audrey has a complete knowledge of her town and surrounding areas, an invaluable asset. Her caring and sensitive approach to the business has prompted her clients and customers to write us often!

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ANDOVER
HIGH ON A HILL - With a view of the Vale, this updated 8 room antique colonial includes a superb 35' x 25' 2-story garage/workshop, great for hobbyist. Quiet dead-end street offers a location close to train and highways. New kitchen and family room plus enclosed porch overlooking yard. **$279,900**



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NEW EXCLUSIVE - Kids want their own rooms? This is the home for you! 11 rooms with 5 bedrooms - a rare find today. Expanded split entry on a pretty treed lot on quiet cul-de-sac. Freshly painted, new (1995) driveway & septic. **$699,000**



NORTH ANDOVER
A PRIVATE SETTING in a child-filled neighborhood hosts this lovely colonial with soft-toned decor. Soaring 2-story foyer, sunny cherry kitchen with charming eating area, front-to-back family room, three full baths, finished lower level, central air. Come see this special offering! **$329,900**



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FOR MORE INFORMATION and assistance regarding the investigation of financing, business opportunities and work at home opportunities, "The Andover Townsman" urges its readers to contact the Better Business Bureau, Inc. 20 Park Plaza, Suite 820, Boston, MA 02116-4404.

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NORTH ANDOVER - Wonderful end unit at Alcott Village. Former model, new carpet, new dishwasher and dryer. All new blinds. Shows beautifully! Great wooded view in rear loft area, fireplace, wet bar. European kitchen loaded with cabinets and more! **$187,000**



NORTH ANDOVER - Great commuter location, exciting house. Eight rooms, custom kitchen with separate breakfast room overlooking yard and woods. 1.3 acres, open floor plan, fireplace, porch, deck. **$214,900**



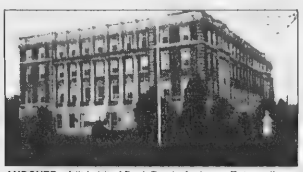
ANDOVER - Light and bright top floor two bedroom unit at Andover Terrace. Cathedral ceilings, new carpet, marble foyer. Over 1100 sq. ft. of living! Must see! **$99,700**



ANDOVER - Choice lot and location! Almost two acres, close to town, schools & highways. Quiet and private 2.500 s.f. of quality living space. Three or four bedrooms, fireplaced family room. Entertainment center, three full baths. Screened porch. **$269,900**



ANDOVER - Spacious 12 room French Provincial in sought after location. Over 5,000 s.f. of living space for the whole family's activities. Gracious two story foyer, large formal dining room, custom designed fireplaced kitchen and master bedroom with fireplace and jacuzzi, great room, finished lower level au pair suite and inground pool with cabana com plete the picture. **$699,900**



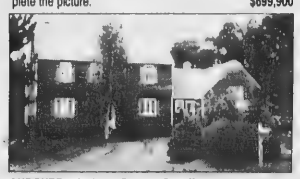
ANDOVER - A little bit of Back Bay in Andover. Extraordinary executive with boasting custom architectural details. handsome panelled and fireplaced living room, remodelled kitchen, marble foyers, two full baths. **$129,900**



ANDOVER - Authentic Antique 1690's Colonial on nine acres of meadow and woods. Large rooms all updated including gourmet kitchen. Heated/lighted barn for kennel or stable for six horses. Five fireplaces. **$750,000**



BOXFORD - Fantastic Antique Colonial sitting on almost 20 acres. Eight fireplaces, a rare "Rufus Porter" mural and many amenities make this home a unique blend of the old and the new. Potential for extra lots. **$895,000**



ANDOVER - Andover Country Club Estates - spectacular family home. Fireplaced family room off kitchen with oversized deck overlooking magnificent in-ground pool with gazebo. Newly completed master bath with whirlpool, cathedral ceilings and balcony with view of pool area. **$499,000**



NORTH ANDOVER - Enjoy living in a charming seven room Victorian home with updated heating and electrical. Beautiful oak cabinet kitchen, tin ceilings, tall windows and located just a short walk from downtown. **$139,900**



ANDOVER - Three story foyer, nine rooms, five bedrooms, 3.5 baths, cherry cabinets, hardwood floors. Quality throughout - all this and a cul-de-sac. Close to town. **$469,000**



ANDOVER - Open foyer center entrance Colonial in family neighborhood with very private backyard. Stepdown fireplaced family room off of huge kitchen which has a three season porch and deck. Cathedral ceiling master with balcony, paddle fan, fireplaced dressing room and whirlpool bath. Finished third floor game/playroom and office **$399,900**

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HOME SWEET HOME! This charming Victorian is a unique blend of old-world charm and state-of-the-art with 2 stunning new baths and master suite. Sip lemonade on the front porch or back deck overlooking 2.48 acres.This wonderful family home awaits you!
CALL AMY SEBELL X125..... $259,000

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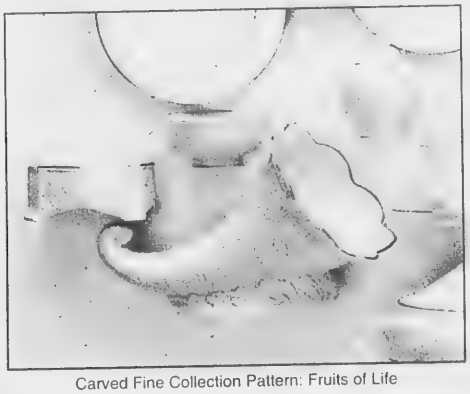
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Elders & Their Loved Ones: Evaluating Options and Meeting Needs



Healthwise

quarterly guide to hospitals and healthcare

August

Refresh yourself with fruits and veggies

These lazy, hazy days of summer are the perfect time to refresh yourself with fresh fruits and cool vegetables because so many delicious varieties are now in season. Not only can summer's bounty of produce add variety to your day, eating plenty of fruit and vegetables also protects your health.

In-season produce is usually in better condition and better tasting, since it is usually available locally grown and does not have to be shipped. That also tends to make it less expensive. Summertime produce starts appearing in May and new fruits and vegetables continue to appear through August.

Feasting on summer produce also fortifies your health with nutrients. In addition to fiber and essential vitamins, researchers are still finding new substances in fruits and vegetables that protect our health and may help lower our risk for cancer and other diseases, according to the American Institute for Cancer Research. So the wider the variety you eat, the more health benefits you'll get.

Since summer is swimsuit season as well, it's nice to know that most fruits and vegetables (except avocados and coconuts) are low in calories and have little or no fat.

Eating lots of the delicious produce of the season can help keep you trim while enjoying lots of delicious tastes. Flavor them with non-fat dressings, fruit juices, herbs, mustard, flavored vinegars, or non-fat yogurt. Grill chunks of fruits and vegetables, or toss them into salads and rice dishes. Put fruits on cereal and vegetables on sandwiches. Grate zucchini or carrots into sauces and muffins.

This easy recipe for berry sauce can be adapted for a different type of berry every month of the summer. The sauce is delicious poured over other summer fruits like cantaloupe, plums, nectarines, honeydew melon, cherries, apricots and peaches.

For a free copy of the brochure Feast on Fruits and Vegetables!, write to the American Institute for Cancer Research, Dept. FF, Washington, D.C. 20069.

Berry sauce

1 pint fresh berries (strawberries, blueberries, raspberries or blackberries)
2 Tbsps. sugar
1/2 tsp. cornstarch
1 1/2 tsps. water

Wash the berries, then puree them in a food processor or blender. Pour them into a strainer set over a saucepan. Press the puree through the strainer with the back of a spoon; discard the residue in the strainer. Stir the sugar into the puree until it is dissolved. Stir the cornstarch and the water together in a cup or small dish until the cornstarch is dissolved, then stir it into the puree.

Heat the puree over medium-low heat, stirring frequently until the mixture thickens and boils. Boil one minute, then remove from heat. Let cool to room temperature for immediate use, or cover and refrigerate up to one day until ready to use. Each of the four servings contains 106 calories and one gram of fat.

Chicken is number one protein choice

Like many Americans you are probably eating more chicken these days as part of a lighter, healthier diet. According to the United States Department of Agriculture, chicken is our number one protein choice.

The reason for chicken's increasing popularity is that it's naturally low in fat and calories, it's easy to prepare in creative new ways and its taste appeals to young and old alike.

A new culinary development has made chicken even lighter and healthier to eat. Tyson Foods now makes chicken an even better choice for health-conscious eaters with the introduction of a whole new line of 100 percent fat-free sliced chicken lunch meats.

Available in a wide variety of flavors, including peppered, mesquite, honey, hickory smoked and oven roasted, the fat-free lunch meats will be perfect for warmer weather salads and picnic sandwiches.

Continued on page 3

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Chicken ...

Continued from page 2

Fat-free chicken lunch meats can also be a welcome addition to party trays, or you can team them up with fresh fruit and low-fat cheeses for a light, healthy, no-cook meal.

To make a wonderful extra healthy sandwich you can enjoy with a clear conscience, keep the following tips in mind:

• Choose the right bread. Look for flavorful low fat varieties or serve your sandwich "open face," using only one slice of bread.

• Eliminate high fat cheeses or substitute a reduced fat variety. Try mixing finely chopped green onion and bell pepper into fat-free cream cheese for a savory cheese spread.

• Skip the high fat mayonnaise and use a fat free variety instead. Or spread on the mustard, which in most cases has no fat at all.

• Pile on the fresh vegetables. Leaf lettuce, bell pepper and onion rings, alfalfa sprouts, fresh tomatoes, cucumber slices and other vegetables, add lots of crunch and flavor – but no fat.

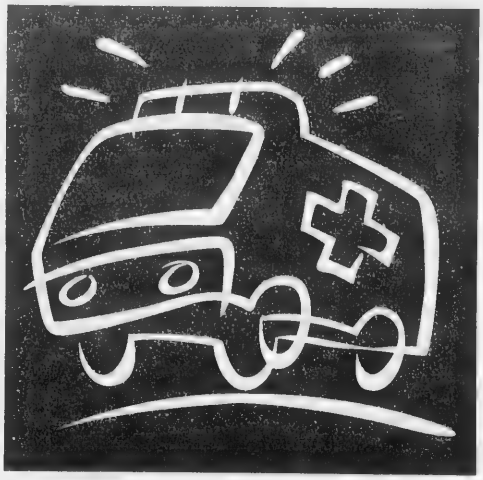
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Blaire House of Tewksbury Assisted Living is the first community of its type in the Merrimack Valley

If you want to know if Blaire House of Tewksbury Assisted Living is for you, just ask us!

"Everything is great here. It's convenient, clean, the grounds are lovely. It's just what I like ... the friendships are great ... we're very chummy. I've been telling everybody about it!"
Mollie Casey, resident

"The gang is pretty good here. I've met lots of different people. I've already recommended Blaire House to several people."
Madeline Sanders, resident

"It gives me satisfaction and peace of mind knowing my Dad always wanted to live independently and now he can do that."
Mrs. Brown, daughter of resident

Blaire House of Tewksbury Assisted Living is the first community of its type in the Merrimack Valley. It offers a perfect blend of gracious living in your own home and the security of personal care only when you need it.

Blaire House is located in a peaceful, residential community with mature trees and flowers. Stroll through the quiet neighborhood and enjoy nature on the beautifully landscaped grounds. Blaire House Assisted Living provides the same kind of feeling of comfort and security you experience in your own home. Each apartment is prewired for cable and telephone service. Feel free to decorate your home with personal belongings, if you wish.

Our household offers quiet lounges, a library, a soda fountain to treat the grandchildren when they visit, a roof terrace, health spa and a sunny dining solarium. The staff works to create a balanced schedule of outings and activities to help people rehabilitate back to a higher level of activity. This also permits a wide variety of choice for participation as one might choose.

People are hesitant to move into a new living arrangement. A main concern is cost and value received. While Blaire House Assisted Living represents dignified living at its best, it is surprisingly affordable. When you consider the price of living in your present home – taxes and insurance, utilities, heating bills, maintenance, home personal care and transportation – living at Blaire House is going to cost less. Our representative will be happy to explain just how simple this can be.

Blaire House of Tewksbury Assisted Living works toward a healthier you. A very important part of this lifestyle is the availability of a plan designed especially to protect and maintain optimum physical fitness. Nutritional and dietary specialties will be a part of our appetizing daily cuisine. And if additional health service is necessary, a health care center, with a team of professionals is nearby and available 24 hours a day.

For more information on Blaire House, please contact Susan Antkowiak, at (508) 851-3121.

Blaire House of Tewksbury Assisted Living works toward a healthier you.

Diet & Nutrition

Low-fat milk is not really low fat

As if there's not enough confusion already about the fat in the food we eat, new reports say that some milk may not be as low in fat as we thought. Two-percent milk, termed "low-fat," does not actually meet the criteria for the low-fat label. One serving (8 ounces) contains about 5 grams but the labeling guidelines limit "low-fat" to 3 grams per serving.

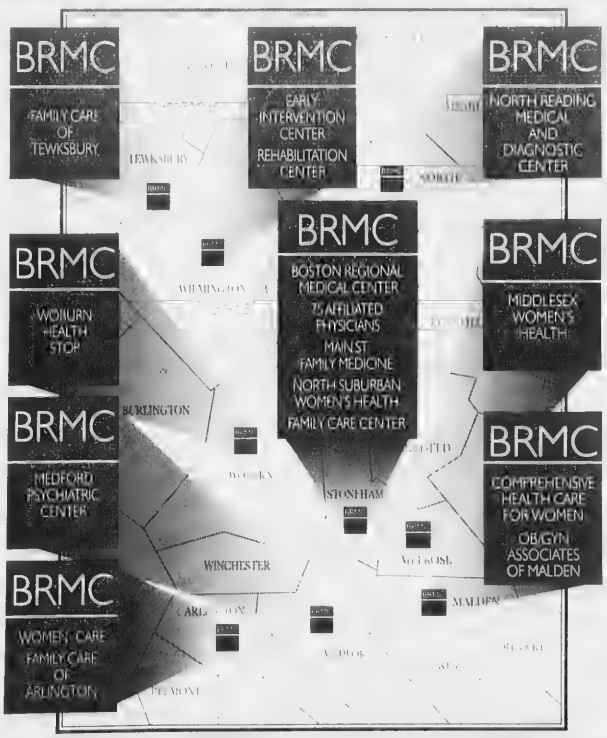
But how can a percent or two difference get so much bad press?

It's because small differences can really add up when you add in other factors. According to Melanie Polk, R.D., director of nutrition education for the American Institute for Cancer Research, "Your choice of milk should depend on how much you drink and how much fat is in the milk. It also depends on the quantity of fat you get from other foods during the day. If you'd prefer getting fat from salad

Continued on page 6

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Heart weathers ups and downs of dieting

Temporary weight loss may improve overall cardiovascular risk factors in the obese

CHICAGO – Yo-Yo dieting doesn't damage the heart and may actually have some benefit, according to an article in the July 10 issue of the AMA's Archives of Internal Medicine.

Rena R. Wing, Ph.D., from the University of Pittsburgh School of Medicine in Pennsylvania, and colleagues studied the cardiovascular risk factors of weight cycling (weight loss followed by weight gain) in 153 overweight people.

The researchers found that: people who initially lost 20 pounds or more (large cyclers) and then regained it, had similar cardiovascular risk factors at month 30 as those who had no change in weight; people who lost weight decreased their risk factors in proportion to the magnitude of weight loss; people who gained weight had worse cardiovascular risk factors; and, in general, cardiovascular risk factors at month 30 were related to the net weight loss achieved and not the route taken to achieve the weight loss.

The researchers write: "Our data show no adverse effects of weight cycling on cardiovascular risk factors but clearly indicate that subjects who voluntarily lose weight and maintain it over time have significant long-term improvements in cardiovascular risk factors."

The subjects participated in a weight loss and maintenance program involving moderate changes in diet and exercise. Every six months for 30 months, the participants were tested for cholesterol levels, blood pressure, waist-to-hip ratio, and percent of body fat. The participants were then divided into seven groups according to their weight-change patterns: steady weight loss of different magnitudes (small success, large success), weight gain, no change in weight, and different weight cycling patterns (large cyclers, small cyclers, partial cyclers).

Of significant interest to the researchers was the finding that weight cyclers showed improvement in cardiovascular risk factors during the initial months when they were losing weight and then had similar risk factors to the stable weight group at the end of the study period.

The authors write: "Although not definitive, we believe that our current data suggest that weight loss followed by regaining could actually be more beneficial to overweight persons than remaining obese. It is clear that if the cardiovascular risk levels were averaged during the entire 30 months of our study, subjects who experienced large weight cycles exhibited marked improvements in the risk factors during their period of successful weight loss and returned to, but did not exceed, the levels of the stable subjects after regaining the weight. Previous studies have suggested that two years of risk factor reduction produced by diet, exercise, or medication can affect the progression and incidence of coronary heart disease; risk factor reduction produced by weight loss may likewise influence coronary heart disease."

They conclude: "Several approach-

Continued on page 13

Low-fat milk ...

Continued from page 4

dressing or an extra ounce or two of lean red meat, you'll probably want to go with skim or one-percent-fat milk."

Per 8 ounces, or one cup, whole milk contains 8 grams of fat. That's more than one-eighth of the maximum recommended amount of fat for the day for an adult of average build who is maintaining a healthy weight. A cup of one-percent milk has two and a half grams (half that of two-percent milk); and a cup of skim milk has less than half a gram.

"You can make gradual changes for better health and lower cancer risk," comments Ms. Polk. "If you use whole milk, switch to two-percent for a while. When you're used to that, switch to one-percent milk. Then try using skim milk. You might find out that you prefer it to whole milk, which can begin to taste too rich and fatty when you're no longer used to it."

For a free brochure on dietary fat, how it affects your health, and how to eat less, send a stamped, self-addressed envelope to the American Institute for Cancer Research, Dept. FA, Washington, D.C.2069.

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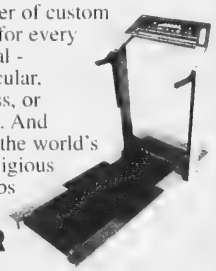
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Academy Manor: Celebrating its 20th year

Academy Manor of Andover is celebrating its 20th anniversary under the same administration and ownership. Since 1975 owner and administrator David Solomont has implemented many innovative ideas and has increased medical services and specialities at the facility to serve the growing needs of the community. An expansion in 1986 paved the way for the home to care for 174 guests (residents). Renovations and updates in furnishings have been done on an ongoing basis. Academy Manor is committed to staying in pace with advancements in geriatrics and long-term care.

Located in a quiet residential neighborhood only a 1/2 mile from the heart of Andover, Academy Manor borders the Phillips Academy bird sanctuary. No matter the season, the beauty of the surrounding landscape provides a pleasant backdrop for guests (residents) and visitors alike: the tranquil sight of new fallen snow on branches and a cross-country skier gracefully gliding along; trees and flowers waking up after a long winter's nap; the vivid color of a cardinal perched on a branch and the sightings of many other birds in the thick of the trees; a palette of fall colors and the gentle sound of falling leaves.

Guests and their families and friends enjoy strolling along the walking/wheelchair path or relaxing at one of the many park benches along the path or on the patios. During times of inclement weather, there are many cozy areas throughout Academy Manor where people can visit.

Enter the doors of Academy Manor of Andover seven days a week, 365 days a year and you'll find our energetic activity team in the midst of providing a diverse social and therapeutic program. Exercise groups, discussion groups, cooking and baking classes and an array of music programs led by Academy's full-time music therapist are just a sampling. Religious services are also provided for all faiths. Guests enjoy trips on Academy's handicap-accessible luxury bus to sporting events, restaurants and to many other exciting destinations. A renowned volunteer program is coordinated by academy's activity director, Tracey Meech. Volunteers are always welcomed.

Under the direction of Cliff Nelson, Academy Manor's dietary team serves a unique multi-choice meal program featuring a five-week menu cycle. The extensive menu option plan can be designed around any special diets. Academy's dining services are provided in an ambiance rarely found in a medical setting. Birthday parties and special celebrations are gladly accommodated.

A beauty and barber shop is conveniently located at Academy Manor of Andover. Whether a permanent or a haircut, the "Hairs to You" salon can oblige.

In the gift shop, guests can charge their purchases giving them the opportunity to do their own shopping. The shop offers an array of cards, candy, gifts and sundries.



The 174-bed Medicare-certified family-owned and operated nursing facility provides skilled and intermediate care in a warm, home-like atmosphere. Respite stays and short-term rehab stays are also accommodated.

The full-time therapy department offers both physical and occupational therapies. The therapists work with guests to maximize their individual abilities. Speech therapy is also available. When therapists are not providing direct therapy in the "health club," they can be found in many therapeutic activities which utilize their special expertise.

Academy Manor is proud of its long-standing service as a training site for nursing students, occupational therapy and physical therapy students and as a site for interns in administration and music therapy.

Administrator Natalie Ferruolo manages the daily operations of the facility. This enables owner and senior administrator David Solomont to be accessible to guests and their families. Those seeking admission information meet directly with David Solomont or admission coordinator Laurie Ortstein.

This non-traditional approach for admissions allows Academy's social service team more time to provide optimal direct service to all guests and their families. Doris Wayman and Fran Lahey facilitate a weekly women's support group and men's club for guests (residents) of the home. A unique ongoing support group, "Daughters of Mother's," was designed to help daughters who have mothers residing at the home.

For further information or a brochure, contact David Solomont or Laurie Ortstein at (508) 475-0944.

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Four Generations of Caring - Meyer Solomont with his son, David, grandson, Ari, and great-grandson Dov Baer

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David Solomont, NHA
Owner/Sr. Administrator

A salad variation

Fresh Pear and Spinach Salad

(NUI) - Add the sweet surprise of Northwest Bartlett pears to a spinach salad, and you can turn the ordinary into the truly extraordinary.

Both yellow and red Bartlett pears are available in markets from July through December. When ripening, yellow Bartletts turn from green to bright yellow. Red Bartletts change from a darker red to bright crimson as they ripen. Pears are ripe when the base of the stem yields to gentle pressure of the thumb.

Enjoy ripe pears out of hand or in Fresh Pear and Spinach Salad. The sweet taste of Bartletts complements the sharp, tangy flavor of the blue cheese dressing, providing a delicious entree that can be on the table in no time.



Fresh Pear and Spinach Salad

(Makes 4 entree servings)

2 Bartlett Pears, cored and sliced
1 cup peeled, sliced and halved oranges
1 small red onion, thinly sliced and separated into rings
1/2 cup each sunflower seeds and alfalfa sprouts
3 quarts torn fresh spinach leaves
Blue Cheese Yogurt Dressing

Mix pears, oranges, onion, sunflower seeds, alfalfa sprouts and spinach in a salad bowl. Just before serving, pour Blue Cheese Yogurt Dressing over salad and toss to coat ingredients with dressing.

Blue Cheese Yogurt Dressing

Combine 1 cup low-fat plain yogurt, 1/4 cup crumbled blue cheese, 1/2 teaspoon grated lemon peel, 1/2 teaspoon seasoned salt and dash pepper; mix well. Makes 1 1/4 cups.

Nutritional Analysis per serving: 276 calories, 14.5 g protein., 13.0 g fat (31% calories from fat), 32.8 carbohydrates, 9 mg cholesterol, 10.24 g fiber, 541 mg sodium.

Both yellow and red Bartlett pears are available in markets from July through December.

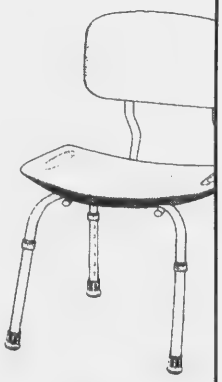
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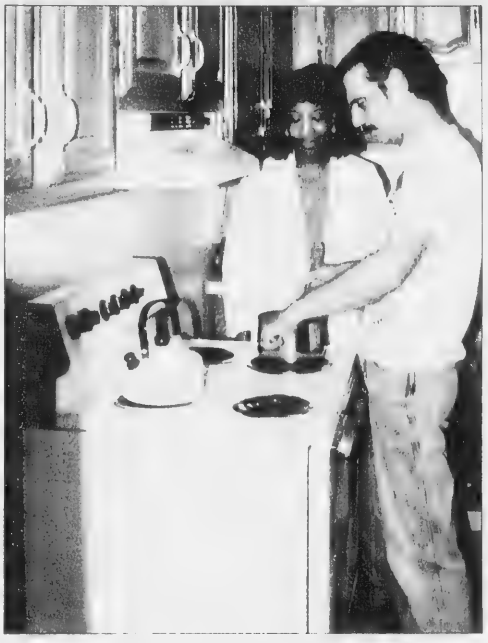
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The Greenery at North Andover meets all rehabilitation needs



The Team at The Greenery North Andover is committed to meeting the needs of the local community. With the changes in healthcare and the insurance industry, the Greenery is changing too. We are proud of our nationally recognized neurobehavioral rehabilitation program. We are able to provide physical and educational rehabilitation for patients that have had brain injuries. In addition, we are prepared to handle the complex medical rehabilitation needs of today's challenging subacute population. We are committed to providing the solutions to your health care needs.

Our newly renovated subacute unit is able to care for patients who need additional nursing and rehabilitation after a hospital stay. We can help patients reach obtainable goals of returning to home with our professionally staffed Physical Therapy, Occupational Therapy and Speech/Language Departments. Our innovative and creative Therapists have helped numerous patients reach independent status and achieve their goals.

Our Nurses are trained to be able to handle the complex needs of patients after strokes, surgery, complicated medical conditions and orthopedic injuries. Our professional staff is also experienced in the care of the terminally ill and their families. A personalized care plan will be developed with each patient and their families with obtainable goals set up upon admission. The care of each patient will be centered upon this care plan to ensure that patients achieve their goals and return home.

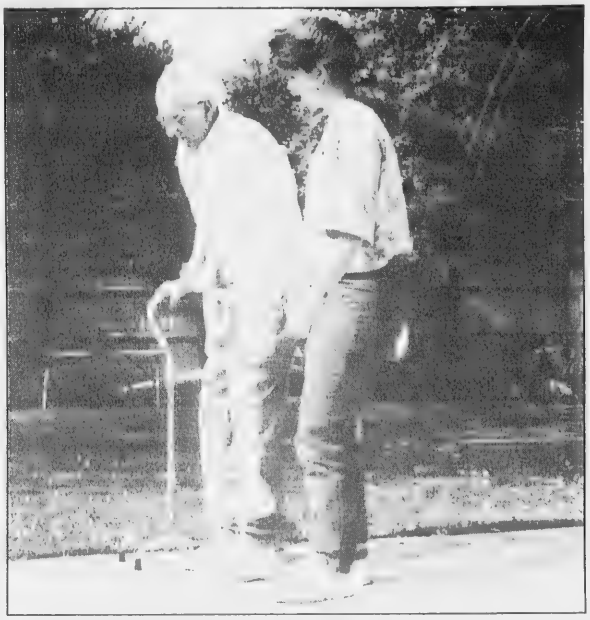
The Greenery also provides medical staff coverage 24 hours/day, 7 days/week. Private physicians may follow their own patients if they choose.

With the constantly changing needs of the local community, the Greenery is also changing. We are currently undergoing a major renovation project which will make our facility more efficient in caring for our local community. The Greenery's lovely courtyard can provide a relaxing atmosphere to enjoy a beautiful day or provide additional recreation such as playing some basketball.

The Greenery's Rehabilitation program is a comprehensive team approach which meets the patient's physical and emotional needs. Our Therapeutic Recreation staff provide numerous programs that not only provide recreation and socialization but also provide rehabilitation such as our therapeutic horseback riding. Our Educational Therapy staff provide cognitive stimulation as well as cognitive retraining for patients who have undergone strokes or neurologic injuries.

Success is the focus of all our efforts at The Greenery, and we want patients and families to be part of achieving success. Our goal is to return patients to their highest functional level. The majority of our sub acute patients return home or to a less structured environment.

For more information about our Comprehensive Rehabilitation Program or for a tour of The Greenery, please call Program Director, David Corcoran, or Director of Case Management, Derek Moore at 685-3372.



Greenery - North Andover

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Science links vitamins to health benefits

(NU) - When most of us were kids, the nutrition message was simple. "Eat foods from the four food groups."

With some refinement in today's food pyramid, emerging science supports the wisdom of this common-sense advice. Abundant scientific research confirms the important role nutrients can play in helping to ensure your good health.

If you're concerned about whether you're meeting your nutritional needs with the food you select, you're not alone. The Council For Responsible Nutrition has responded to some commonly asked questions about nutrition and health.

Q: I've read that vitamins and minerals may protect against some diseases. Is this based on scientific evidence?

A: Yes. Although chronic diseases have many causes, studies show that certain nutrients may have a valuable protective effect.

Calcium, along with other minerals, vitamin D and regular exercise, can decrease the risk of osteoporosis, a disease which weakens bones.

Antioxidants such as vitamins C, E and beta carotene may offset damage from unstable compounds, or free radicals, in the body and may reduce the risk of some types of cancer and cataracts. And vitamin E can help lower the risk of heart disease.

Q: Are there lifestyle circumstances that increase nutrient needs?

A: Yes. Here are some examples:

• Women of childbearing age should have 400 mcg of folic acid a day to protect against birth defects, public health authorities say.

• Teens and most adults need at least 1,000 mg of calcium daily to build and maintain healthy bones; post menopausal women need 1,500 mg daily to reduce the risk of osteoporosis.

• Dieters often fall short on many nutrients, including vitamins B-1, B-6, B-12, folic acid, calcium, iron, zinc and magnesium. Low fat diets may be low in vitamin E.

• Older adults benefit from vitamins B-6 and B-12, which can counteract changes in the digestive system.

Q: I'm always on the run and rarely eat properly. How can I get the levels of nutrients I need?

A: Under ideal situations, it's possible to get adequate levels of most nutrients through careful selection of food. But U.S. government surveys show that most people don't choose the right amounts of the right foods. Appropriate dietary supplements can help provide the nutrients that your body needs to improve health and reduce the risk of some diseases.

Q: Can you get too much of a good thing? Are supplements safe?

A: Decades of use by millions of people demonstrate that supplements have an excellent safety record. As always, you should follow label instructions and avoid misuse or overuse.

Get Fit, Trim Down contains tips for managing one's weight

Summer's here, and those extra winter pounds you meant to lose may still be hanging around. But help is just a toll-free phone-call away. By calling 1-800-843-8114, Ext. 259, you can order a free copy of *Get Fit, Trim Down*, a booklet from the American Institute for Cancer Research that features clever tips on managing your weight and being more active.

Get Fit, Trim Down takes a realistic look at body shapes and weight goals, then explains how calories and nutrients work in a reasonable weight-loss plan. The booklet also features tips on how to eat less fat and more grains and delicious summer fruits and vegetables for reaching and maintaining a healthy weight.

And if you're intimidated by the idea of exercise, *Get Fit, Trim Down* suggests easy ways to start. You can make an exercise difference through simple, normal daily chores and enjoyable activities. Couple that with a healthy diet and you'll have more energy for more summer fun.

To order a free copy of Get Fit, Trim Down, call toll-free 1-800-843-8114, Ext. 259, weekdays, 9 a.m. to 5 p.m. Eastern Time.

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The Osgood unit's Michele Clopper:

Looking at rehabilitation in a new light

Michele Clopper is changing the way people think about rehabilitation. As manager of the Osgood Rehabilitation Unit at Sutton Hill Nursing and Retirement Center, she is making patients and their families aware that the evolution of health care calls for a new – and more appropriate – approach to treatment.

"Traditionally people went to a large rehabilitation hospital for expensive long-term care," said Ms. Clopper. "The new thinking is that patients can receive that same level of care and a program that focuses on a quicker recovery at a cost-efficient facility such as the Osgood Rehabilitation Unit."

She is making patients and their families aware that the evolution of health care calls for a new – and more appropriate – approach to treatment.

Ms. Clopper, like her staff of physical and occupational therapists, brings to the center an extensive background in acute rehabilitation facilities. Trained as an occupational therapist, Ms. Clopper went on to receive a masters in rehabilitation counseling. She has more than 20 years of experience in rehabilitation therapy, including teaching college courses on physical dysfunction. Ms. Clopper is an accrediting fellow of the American Occupational Therapists Association and has presented at their conferences . When the Osgood Rehabilitation Center opened last year, Ms. Clopper was a natural choice to head the facility.

Ms. Clopper and her staff have a mission at the Osgood Rehabilitation Unit.

"We want to help every individual who comes through rehabilitation to become part of the process," said Ms. Clopper. "Working in concert with the rehabilitation team – which includes physical and occupational therapists, speech and language pathologists, physicians, nurses and social workers – patients establish long-term goals. This helps motivate them to 'buy into' the program and actively participate to reach those goals.

"One of our most important roles is to instill hope," Ms. Clopper continued. "People are often devastated if they're suffered a stroke or other major trauma. Therapy is hard work and it is easy to give up. We encourage them to persevere – to say they can do it."

Successful therapy is holistic, Ms. Clopper noted. It is looking at the whole picture, talking to patients and their families to determine all the concerns, such as other health or emotional issues. All of these are factored into the program established for the patient. Weekly or even daily meetings by the Osgood team monitor the patient's progress. If something isn't working, what changes or new approach should be used?

The final consideration of the therapy program is the return home. The Osgood team evaluates the patient's surroundings, often suggesting modifications to ensure a safe, comfortable and workable environment.

"Success of a therapy program is often measured in simple victories," said Ms. Clopper. "For example, one patient in his mid-60s had suffered a stroke that left him with a left-side weakness and perceptual difficulties. He spent three weeks at the unit, learning such self-care abilities as how to use one-arm techniques to transfer from a sitting to a standing position and how to compensate for perceptual problems by focusing differently."



Michele Clopper, left, manager of the Osgood Hill Rehabilitation Unit at Sutton Hill Nursing and Retirement Center, assists Marion Ammann in becoming independent with her eating.

Some patients experience complete recovery. Ms. Clopper noted that recently one woman who had undergone surgery was unable to get out of bed or sit up when she started the program. When she left two weeks later she walked unaided from the third floor to her car and went home.

The Osgood Rehabilitation Unit deals with a

Continued on page 31

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Study reconfirms: Quitting smoking reduces risk of stroke

Effects of quitting seen as soon as five years after last cigarette

CHICAGO—A study of 7,264 middle-aged men in Britain reinforces the finding that quitting smoking greatly reduces the risk of stroke in later life, according to an article in a recent issue of *The Journal of the American Medical Association.*

S. Goya Wannamethee, Ph.D., from the Department of Public Health at the Royal Free Hospital School of Medicine in London, England, and colleagues point out that while previous smaller studies have indicated quitting smoking reduces risk of stroke: "The time required for those who give up smoking to decrease their excess risk of stroke and the effect of the number of cigarettes smoked in the past have seldom been examined in detail."

In the study, the men, ages 40 to 59, were followed for an average of 12.75 years. They were divided into several categories: current light cigarette smokers (smoking less than a pack a day), moderate cigarette smokers (smoking a pack a day), heavy cigarette smokers (smoking more than a pack a day), former cigarette smokers, former cigarette smokers who became pipe or cigar smokers, those who always smoked pipes or cigars, and those who never smoked anything at all.

During the follow-up period, there were 199 strokes among the men who were studied. When analyzing those among the group who had strokes, researchers found that current smokers had a fourfold increase in the risk of stroke. The risk increased with the increase in the number of cigarettes smoked. However, Wannamethee says the increase was not statistically significant.

Ex-cigarette smokers who were not currently smoking a pipe or cigars showed a significant reduction in risk of stroke compared with current smokers, but showed a marginally significant excess risk compared with those who never smoked at all.

Those who converted from cigarette smoking to cigar or pipe smoking showed a significantly greater risk of stroke than those who had never smoked, and the risk was similar to that of current light smokers.

Those who always smoked pipes or cigars also showed increased risk of stroke, but compared with never smokers, the increase was not significant. Wannamethee says this may possibly be due to the small number of cigar and pipe smokers in the sample.

The researchers also found that the men with high blood pressure who smoked had almost 20 times the rate of stroke as those without high blood pressure who never smoked.

They write that: "...Giving up smoking is associated with a considerable reduction in risk of stroke, and the benefit seems to be apparent within five years. Whether the risk in those who give up smoking ever reverts to that of never smokers remains uncertain... A complete loss of risk is not seen in the heavy smokers."

They add: "The level of risk remaining appears to be determined by past levels of smoking rather than by years of smoking cessation or the duration of smoking."

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- Social Services
- Nutrition Consultation
- Consultation by Geriatric Clinical Nurse Specialist
- Arrange for Durable Medical Equipment and Supplies

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Thomas Davidson, M.D., joins Andover Ob/Gyn

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Dr. Thomas Davidson

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General Health

Economic benefits of laparoscopic surgery could reach $1.9 billion

Until fairly recently, procedures like hysterectomies, gallbladder removal and inguinal hernia repair were costly operations for patients, the health care system and the economy.

Most women who had hysterectomies, for instance, spent just over four days in the hospital and then needed five weeks to recover at home. Gallbladder patients spent between five and eight days in the hospital and from four to six weeks recuperating at home.

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Continued from page 6

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Editor's Note: This research was supported by grants from the National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, Md.

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Does your mattress pass the good rest test?

(NU) - Are you counting sheep when you should be catching zzz's? The problem could be that your mattress is even more worn out than you are.

In fact, if you're like many Americans, you've had your mattress much too long. When it surveyed U.S. consumers, the nonprofit American Innerspring Manufacturers Association (AIM) came up with some eye-opening statistics: 13 percent of those surveyed said they have never purchased new bedding. Of those who have bought new bedding, 33 percent said the mattresses they replaced were 15 years old or older.

More than half told the trade association it's difficult to find information on selecting mattresses and [illegible] to sleep on.

But [illegible] good rest is [illegible] a good night's sleep. Experts [illegible] one [illegible] sleep on a mattress that is too soft or too hard. Experts [illegible] have to work overtime to realign your spine into its proper position.

So how do you know when your mattress is all tuckered out? AIM has these tips:

• Take a close look at your mattress. If you see lumps and valleys and bumps and bumps, your mattress is losing support. It's time for a new one.

• [illegible]

• [illegible]

• If you've had your mattress for more than 10 years and you haven't turned it regularly, chances are it's worn out.

• If your back hurts when you wake up in the morning, you probably need a new mattress.

When you go shopping, AIM says don't [illegible]. And when comparing [illegible] prices, [illegible] price.

[illegible] to get a good night's sleep, [illegible] position, too.

For more information about healthful sleep and shopping for a new mattress, send a stamped, self-addressed envelope to American Innerspring Manufacturers, 1918 North Parkway, Memphis, TN 38112. Or call AIM's hotline at 1-800-TUCK-ME-IN.

Research yields success in treatment of stuttering

(NU) - Every day, nearly 2.5 million Americans struggle to speak. Most are men. Many have IQs 14 points higher than the general population. Some enter "number-crunching" professions such as accounting and computer programming, so they can work in relative silence.

What do they have in common? They stutter.

But stuttering is no longer an affliction that people "just have to live with," and children who stutter don't necessarily have to become adults who stutter, thanks to research at the National Center for Stuttering.

"Several years ago our research uncovered a physical cause of stuttering – a spasm of the vocal cords that seemed to occur only under conditions of stress," recalls Dr. Martin Schwartz, a research professor at the New York University Medical Center and executive director of the National Center for Stuttering. "Subsequent to that discovery, we found that the tendency to exhibit a vocal cord spasm was inherited, and that it appeared five times as often among males as females."

Schwartz explains that research showed the onset of the spasm occurred most often between the ages of 2 and 7 and, when it did occur, it effectively blocked speech. The child began to struggle to release the spasm and that struggle became a habit. Stuttering is defined as the habitual struggle developed to release a stress-induced vocal cord spasm.

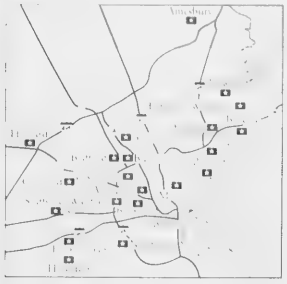
Historically, Schwartz says, the tongue was blamed for stuttering. In

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How to put measles on the endangered list

(NU) - Just 12 years ago, fewer than 1,500 Americans were infected with measles.

By now, it ought to be a disease of the past, right?

Not so. By 1990, measles was infecting about 27,000 Americans each year, causing pain, disfiguration and death – much of it to infants who were left unvaccinated.

Our immunization record is worse than any Western Hemisphere country except Bolivia and Haiti.

To fight this problem, the Surgeon General has set a goal for immunizing 90 percent of 2-year-olds by the year 2000. Aetna Health Plans, a managed care company, has developed educational material explaining the importance of vaccinations, while its parent company, Aetna Life and Casualty, has dedicated $15 million to infant immunization through its non-profit foundation.

To help educate the public, here are some frequently asked questions.

How many vaccinations does a child need?

Medical experts say that before his or her second birthday, a child should get one combination measles, mumps and German measles shot; three for polio; three to protect against hepatitis B; three or four to protect against meningitis; four against diphtheria, tetanus (lockjaw) and whooping cough; and one skin test for tuberculosis.

Do vaccinations really work?

Yes. If your child gets the right vaccinations at the right times, you can significantly reduce the chances of your child contracting these serious illnesses.

Do vaccinations hurt?

A little. Most children cry for a few minutes, but protecting your child's health is worth a few tears.

Where should I get my child vaccinated?

At your doctor's office, community health center, or at your local public or children's health facility. If you don't know where to go, call your local public health department.

What if I can't afford the cost of the shots?

Community health centers, children's clinics and public health clinics will vaccinate a child for free, or a nominal fee.

Where can I get more vaccination information?

For a free booklet called, "A Parent's Guide to Childhood Vaccinations," and a useful growth/vaccination wall chart, you may write to Aetna Health Plans-MB63, 151 Farmington Ave., Hartford, CT 06156-7512.

Research yields success in treatment of stuttering

Continued from page 14

crueler times, remedies included burning the tongue or severing it surgically.

Successful Treatment

While traditional stuttering treatments have often been unsuccessful, the finding of a physical cause for stuttering initiated a worldwide search for techniques that concentrated on the vocal cords.

In all, seven techniques were found. Combined as a "multidimensional approach" and applied to 625 stutterers in a controlled study, these techniques produced a long-term success rate of 93.4 percent.

Schwartz says the treatment can produce fluency in as little as 15 minutes. Using a precise respiratory maneuver to unlock the cords and a controlled way of starting, patients quickly become proficient at this new way of getting set to speak. The speech that emerges is both normal-sounding and fluent.

"We are convinced that relatively permanent results can be obtained through this combined approach," says Schwartz, author of four books on stuttering, including "Stutter No More" (Simon and Schuster, 1992). The center is now training and certifying speech therapists nationwide in this treatment.

For more information, call the center's hotline, 1-800-221-2483, between 9:30 a.m. and 6 p.m. Eastern time, Monday through Friday.



Heritage at North Andover

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Heritage at North Andover reaffirms the Solomont family tradition of excellence and quality that spans more than three decades. This tradition is characterized by a legacy of responsive, caring service to area seniors. Heritage at North Andover will focus this caring tradition in its elegant accommodations and wide range of supportive services.

Seniors can choose from studio, one, and two bedroom apartments. Supportive services will include three meals a day in our dining room, housekeeping, laundry, social & cultural programs, and personal care services. Residents will enjoy all the comforts of home, with the added security of a safe, well-designed, rental community.

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HERITAGE
AT NORTH ANDOVER

Making plans for the care of elderly parents

By Alix Driscoll

As parents age and their needs change, there comes a time when it becomes necessary to modify their lifestyle.

These plans might entail arranging for help in their homes, special programs in the community or different and more-secure living arrangements.

Assess the situation

What does your elder parent wish to do?

What are the elder's wishes about changes in lifestyle as he or she becomes less independent?

What modifications can be made now to strengthen and shore up his health and living skills?

These are question to ask when assessing parents' needs now and projecting changes for the future.

Get an education

"I encourage families to come in and talk before a crisis occurs. All our consultations and referrals are free. People need to be informed," said Doreen Correnti, director and owner of Geriatric Assistance Inc., in Andover.

Network immediately. It is valuable to call anyone you know who has recently researched options for an elderly family member and ask his or her assessment of programs and facilities.

Local libraries have numerous books about eldercare and the varied options available. It is not unusual for an adult child of an elderly parent trying to sort out options to plow through dozens of books on the care of seniors and their legal rights in order to acquire an instant education.

Check ANSWERS, at Memorial Hall Library in Andover. The computer database of community and self-help organizations, many focused on assistance for seniors. There are at least 800 Andover entries and more than 2,000 Merrimack Valley entries, all cross-referenced.

A person can also find ANSWERS on the computers at Stevens Library in North Andover and the three dozen networked computers located in libraries in the Northeastern Massachusetts region.

The American Association of Retired People (AARP) has published several pamphlets: *Determining a Plan, Miles Away* and *Still Caring: A Guide for a Long-Distance Caregiving, Care Management: Arranging for Long Term Care* and more than a dozen special-topic publications on eldercare. Write to AARP, 601 E. St., N.W., Washington, DC, 20049.

Each state has set up information clearinghouses on what services are available for elders. Massachusetts residents should write to Executive Office of Elder Affairs, 38 Chauncey St., Boston, Mass. 02111, or call 617-727-7750.

A great resource for this area is *The Green Book*, a publication of the Elder Services of the Merrimack Valley Inc., at 360 Merrimack St., Lawrence. It's a 58-page annotated pamphlet about opportunities and assistance for elders in the 23 Merrimack Valley communities. Call 800-892-0890. It's free.

Call the Social Security Administration for booklets on both the Medicare rules, regarding the government health program for most Americans 65 and over, and Medicaid regulations, regarding the government program for healthcare when finances are low.

Also, call the United Way, Family Services of America, Jewish Family Services, Catholic Charities and Protestant Welfare Agency in the Merrimack Valley region.

Consider a geriatric care manger

Because many adult children of elders live far from their parents these days, it's possible to consult with a local geriatric care manager to make satisfactory arrangements. The manager's services may include planning a whole range of health and social support services, from home meal delivery to nursing care, to daycare in the community, or possibly, to the selection of a nursing home. There is a national organization of these professionals.

Support to stay at home

"I'm in the business of keeping people at home," said Ms. Correnti. She tries to link seniors with a wide variety of services including one community-based option she said is extremely valuable for companionship and socialization, adult daycare at area senior centers.

She often suggests a combination of home care and adult daycare. She also encourages family members and neighbors to assist where they can, possibly with a phone call or weekly visit.

"Teen-agers can drive grandmother to medical appointments and to the Andover Senior Center," said Ms. Correnti.

"Not everyone needs big government solutions," she said.

Among the support services her 8-year old agency offers are transportation, home health aide and private homemaker help, and it will soon offer occupational therapy, physical therapy and speech therapy to help an elder live satisfactorily at home.

Among the larger organizations that help area elders to continue to live in their homes is Wingate at Andover Home Health Care. The 1-year-old company is related to Wingate at Andover, a nursing home facility, and is owned by Continental Wingate, a national company based in Boston.

"Acting as the eyes and ears of the physician," the agency can arrange and provide for a continuum of services from skilled nurses who change dressings and do intravenous therapy, to speech and occupational therapists, to home health aides helping with bathing and meal preparation, said Carol Crawford, executive director of Wingate at Home.

Most of the support services for elders who live at home are covered by Medicare or private insurance, she said.

Adult children of elderly parents can arrange on their own for Meals on Wheels, hot meals delivered at lunch time at a reasonable cost. Oxygen can be delivered to the home, and paid for by Medicare.

Wheelchairs are rentable as are other durable appliances to help an elder in his home.

After hospitalization

Elders who are recovering from hospitalization are generally entitled to the assistance of a visiting nurse or home health aide for a defined period of time if this is deemed necessary by a physician.

However, when the elder is leaving the hospital, it is important to discuss the options with the social worker or discharge planner in the hospital who makes the actual arrangements about the elderly patient's services.This is important because how the services are written for a nursing home placement or home health care services determines who will pay for them, the patient directly or Medicare and the supplementary insurance the elder may already have.

Assisted living

Assisted living offers a living arrangement that is between being at home and in a nursing home. It generally offers housing, security and support services, such as help with dressing and taking medications, and meals in a central dining room for a lower cost than a nursing home tariff. With a nurse and personal care attendants on duty 24 hours a day, such a complex can offer more security for a senior than living alone.

Continued on page 17

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Making plans for the care of elderly parents

Continued from page 16

An example of an assisted-living complex is Heritage in North Andover, which currently is building 100 assisted-living apartments with occupancy available in early September.

Prices will run from studio apartments at $2,700 per month; one-bedroom apartments from $2,900 to $3,500; and two-bedroom apartments from $3,400 to $3,700, said Chris Mitchell, director of marketing of A.D.S. Senior Housing. Included in the fee is transportation to shopping and cultural events.

In addition, elders can purchase extra personal care on an hourly rate to allow them to come home from the hospital sooner, said Mr. Mitchell.

Nursing home care

Visit the available nursing and long-term care facilities before there is a need.

Go around and pick out the ones you like. Then get on a waiting list – it doesn't cost anything.

Call your network of friends and neighbors for advice about their experiences at nursing homes. Go with a friend when she visits her parent.

Consult with an objective professional, like a geriatric care manager, about the characteristics of each home.

Some facilities offer short-term post hospitalization care in addition to long-term care.

The August 1995 issue of *Consumer Reports* evaluates nursing home chains, which operate a total of 4,000 nursing homes and assisted-living residences nationwide. In addition, the article offers pertinent information to help evaluate the residences you are considering.

Consumer Reports will report on financial aspects of a nursing-home stay and alternatives to nursing homes in two articles later in the year.

As the United States Congress debates the budget this summer, be aware the Medicare allocation is facing cuts. Educate yourself about how these possible budget reductions will effect your parent.

Research insurance plans to help pay for part of nursing home costs that can run up to $70,000 per year in the Merrimack Valley area, not including medications. Consult an insurance agent who specializes in such plans.

Some insurance plans will not pay for a considerable time period if a person has a "pre-existing condition," a medical problem that has been chronic. Read the whole policy. Call the insurance companies' 800 hotlines if you have questions.

Changes are occuring very rapidly this summer as major insurance companies consolidate and strategize to trim costs.

As the United States Congress debates the budget this summer, be aware the Medicare allocation is facing cuts. Educate yourself about how these possible budget reductions will affect your parent.



Photo by Lisa Adelsberger

Sarah Murray, left, spends some time with her mother Rose Stella. Rose is a resident of Academy Manor of Andover. Sarah and Rose acted as the hand models for the cover of this *Healthwise* issue.

Assisted living offers a living arrangement that is between being at home and in a nursing home. With a nurse and personal care attendants on duty 4 hours a day, such a complex can offer more security for a senior than living alone.

Obtain financial advice early

"We often work with children of elderly parents. We like to have our elderly clients come in with their son or daughter to learn about their options for their assets," said Elaine Morgillo, partner, Ryan Financial Advisors, at 89 Olde Andover Village. She said the members of her firm spend much of their time helping their clients and their families assess their goals, prepare financial plans, while educating them about risks and rewards associated with stocks, bonds and other means of investing, with a very cautious view to the effects of inflation.

And get legal advice

If there is property involved obtain the advice of a lawyer specializing in both Massachusetts and federal regulations in relation to eldercare law and estate rules.

Discuss provisions in the will for healthcare proxies and durable power of attorney while the elder is well and able to carefully consider such decisions. Do it now rather than in a crisis situation.

"Parents should have strategies in place to pass on assets through wills, powers of attorney, healthcare proxies and plans to make financial provisions to take care of themselves," said Ms. Morgillo.

Ryan Financial Advisors has a referral service to area estate attorneys and certified public accountants to help clients with complete financial planning, she said.

Survey reveals ear infections are reason for many mothers missing work

(NUI) - As the new year starts, parents should be ready to protect themselves and their children against some common ailments. Typical childhood respiratory and ear infections, prevalent among children from infancy to seven years, can mean lost time from day care or school for kids and lost work time for mothers.

A national survey conducted by The Gallup Organization found that a majority of working mothers (58 percent) indicate they miss work as a result of their child's respiratory or ear infection. On average, working mothers miss nearly three days of work a year, and one in five (20 percent) miss an entire work week (five days) or more.

Nearly three-quarters of mothers (72 percent) with children ages 6 months to 7 years report that their children experienced at least one respiratory or ear infection in the past year. Almost half of these children (45 percent) have had two or more episodes, with an average of 2.38 respiratory and ear infections per year.

Parents know

"Parents are acutely aware of the impact of respiratory and ear infections on their children. It keeps them from work and their children out of school or day care. This has become a major medical problem in the United States," said Manford Gooch III, M.D., department of pediatrics, Primary Children's Medical Center, Salt Lake City.

"After the common cold, acute otitis media, an inflammation of the middle ear, is the most common reason for taking a child to see a physician. By the age of 3, more than 80 percent of children will experience at least one ear infection. Nearly half of these children will have four or more ear infections by the time they are 3," Gooch said.

The survey indicates that during a typical year, children's infections require an average of 2.1 prescriptions. Nearly half of the mothers (47 percent) note that even after treatment with prescription antibiotics, their children still experienced the symptoms.

Just over half of the mothers (59 percent) were satisfied with the prescription medication used to treat their child's respiratory or ear infection. Almost one-quarter (23 percent) believe the prescription helped, but did not work fast enough, and the same proportion (23 percent) believe that it helped, but only for a short time.

"One problem in treating ear and other respiratory infections is the germs that cause these illnesses have gradually become resistant to the antibiotics commonly used to treat them," said Gooch. "As a result, even children who appear to be cured after being treated with a standard antibiotic may have a recurrence of the same infection a week or two later."

> *"After the common cold, acute otitis media, an inflammation of the middle ear, is the most common reason for taking a child to see a physician."*
>
> *Dr. Manford Gooch, III*

New treatment

The newest antibiotic for children, Biaxinr (clarithromycin) for oral suspension, gives pediatricians another weapon in their arsenal to treat infections in children because it is effective against a broad spectrum of pathogens responsible for pediatric infections and because it does not cause the same gastrointestinal side effects as many other antibiotics. Biaxin for oral suspension does not require refrigeration and can be taken without regard to meals. It is available in fruit-punch and vanilla flavors.

The survey, based on 601 interviews with mothers of children aged 6 months to 7 years, measured the prevalence of respiratory and ear infections suffered by children in this age group over the past 12 months. Three out of five mothers interviewed were employed outside the home; 40 percent of these mothers worked full time.

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Beneath The Villages at Great Hill, you'll find a variety of convenient shops and services. A short drive away, the finest in dining, entertainment and the supermalls in Peabody and Danvers. The best that life has to offer, all in a prime location 1/2 mile off Rt. 1 in Topsfield.

Visit the Sales and Information Center today and enjoy the great life at Great Hill.

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Priced from: $195,000 - $369,000

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How Aloe heals

(NAPS)—Aloe has a legendary reputation [illegible] ... [illegible] ... mation caused by a wound or burn. Next, it inhibits swelling. Finally, it carries moisture through the damaged skin layers and keeps enough blood flowing to restore injured tissue. Aloe is an anesthetic, an anti-bacterial, and anti fungal. It is effective on sunburn, windburn, and surprisingly, even frostbite.

Recognizing aloe's wonders, many consumers search for products with aloe. But putting aloe into a product is one thing, putting enough into the formula so the aloe will be effective is another.

Todd Waller, Research and Development Director for AloeCorp, says [illegible] ...

According to [illegible] of [illegible], "if the aloe vera is not at or near the top of the ingredient list," like it is in Family Medic first aid treatment, "it is probably in such small amounts as to be of little value." With 80 percent or more aloe, the consumer can be assured of the product's efficiency.



In high concentrations aloe gel has been called "one of nature's biggest powerhouses." To learn more about aloe-based first aid, call 800-258-4696.

Lecithin found to reduce memory lapses in adults

(NU) - If you're like most people, you occasionally experience minor – but frustrating – memory lapses, like forgetting people's names or misplacing objects such as car keys.

Scientists still do not know what causes this common, age-related memory decline. Recently, however, researchers found that granular lecithin supplements can decrease such lapses and improve memory.

Over the years, mounting evidence has suggested that lecithin can improve memory and learning in animals and humans. In a recent study, 61 people, ages 50 to 80, took either a placebo or two tablespoons of granular lecithin each day for five weeks. Before and after the study period, participants took memory tests and kept diaries of memory lapses, such as forgetting names, misplacing things or having a word "on the tip of the tongue."

Those who took the lecithin reported a significant decrease in memory lapses, from 35 to 19 per week, compared to those who took the placebo. A larger follow-up study on 117 people, ages 35 to 80, confirmed the earlier findings. The second study further showed the youngest participants (ages 35 to 49) improved the most, but all age groups had significantly fewer memory lapses.

The researchers, Dr. Florence Safford of Florida International University and Dr. Barry Baumel of the Neuromedical Centers of South Florida, suggested that lecithin might benefit memory by enabling certain nerves to better transmit signals. Also, since lecithin is an important building block in nerve membranes, it might help maintain nerve structure as a person ages.

Safford and Baumel concluded that "the cost of lecithin is so low, the negative side effects so minimal, and the potential benefits so positive that we would recommend trying the use of lecithin granules as food supplements to all persons experiencing memory problems." Their studies did not address people experiencing illnesses such as Parkinson's or Alzheimer's disease.

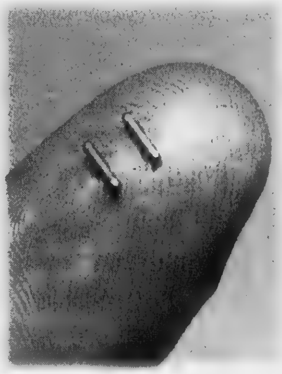
The richest food sources of lecithin are eggs, red meats and nuts. Some experts have noted that, in our efforts to cut back on such fatty foods, we may be unintentionally decreasing lecithin intake to suboptimal levels.

Eliminating an egg from the daily diet, for example, results in one-third less total lecithin for the day, on average. For people concerned about getting an adequate intake of lecithin, granular supplements like those used in the study are available in health food and drug stores.

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Caritas Christi • A Catholic Health Care System • Member

Siemens announces smallest programmable hearing aid

Siemens, a leader in electronics and hearing aid technology, has announced the smallest programmable hearing aid available on the market today. The *Illusion* is one of the latest CIC (completely in the canal) hearing instruments. As such, it is only visible by looking down into the ear canal of the wearer.

Siemens has incorporated technology only available in much larger instruments, until now. The *Illusion* can automatically compensate for the loudness of incoming sounds, making it more effective in noise and other adverse circumstances.

The programmable feature makes it highly adaptable to the users requirements. And if hearing or requirements change, the unit can be reset to accommodate those changes.

The human cochlea is where most non-corrective hearing loss is located. The cochlea is the structure which looks like a snail, and houses the individually tuned hair cells, that send signals to the brain. This type of hearing loss is called "nerve deafness" or sensorineural hearing loss.

The normal cochlea automatically compresses the signals received from the outside world. The impaired cochlea looses this ability with the loss of hearing. The resulting abnormal "growth of loudness" makes most hearing aids less effective for a significant percentage of wearers. The results are evidenced by the user having to change the volume frequently, or not hearing clearly in the presence of background noise.

The programmable CIC automatically compensates for this abnormal growth of loudness, making it extremely effective for the wearer, while being the most discreet of instruments available today.

In all CIC instruments made today, this feature is absent. The resultant units are almost invisible when worn, but unable to adjust to the wide variety of listening situations, and unable to be programmed to adjust for hearing loss changes.

The Siemens *Illusion* is truly a marriage of high tech processing – resulting in effective hearing compensation, and a small housing – resulting in a most cosmetic, least noticeable unit available today.

Call Audio Hearing Center today at 475-9595 to learn more about this revolutionary hearing aid.

General Health

Hearing loss warning signs

(NAPS)—Like the health of your eyes, regularly testing your hearing is advice worth listening to. If you are having difficulty hearing, you're not alone. Hearing loss is one of the nation's silent problems. More than 26 million have a hearing impairment, yet fewer than five million of this group wear hearing aids.

Getting Help

Hearing tests – whether basic screenings or complete hearing evaluations – are simple, painless and relatively quick. Many trained professionals will begin with a basic screening, which includes a case history, an inspection of your ears with an otoscope to make sure that an obstruction is not causing a problem, and a test of your hearing sensitivity with an audiometer.

The examiner will ask you to respond whenever you hear a tone, even if it's very faint. Your hearing sensitivity will be measured in decibels and will be charted on an audiogram graph. Based on this graph, the consultant decides if you need a complete evaluation. While not a medical exam, this evaluation will help determine if a hearing aid is right for you.

A helpful videotape, Hearing Loss & You, is available free by calling at 1-800-796-8622.

Warning signs of hearing loss include:

- Asking people to speak up.
- Family members complaining that you turn the radio or television up too loud.
- Having particular difficulty understanding children when they speak.
- Having trouble using the telephone and missing parts of words and sentences in phone conversations.
- When listening to conversations takes a great deal of concentration.

It's Here!

The smallest aid that can be programmed.

At long last, the smallest instrument is available with programmable processing.

It fits entirely in the ear canal, and is not noticeable.

It is programmed to provide the most benefit in various listening environments.

Call for a demonstration today:
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Audio Hearing Center
79 North Main Street, Andover, MA
(Across from Fire Station)

Many don't know stroke warning signs

In a recent survey of the general public's perceptions about stroke less than half of the respondents could name one warning sign of stroke – the nation's third leading cause of death and the leading cause of disability. The survey was commissioned by the American Heart Association.

In addition to measuring the general public's understanding of stroke warning signals, the survey evaluated the public's perceptions of stroke's effects, response to stroke and beliefs about responsibility for stroke.

These survey results point to a "critical lack of awareness and understanding among the general public about the severity of stroke – or brain attack – and how individuals can reduce their risk of having a stroke," says Suzanne Oparil, M.D., president of the American Heart Association.

Some 43 percent of those surveyed did not know even one warning sign of stroke. According to the AHA, the warning signs associated with stroke are:

- Sudden weakness or numbness of the face, arm or leg on one side of the body
- Sudden dimness or loss of vision, particularly in one eye
- Loss of speech or trouble talking or understanding speech
- Sudden severe headaches with no apparent cause
- Unexplained dizziness, unsteadiness or sudden falls, especially when combined with any previous symptoms

As for perceptions of stroke's effects, 79 percent of people surveyed associate stroke with paralysis or weakening. However, other common effects of stroke are: neglect of the recovering side, trouble understanding speech, difficulty in talking or communicating, memory lapses and problems performing tasks.

Only 29 percent of those surveyed would call "911" or go to an emergency room for unexplained dizziness and lost vision in one eye that lasts more than 15 minutes. The AHA recommends that anyone experiencing stroke warnings call an ambulance and get to a hospital as soon as possible to minimize brain injury.

"Heart attack and brain attack – or stroke – are diseases of the circulatory system caused by the blocking or rupturing of arteries," Dr. Oparil says. "If an artery leading to the heart is blocked, a heart attack occurs. If the same thing happens in an artery leading to the brain, a brain attack occurs and brain cells begin to die within minutes. That is why immediate medical attention is crucial."

While certain stroke risk factors such as age, gender and family history are uncontrollable, there are a number of risk factors that are controllable, says Dr. Oparil. Yet survey findings show less than half – 46 percent – of people surveyed believe their habits or behavior strongly influences their stroke risk.

"You can reduce your risk for stroke and heart attack if you maintain proper blood pressure, quit smoking, exercise, cut your fat intake and watch your weight," says James T. Robertson, M.D., chairman of the American Heart Association Stroke Council. "These changes are especially important if you are African-American, because African-Americans have more than twice the risk of having a stroke than their white counterparts."

The survey, which was part of a larger study commissioned by the AHA, included telephone interviews with 200 men and women.

The AHA will use the survey findings to plan and develop new programs to help stroke survivors and their families. The Stroke Connection, an AHA network of more than 960 stroke clubs nationwide, is one example of how AHA offers support, encouragement and other services to stroke survivors and caregivers. The Stroke Connection number is 1-800-553-6321.

In a recent survey of the general public's perceptions about stroke less than half of the respondents could name one warning sign of stroke – the nation's third leading cause of death and the leading cause of disability.

Dr. Arthur A. Daniels and his staff are pleased to announce the opening of their new office



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Baseball and feet

(NAPS)—Baseball is America's favorite pastime, providing some of childhood's most cherished dreams of glory. In the pursuit of those dreams, playing baseball may also result in some classic foot and ankle injuries.

Here's some information to help you recognize common baseball injuries and expert advice about how to treat them from the American Podiatric Medical Association:

• Contusions occur when the inevitable baseball slams into a player's foot and ankle or when he or she is sliding toward a base. Ice packs and a few days rest usually help contusions or bruises feel better.

• Sprains and fractures, also known as stretched or torn ligaments, can happen while running for a base or pivoting to make a play. Both can cause extensive swelling around the ankle. Immediate treatment from a podiatric physician is crucial to quick healing since fractures usually require casting. After a sprain or fracture, a podiatrist can prescribe a rehabilitative regimen to restore strength to the injured area.

• Plantar fasciitis is something catchers are particularly susceptible to. This arch pain, commonly traced to an inflammation called plantar fasciitis, is found on the bottom of the foot. A podiatrist can evaluate arch pain and may prescribe customized shoe inserts to alleviate pain.

• Heel spur syndrome occurs when the plantar tendon pulls at its attachment to the heel bone and this area of the heel calcifies to form a spur. With proper warm-up and supportive shoes the ligament strain can be reduced.

• Achilles tendinitis or aggravation of the Achilles tendon, is caused by the stop and start of baseball. Regular stretching of the calf muscles gently and gradually before and after a game help minimize pain and stiffness.

• Shin splints usually stem from an inflammation of the muscle and tendon attached to the shin. Treat shin pain with cold compresses immediately after a game to reduce inflammation. Proper stretching and strengthening exercises should prevent shin splints. For more foot care information, call the American Podiatric Medical Association at 1-800-FOOTCARE (1-800-366-8227).

Could you have panic disorder?

Free brochure available

(NAPS)—Between three and six million Americans suffer from an often misdiagnosed but highly treatable condition known as panic disorder, which usually begins in young adulthood.

Panic disorder symptoms

People with this disorder suffer from panic attacks – episodes of terror accompanied by multiple physical symptoms, such as racing, pounding or skipping heartbeat; chest pain; difficulty catching your breath; a choking sensation; excessive sweating, shaking or trembling.

Treatment is critical

Without treatment, panic attacks can restrict your activities, reduce your productivity and may lead to serious depression. Fortunately, treatment is available. It may include medication and working with a therapist.

Free brochure

Getting Treatment for Panic Disorder, a new brochure for people who want to find out whether they or someone they know may have panic disorder, and how it can be treated most effectively, can be obtained from the National Institute of Mental Health via the Internet at gopher: //gopher.nimh.nih.gov, or by writing to the Consumer Information Center, Dept. 43, Pueblo, CO 81009.

People with this disorder suffer from panic attacks – episodes of terror accompanied by multiple physical symptoms.

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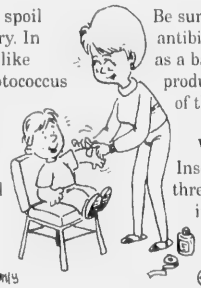
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Five tips for summer wound care



(NAPS)—Nothing can spoil summer fun like an injury. In summer's heat, bacteria like staphylococcus and streptococcus breed easily, and what begins as a minor cut or abrasion can quickly turn into a serious infection. According to Dr. Pol Vandenbroucke, director of medical affairs for Bayer Corporation, prompt attention to all injuries, no matter how small they seem, is the best way to avoid real problems.

Dr. Vandenbroucke offers the following tips for summer wound care:

Get clean. Wash all wounds with soap and water thoroughly to remove bacteria. Soak puncture wounds in warm, soapy water to be sure the deepest point of the wound is cleansed. The sooner you clean the wound, the less likely it is to become infected. If clean water is unavailable, apply an antiseptic or antibiotic ointment immediately, then wash the wound as soon as possible.

Get dressed. Apply a sterile wound dressing or adhesive bandage as soon as possible after cleansing. Be sure to use an antiseptic or antibiotic ointment on the wound as a barrier to infection. Some products will also ease the pain of the wound.

Watch bites carefully. Insect bites can also pose a threat of infection. By scratching an itchy bite, you make larger skin breaks, and introduce more bacteria from your fingers. Some antiseptic products also work to relieve the itch. Even after you clean and dress the site, keep a close eye out for signs of infection like redness, swelling, and fluid around the wound site. If infection occurs, see your physician immediately.

Burns get get infected, too. Sunburns and ordinary burns, such as those caused by touching a hot barbecue grill, can become infected almost as easily as cuts. Wash burned areas thoroughly with soap and water, and apply a soothing antiseptic ointment or liquid, preferably one with petrolatum to moisturize the affected skin. If the burn is serious, see your doctor.

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As they reach for the stars, children sometimes need a boost.



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Maybe your child is having trouble concentrating in school. Or holding a pencil. Or taking those first steps. At the new Andover Pediatric Rehabilitation Center, our superb team of pediatric specialists works one-on-one with children of all ages to help them overcome life's occasional obstacles.

The Andover Pediatric Center is part of a comprehensive network of Language-Learning and Pediatric Centers, located throughout eastern Massachusetts and Rhode Island. As a patient of the new Andover Pediatric Rehabilitation Center, your child will have ready access to all the specialists throughout our network. We work together to design an interdisciplinary therapeutic program, using the most advanced techniques, modalities and equipment available.

In the process, we work hand-in-hand with every caregiver in the child's life – parents, physicians and educators. This way, we're confident that assessments are comprehensive, and that recommended therapies are integrated into every aspect of your child's life.

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Braintree Hospital
REHABILITATION NETWORK



Taking medicines properly

(NAPS)—Medicine has great power to heal and improve the quality of life but it can only work efficiently if used and stored correctly.

Here are some easy ways to make the most of your medicine.

When taking your medicine:

• Take medicines exactly as directed, at the right time and for the full length of time directed.

• If you miss a dose or make other dosing mistakes, call your doctor or pharmacist for advice.

• If your medicine does not seem to be working or you experience side effects, check with your doctor.

• To avoid mistakes, do not take medicines in the dark. Always read the label.

• If you are using an over-the-counter medicine, follow the directions on the label unless your doctor tells you otherwise.

• Inform the pharmacist if child-proof caps are too difficult for you to open. These caps are required by law and should be used if you have children living with or visiting you.

Don't store capsule or tablets in the bathroom medicine cabinet.

• Always keep medicine tightly capped in its original container when not in use. Keep labels intact for directions.

When storing medicine be sure to:

• Store them away from the heat and direct sunlight.

• Keep them out of children's reach.

• Not store capsules or tablets in the bathroom medicine cabinet. Heat or moisture may change the medicine's chemical makeup or affect its ability to work properly.

• Keep liquid medicines from freezing.

• Don't store medicines in the refrigerator unless directed to do so.

• Don't leave your medicines in an automobile for long periods of time. Heat and/or sunlight could damage the medicine or change its properties.

• Don't keep outdated medicines or medicine that's no longer needed.

For more information, write United States Pharmacopeia, Just Ask!, 12601 Twinbrook Parkway, Rockville, Maryland 20852.

Economic benefits of laparoscopic surgery could reach $1.9 billion

Continued from page 13

impact of high-tech health care on the economy as well.

The Alexandria, Va.-based Health Care Technology Institute asked DRI/McGraw Hill to look at the impact of minimally invasive surgery on the overall economy. That area is overlooked in most studies, which tend to concentrate only on benefits to the health care system.

Billions saved

The study found that the three types of minimally invasive surgery represent $1.9 billion annually in potential indirect benefits to the U.S. economy.

The calculation of potential benefits is based on the number of traditional surgeries done from 1988 to 1991 that could have been performed using less invasive techniques.

Researchers found increased output in the economy as a result of faster recoveries from surgery. They found that the economy could benefit by $1.2 billion a year using laparoscopic surgery for gallbladder removal, $500 million a year for hysterectomies and $200 million for inguinal hernia repair.

In laparoscopy, the physician uses a fiberoptic medical instrument with a tiny video camera at its tip to visualize and treat the abdominal cavity.

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As this study illustrates, Americans must be mindful of the full value of medical technology – both to the health care system and its patients, as well as to the nation's economy and productivity.



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Pictured from left to right are, Linda Lister, Dr. Dee Kahan, owner, Nick Maucieri, Elisabeth Jorge and Ann Maucieri.

Dr. Kahan said, "I specialize in contact lens fitting. I love to work with them. I'm constantly taking courses in new contact lenses and contact lens eye health. At my office, we always try lenses on ourselves first before using a new material with patients."

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Women's oral health:

Hormones make the difference

(NAPS)—What do teenage girls, young mothers-to-be and menopausal and post-menopausal women have in common? All undergo hormonal fluctuations that can dramatically affect their dental health .

The American Dental Association recommends that women be aware of their oral health during their various life stages and that they talk freely with their dentist on how best to care for their teeth and gums.

During puberty, a young woman may experience an increase in gum disease (gingivitis) that is associated with her rise in sex hormones. Rigorous oral hygiene and preventive dental care is necessary to cope with this "puberty gingivitis."

Many women also may experience oral changes during menstruation, including swollen gums, oral herpes, canker sores and even swollen salivary glands.

Women using birth control pills, an estimated eight to ten million American women today, also experience oral changes such as extreme gum inflammation or gums that have abnormal pigmentation. A woman should always tell her dentist if she is taking oral contraceptives, since many drugs, including antibiotics commonly prescribed in dentistry, can interact with "the pill" to make it ineffective.

Mothers-to-be during this time of hormonal change often develop "pregnancy gingivitis," suffering from inflamed, red and often bleeding gums. Pregnant patients may have sensitive gums and may neglect brushing during pregnancy – a real mistake. Good oral hygiene and regular visits to the dentist are essential for mothers-to-be.

The popular notions that every pregnancy causes a "lost tooth" or that the baby draws calcium directly from the mother's teeth are not true. It is important that the mother-to-be maintain a healthy diet and rigorous oral hygiene, both for her own oral health and, in the case of diet for the development of sound dentition in the child.

Pregnant women should not forego routine dental care, although the dentist may advise the pregnant patient to avoid elective treatment during the first three months of pregnancy, when the fetus is most susceptible to environmental influences. The best time for treatment is usually the fourth through the sixth month.

Menopausal women often complain of oral changes, including dry or burning mouth, altered taste sensations and sensitivity to hot cold and other stimuli. Treatment for menopause IS commonly a team approach that includes the patient's physician. It may consist of hormonal replacement therapy, vitamins and counseling.

Women who have gone through menopause are also more susceptible to osteoporosis. Often the dentist may be the first health professional to detect signs of osteoporosis such as bone loss in women. Women who suffer from osteoporosis will tend to have a more severe case of periodontal disease than non-sufferers.

The American Dental Association advises women of all ages to be alert to these changes and continue to see her dentist on a regular basis for sound oral health.

A woman should always tell her dentist if she is taking oral contraceptives, since many drugs, including antibiotics commonly prescribed in dentistry, can interact with "the pill" to make it ineffective.

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Oral Health

Study shows toothpaste may cause canker sores

(NU) - Could your toothpaste be making your mouth sore? A recent study conducted at the University of Oslo in Norway indicates that if you're prone to recurrent aphthous ulcers, or canker sores, an ingredient in most toothpastes might be making the condition worse.

The culprit, researchers suggest, could be sodium lauryl sulfate, a standard detergent agent in toothpaste. The three-month study demonstrated a 71.3 percent reduction in recurrent canker sores in patients who used a toothpaste containing no SLS.

Although the University of Oslo scientists recommended further study, experts suggest that people who suffer from canker sores may find relief in a SLS-free toothpaste, such as Rembrandt Natural Toothpaste.

The first SLS-free product on the market, it helps reduce stain, tartar and plaque with such natural cleaning aids as a papaya fruit extract.

For a copy of the SLS study or more information on Rembrandt Oral Care Products, call 1-800-548-3663.

Keeping teeth for a lifetime

(NAPS)—The good news is that not only are people living longer, but many are keeping their teeth for a lifetime thanks to good oral care and some simple prevention techniques.

"A healthy mouth is related to how well you care for it, not how old you are," said Christopher Fox, DMD DMSC and director of global professional relations at Colgate Oral Pharmaceuticals. With proper care, you can keep your mouth healthy for life."

What constitutes proper care?

Dental hygienist Susann Clifford offers the following tips to ensure smiles stay healthy.

It's important to spot potential problems, said Clifford.

Look out for these warning signs:

- Red, swollen or bleeding gums
- Receding gums
- Loose teeth or tooth loss
- Chronic bad breath
- A change in diet to softer foods

If you notice any of these symptoms, see your dentist immediately.

Clifford also suggests the following five-point program to keep teeth and gums healthy.

1. Visit your dentist at least twice a year.
2. Brush and floss at least twice a day.
3. Eat healthier, more.
4. Reduce alcohol and tobacco usage.
5. Be aware of therapeutic dental products, such as the Colgate Viadent regimen, which includes an anti-bacterial toothpaste and rinse.

Do all older adults wind up wearing dentures?

"Absolutely not – not if they continue to see their dental professional regularly and adopt a good home care regimen," said Fox.

Call (800) 962-2345 for free oral care information for older adults.

Oral health facts

- Adults ages 50+ account for 35 percent of the current population (64.2 million).
- The rate of toothlessness among adults 55-64 has dropped 60 percent since 1960.
- Mature adults are susceptible to a range of dental problems that affect their gums.
- With proper oral health care and prevention, it's possible to keep teeth for a lifetime.

Source:
Colgate Oral Pharmaceuticals

Brighten your smile

(NU) - Does the thought of your lackluster smile make you frown?

We asked Warren Scherer, D.D.S., an associate professor at New York University's College of Dentistry, some questions about tooth staining. Check his answers and you may have more confidence about smiling.

Q: What are the different kinds of stains that occur on teeth? Are they removable?

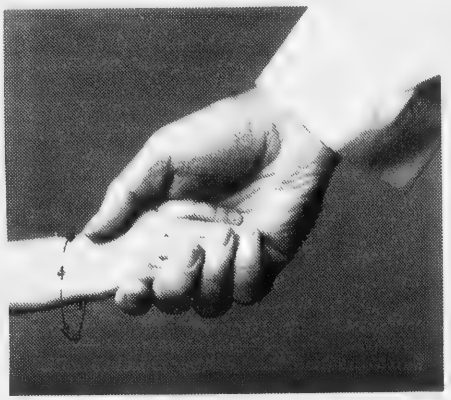
A: Internal or intrinsic stains are hereditary and usually cannot be removed without significant professional intervention. However, extrinsic or surface stains may be removed by you or your dentist.

Q: What can people do to prevent stains from forming on their teeth? And how do you keep stains from recurring?

A: Avoid foods that may cause increased staining on teeth. Some culprits are tea, coffee, grape juice, table wines and certain spices, like curry. Tobacco is a major culprit in tooth stains.

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Yeast infection treatment: Clearing through the clutter

(NU) - As a woman, there's a good chance you'll experience a yeast infection at least once in you life. In fact, nearly three-quarters of all American women do.

But as more treatments become available and you are overloaded with information about them, it may be difficult to sift through the differences between these medications and determine which one is really right for you.

To help make sense of what one may be hearing, Martin Weisberg, M.D., clinical associate professor of obstetrics and gynecology at Jefferson Medical College of Thomas Jefferson University in Philadelphia, has taken the opportunity here to respond to female patients' most commonly asked questions about yeast infections.

What causes yeast infections?

A vaginal yeast infection is an inflammation of the vagina caused most often by an overgrowth of Candida, the yeast that is naturally found there.

What are the symptoms?

Common symptoms include vaginal itching and burning, and a thick, white vaginal discharge.

Should I see a doctor?

I always advise first-time sufferers or women who may be unsure of the nature of their infection to see a doctor.

What should I look for in a yeast infection treatment?

A recent national survey reveals that women are most concerned with finding a medication that will quickly relieve their symptoms and cure the infection, and deliver treatment with minimal side effects.

Based on women's preferences, what medication would you recommend for your patients?

Most patients have found that localized, topical prescription treatment of yeast infections is highly effective and, depending on the individual, physicians may find it preferable to use an oral systemic treatment.

These medications, which are available either in a topical vaginal cream or suppository, provide women with localized treatment and fast relief of symptoms, with a high cure rate and few side effects.

While prescription antifungal medication is now available in an oral form to treat vaginal yeast infections, it needs to be used with caution when taken with certain other medication because of potential drug interactions. For example, it may interfere with diabetic patients who take oral hypoglycemics. Additionally, it is important to rule out pregnancy before any drug therapy is initiated.

How can I prevent yeast infections from recurring?

While you can't totally avoid the condition, you can minimize its occurrence in several ways. I advise my patients to take these preventive measures:

- Wear cotton-crotch pantyhose and/or cotton panties.
- Avoid tight-fitting clothes.
- Change out of damp bathing suits or exercise clothes as soon as possible.
- Avoid vaginal sprays, powders or douches.
- Wipe away from the vagina after a bowel movement.
- Have your sexual partner use a condom.
- Cut down on sweets and milk products.

Do you have any other advice?

Yes. Consult a physician or health care provider, who can answer your personal questions and help you decide which treatment is best.

Talk to your doctor

A recent Mycelex-7/Gallup survey of 1,000 women found that one-third felt uncomfortable addressing intimate or sexual issues with their physicians and 40 percent were reluctant to discuss family concerns.

"Communicating is critical to your physical and mental health," says Ramona Slupik, M.D., Northwestern University Medical School. Some advice on how to address very personal issues, or even seemingly simple ones:

- Write down difficult questions in advance, and bring your notes along.
- Keep a health diary to track relevant health issues.
- When scheduling the appointment, say that you want to talk, so that time is set aside during the visit.
- Review confusing technical terms or instructions before the visit ends – you might even ask the doctor to summarize the discussion.

For more information on how to get the most from your next appointment, send for a free brochure, "The Doctor Visit," c/o Mycelex-7, 303 East Wacker Drive, Suite 440, Chicago, IL 60601.

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Dr. John A Ragucci is now accepting patient appointments at the new Willowdale office.



A board certified Family Practice physician, Dr. Ragucci has most recently been practicing at the Willowdale office in South Hamilton.

A graduate of Tufts University Medical School, he completed his Residency in Family Practice at Brown University / Memorial Hospital in Rhode Island.

Dr. Ragucci is a sports enthusiast and a member of the Sierra Club and U.S. Chess Federation.

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Hormone replacement therapy not linked to breast cancer

More research is needed on the long-term effects of estrogen-progestin therapy

CHICAGO—Middle-aged women who take estrogen or a combination of estrogen and progestin as hormone replacement therapy (HRT) apparently do not face an increased risk of breast cancer, according to an article in a recent issue of *The Journal of the American Medical Association*.

Janet L. Stanford, Ph.D., from the Division of Public Health Sciences at the Fred Hutchinson Cancer Research Center in Seattle, Washington, and colleagues studied the medical histories of 1,029 women in northwestern Washington State.

The women were 50-64 years of age. More than half (537) had been diagnosed with breast cancer and were listed as the case group. The remaining 492 women did not have a history of breast cancer and were randomly selected as the control group.

The researchers write: "In this large population-based case-control study of middle-aged women, we found no overall association between breast cancer risk and the use of either estrogen alone or estrogen with progestin hormone replacement regimes ... Long term use (eight years or more) of the combined estrogen-progestin HRT regimen was associated with, if anything, a reduction in risk of breast cancer. We found no association between breast cancer risk and extended duration (20 years or more) of use of estrogen replacement therapy."

Postmenopausal hormone therapy of some known type was reported by 57.6 percent of the breast cancer cases and 61.0 percent of the controls. Combined estrogen-progestin HRT was used, at some time, by 21.5 percent of the breast cancer cases and 21.3 percent of the controls.

The authors write: "During the past decade the use of a progestin in addition to estrogen for HRT has increased among women in the United States ...

However, epidemiologic data on the association between use of combination estrogen-progestin HRT and breast cancer are sparse. (Previous studies) have been limited by relatively small numbers of exposed women and thereby have not been able to examine specific patterns of use."

One limitation of this study was the ability to characterize risk related to long-term use of combination HRT because of the relative newness of this regimen. The researchers conclude: "If breast cancer incidence is affected by the use of estrogen-progestin HRT, but if such an effect requires 10-20 years to become manifest, our study could not identify such an effect. Future studies will be required to assess this issue and to evaluate the relationship between extended duration of HRT use and risk of breast cancer."

Future studies will also be needed to determine if the risk of breast cancer is greater for women who use combination HRT and who have also had a hysterectomy with removal of both ovaries. While negligible risk estimates were noted when the women were categorized by family history of breast cancer, previous biopsy for benign breast disease, parity, lifetime alcohol consumption, and use of oral contraceptives, there was a marked elevation in the relative odds of breast cancer for the 18 women who had undergone surgical menopause. The researchers conclude the result could be a chance finding because of the small number of women in that group.

Editorial: HRT and Breast Cancer - A Remaining Controversy?

In an accompanying editorial in this week's JAMA, Hans-Olov Adami, M.D., Ph.D., from Harvard University in Boston, Mass., and Ingemar Persson, M.D., Ph.D., from University Hospital in Uppsala, Sweden, write: "More epidemiologic data on breast cancer risk are clearly needed. Despite considerable scientific efforts, we know surprisingly little about long-term effects of combined estrogen-progestin treatment. New information should become available shortly because several large studies are in progress, both in the United States and elsewhere ... For now, the aggregate of the epidemiologic evidence is reassuring; we can feel a great deal of confidence that the net effect of hormone replacement with regard to length and quality of life is beneficial. This confidence should guide our counseling of and treatment recommendation to postmenopausal women."

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left to right: July Weber, CNM, MPH; Ruth Keen, CNM, MPH; Beth Lovering, Office Mgr.

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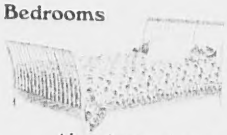
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Women more susceptible to cardiac damage from alcohol

Even though women drink 40 percent less than men, damage done is similar

CHICAGO—Alcohol has a greater affect on the cardiac system of women than men, according to an article in a recent issue of *The Journal of the American Medical Association.*

Alvaro Urbano-Marquez, M.D., from the Department of Internal Medicine and Cardiology, Hospital Clinic, University of Barcelona, Spain, and colleagues conducted a study to compare the cardiac and muscular status of male and female alcoholics to determine if the response of women to alcohol is different from that of men.

They write: "These data indicate that alcoholic cardiomyopathy and skeletal myopathy are as common among women as among men, despite the fact that the mean total dose of ethanol in female alcoholics was only 60 percent of that in male alcoholics."

The study included 50 asymptomatic alcoholic women, 100 asymptomatic alcoholic men, and 50 female nonalcoholic controls. The main outcome measures included clinical assessment of muscle strength, muscle biopsy, echocardiography, and treadmill exercise electrocardiographic recording test.

The researchers found that the mean strength of the deltoid muscle in alcoholic women was significantly lower than that in controls and half suffered clinical weakness. One third of the alcoholic women had evidence of cardiomyopathy. Muscular strength in women was inversely correlated with the total lifetime dose of ethanol, whereas the left ventricular mass showed a direct correlation. Of the alcoholic men, 39 percent suffered clinical weakness, and 45 percent had histologic evidence of myopathy. Evidence of cardiomyopathy was found in almost one third of the men. The threshold dose for the development of cardiomyopathy was considerably less in women than in men.

The authors write: "In practical terms, a 55-kg (121-lb) woman who drinks about 270 mL (9 oz) of 86-proof (43 percent) spirits or about a liter of wine a day for 20 years places herself at risk for cardiomyopathy. The slope of the regression for systolic function (left ventricular ejection fraction) vs. ethanol intake for alcoholic women was significantly steeper than that for men, which means that for a given amount of alcohol the decrease in contractility of the heart is greater in women." The researchers conclude: "In any event, at least with regard to alcohol, the heart of a woman seems to be more sensitive than that of a man."

The heart of a woman seems to be more sensitive than that of a man.

Looking at rehabilitation in a new light

Continued from page 11

range of conditions resulting from injury and debilitation illnesses. Included are strokes, multiple sclerosis and other neurological conditions; orthopedic injuries; joint replacements; cancer-related conditions; functional declines secondary to other illnesses; muscoloskeletal problems and other conditions requiring therapy. The process begins with a cost-free pre-admission evaluation.

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Volvo 850	★ ★ ★ ★ ★	★ ★ ★ ★
Mercedes C220	★ ★ ★ ★	★ ★ ★ ★

For more information on the U.S. Government crash test results, call 1-800-FOR-AUDI.

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The Audi A6 Quattro. Lease from $439 per month/ $2500 down*

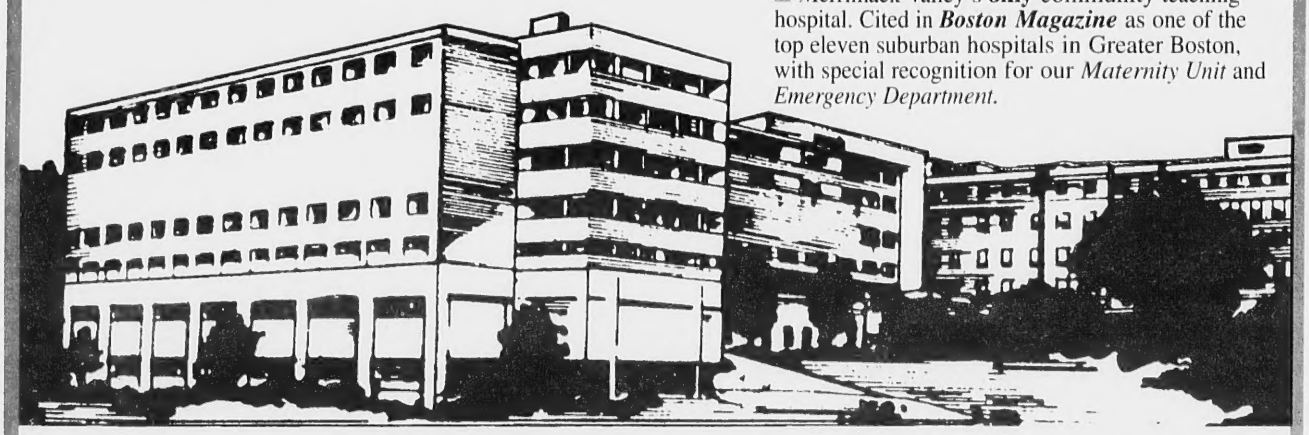
*36-month closed-end lease offered to qualified customers by VW Credit, Inc. through participating dealers through August 31, 1995. $2500 down pmt., $470 1st month's pmt., $450 refundable security deposit and $450 acquisition fee due at lease inception. Rate based on $43,935 MSRP of 1995 Audi A6 sedan incl. auto. trans., all-weather package & destination. Tax, tags, required dealer contribution, which could affect final negotiated transaction. Price includes all costs to be paid by a consumer, except for licensing, registration, taxes and other options. Lessee responsible for insurance. Monthly payments total $15,804. At lease end, lessee responsible for $0.15/mile over 30,000 miles, for damage and excess wear, and for a $250 disposition fee. Option to purchase at lease end for $18,374.00 in example shown. See your dealer for details. ©1995 Audi of America, Inc.

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